014

2026 EVIDENCE OF COVERAGE

NETWORK HEALTH MEDICARE ADVANTAGE PLANS

Network Health Bravo PPO

network health

January 1 – December 31, 2026

Evidence of Coverage for 2026:

Your Medicare Health Benefits and Services as a Member of Network Health Bravo (PPO)

This document gives the details of your Medicare health coverage from January 1 – December 31, 2026. **This is an important legal document. Keep it in a safe place.**

This document explains your benefits and rights. Use this document to understand:

- Our plan premium and cost sharing
- Our medical benefits
- How to file a complaint if you're not satisfied with a service or treatment
- How to contact us
- Other protections required by Medicare law

For questions about this document or to order a printed copy, please contact our member experience team at 800-378-5234 (TTY users call 711). Hours are Monday – Friday from 8 a.m. to 8 p.m. From October 1, 2025 through March 31, 2026, we are available every day, from 8 a.m. to 8 p.m. This call is free.

This plan, Network Health Bravo, is offered by Network Health Insurance Corporation. (When this *Evidence of Coverage* says "we," "us," or "our," it means Network Health Insurance Corporation. When it says "plan" or "our plan," it means Network Health Bravo.)

Benefits, premiums, deductibles and/or copayments/coinsurance may change on January 1, 2027.

Our pharmacy network, and/or provider network may change at any time. You'll get notice about any changes that may affect you at least 30 days in advance.

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CHAPTER 1: Get started as a member

SECTION 1 You're a member of Network Health Bravo

Section 1.1 You're enrolled in Network Health Bravo, which is a Medicare PPO

You're covered by Medicare, and you chose to get your Medicare health coverage through our plan, Network Health Bravo. Our plan covers all Part A and Part B services. However, cost sharing and provider access in this plan are different from Original Medicare.

Network Health Bravo is a Medicare Advantage PPO Plan (PPO stands for Preferred Provider Organization). Like all Medicare health plans, this Medicare PPO is approved by Medicare and run by a private company. This plan doesn't include Part D drug coverage.

Section 1.2 Legal information about the *Evidence of Coverage*

This *Evidence of Coverage* is part of our contract with you about how Network Health Bravo covers your care. Other parts of this contract include your enrollment form and any notices you get from us about changes to your coverage or conditions that affect your coverage. These notices are sometimes called *riders* or *amendments*.

The contract is in effect for the months you're enrolled in Network Health Bravo between January 1, 2026, and December 31, 2026.

Medicare allows us to make changes to plans we offer each calendar year. This means we can change the costs and benefits of Network Health Bravo after December 31, 2026. We can also choose to stop offering our plan in your service area, after December 31, 2026.

Medicare (the Centers for Medicare & Medicaid Services) must approve Network Health Bravo each year. You can continue to get Medicare coverage as a member of our plan as long as we choose to continue offering our plan and Medicare renews approval of our plan.

SECTION 2 Plan eligibility requirements

Section 2.1 Eligibility requirements

You're eligible for membership in our plan as long as you meet all these conditions:

- You have both Medicare Part A and Medicare Part B.
- You live in our geographic service area (described in Section 2.2). People who are incarcerated aren't considered to be in the geographic service area even if they're physically located in it.

- You're a United States citizen or lawfully present in the United States.

Section 2.2 Plan service area for Network Health Bravo

Network Health Bravo is only available to people who live in our plan service area. To stay a member of our plan, you must continue to live in our plan service area. The service area is described below.
Our service area includes these counties in Wisconsin: Kenosha, Milwaukee, Ozaukee, Racine, Washington and Waukesha.

If you move out of our plan's service area, you can't stay a member of this plan. Call our member experience team at 800-378-5234 (TTY users call 711) to see if we have a plan in your new area. When you move, you'll have a Special Enrollment Period to either switch to Original Medicare or enroll in a Medicare health or drug plan in your new location.

If you move or change your mailing address it is important for you to call Social Security. Call Social Security at 1-800-772-1213 (TTY users call 1-800-325-0778).

Section 2.3 U.S. Citizen or Lawful Presence

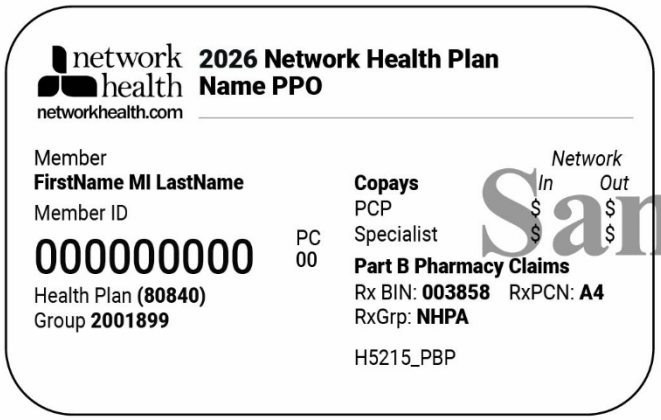
You must be a U.S. citizen or lawfully present in the United States to be a member of a Medicare health plan. Medicare (the Centers for Medicare & Medicaid Services) will notify Network Health Bravo if you're not eligible to stay a member of our plan on this basis. Network Health Bravo must disenroll you if you don't meet this requirement.

SECTION 3 Important membership materials

Section 3.1 Our plan member ID card

Use your member ID card whenever you get services covered by our plan. You should also show the provider your Medicaid card, if you have one. Sample member ID card:

Front



Back

DON'T use your red, white, and blue Medicare card for covered medical services while you're a member of this plan. If you use your Medicare card instead of your Network Health Bravo member ID card, you may have to pay the full cost of medical services yourself. Keep your Medicare card in a safe place. You may be asked to show it if you need hospital services, hospice services, or participate in Medicare approved clinical research studies (also called clinical trials).

If your plan member ID card is damaged, lost, or stolen, call our member experience team at 800-378-5234 (TTY users call 711) right away and we'll send you a new card.

Section 3.2 Provider Directory

The *Provider Directory* networkhealth.com/find-a-doctor lists our current in-network providers and durable medical equipment suppliers. **In-network providers** are the doctors and other health care professionals, medical groups, durable medical equipment suppliers, hospitals, and other health care facilities that have an agreement with us to accept our payment and any plan cost sharing as payment in full.

As a member of our plan, you can choose to get care from out-of-network providers. Our plan will cover services from either in-network or out-of-network providers, as long as the services are covered benefits and medically necessary. However, if you use an out-of-network provider, your share of the costs for your covered services may be higher. Go to Chapter 3 for more specific information.

Get the most recent list of providers and suppliers on our website at networkhealth.com/find-a-doctor.

If you don't have a *Provider Directory*, you can ask for a copy (electronically or in paper form) from our member experience team at 800-378-5234 (TTY users call 711). Requested paper *Provider Directories* will be mailed to you within three business days.

SECTION 4 Summary of Important Costs for 2026

	Your Costs in 2026
Monthly plan premium* * Your premium can be higher than this amount. Go to Section 4.1 for details.	**$0**
Maximum out-of-pocket amount This is the most you'll pay out-of-pocket for covered Part A and Part B services. (Go to Chapter 4 Section 1 for details.)	**From in-network providers: $4,500** **From in-network and out-of-network providers combined: $8,000**
Primary care office visits	**In-Network** **$0 copayment per visit** **Out-of-Network** **$30 copayment per visit**

	Your Costs in 2026
Specialist office visits	**In-Network** **$40 copayment per visit** **Out-of-Network** **$75 copayment per visit**
Inpatient hospital stays	**In-Network** **$295 copayment per day for days 1-6 of a Medicare-covered inpatient hospital stay. $0 copayment per day for all other days of a Medicare-covered inpatient hospital stay. There is no limit to the number of days covered.** **Out-of-Network** **$550 copayment per day for days 1-6 of a Medicare-covered inpatient hospital stay. $0 copayment per day for all other days of a Medicare-covered inpatient hospital stay. There is no limit to the number of days covered.**

Your costs may include the following:

- Plan Premium (Section 4.1)
- Monthly Medicare Part B Premium (Section 4.2)

Section 4.1 Plan premium

You don't pay a separate monthly plan premium for Network Health Bravo.

Medicare Part B premiums differ for people with different incomes. If you have questions about these premiums, check your copy of *Medicare & You 2026* handbook in the section called *2026 Medicare Costs*. Download a copy from the Medicare website (www.medicare.gov/medicare-and-you) or order a printed copy by phone at 1-800-MEDICARE (1-800-633-4227). TTY users call 1-877-486-2048.

Section 4.2 Monthly Medicare Part B Premium

Many members are required to pay other Medicare premiums

Medicare Part B Premium Giveback

The Medicare Part B Premium Giveback is when Network Health Bravo pays $15 toward your Medicare Part B premium.

If your Medicare Part B premium is automatically deducted from your monthly Social Security check, Network Health Bravo will pay up to $15 of your Medicare Part B premium. This means your monthly Social Security check will be $15 more each month.

If you pay your Medicare Part B premium via a monthly premium statement, your statement will show a $15 credit, meaning you will pay $15 less per month.

You're eligible to receive the Medicare Part B premium giveback if:

- You're enrolled in Medicare Parts A and B; and
- You pay your own Medicare Part B premium; and
- You live in a service area that offers a Part B giveback.

When you switch to Network Health Bravo, it could take up to 90 days for this new benefit to begin being processed. As a result, you may not see the increase in your Social Security check or credit on your premium statement for a few months after the effective date of this plan. Any missed giveback will be credited toward your premium after processing is complete.

Please note that if you disenroll from this plan, your Medicare Part B premium benefit will end on the date of disenrollment. Any premium giveback you receive after you disenroll will eventually be deducted from your Social Security check.

you must continue paying your Medicare premiums to stay a member of our plan. This includes your premium for Part B. You may also pay a premium for Part A if you aren't eligible for premium-free Part A.

SECTION 5 Keep your plan membership record up-to-date

Your membership record has information from your enrollment form, including your address and phone number. It shows your specific plan coverage including your personal doctor.

The doctors, hospitals, and other providers in our plan's network **use your membership record to know what services are covered and your cost-sharing amounts**. Because of this, it's very important to help us keep your information up-to-date.

If you have any of these changes, let us know:

- Changes to your name, address, or phone number
- Changes in any other health coverage you have (such as from your employer, your spouse or domestic partner's employer, Workers' Compensation or Medicaid)
- Any liability claims, such as claims from an automobile accident
- If you're admitted to a nursing home
- If you get care in an out-of-area or out-of-network hospital or emergency room
- If your designated responsible party (such as a caregiver) changes
- If you participate in a clinical research study. (**Note:** You're not required to tell our plan about clinical research studies you intend to participate in, but we encourage you to do so.)

If any of this information changes, let us know by calling our member experience team at 800-378-5234 (TTY users call 711).

It's also important to contact Social Security if you move or change your mailing address. Call Social Security at 1-800-772-1213 (TTY users call 1-800-325-0778).

SECTION 6 How other insurance works with our plan

Medicare requires us to collect information about any other medical or drug coverage you have so we can coordinate any other coverage with your benefits under our plan. This is called **Coordination of Benefits**.

Once a year, we'll send you a letter that lists any other medical or drug coverage we know about. Read this information carefully. If it's correct, you don't need to do anything. If the information isn't correct, or if you have other coverage that is not listed, call our member experience team at 800-378-5234 (TTY users call 711). You may need to give our plan member ID number to your other insurers (once you confirm their identity) so your bills are paid correctly and on time.

When you have other insurance (like employer group health coverage), Medicare rules decide whether our plan or your other insurance pays first. The insurance that pays first (the "primary payer") pays up to the limits of its coverage. The one that pays second (the "secondary payer") only pays if there are costs left uncovered by the primary coverage. The secondary payer may not pay all uncovered costs. If you have other insurance, tell your doctor, hospital, and pharmacy.

These rules apply for employer or union group health plan coverage:

- If you have retiree coverage, Medicare pays first.
- If your group health plan coverage is based on your or a family member's current employment, who pays first depends on your age, the number of people employed by your employer, and whether you have Medicare based on age, disability, or End-Stage Renal Disease (ESRD):
    - If you're under 65 and disabled and you (or your family member) are still working, your group health plan pays first if the employer has 100 or more employees or at least one employer in a multiple employer plan has more than 100 employees.
    - If you're over 65 and you (or your spouse or domestic partner) are still working, your group health plan pays first if the employer has 20 or more employees or at least one employer in a multiple employer plan has more than 20 employees.
- If you have Medicare because of ESRD, your group health plan will pay first for the first 30 months after you become eligible for Medicare.

These types of coverage usually pay first for services related to each type:

- No-fault insurance (including automobile insurance)
- Liability (including automobile insurance)
- Black lung benefits
- Workers' Compensation

Medicaid and TRICARE never pay first for Medicare-covered services. They only pay after Medicare, employer group health plans, and/or Medigap have paid.

CHAPTER 2:
Phone numbers and resources

SECTION 1 Network Health Bravo contacts

For help with claims, billing or member ID card questions, call or write to the Network Health Bravo Member Experience Team. We'll be happy to help you.

Member Experience Team – Contact Information	
Call	800-378-5234 Calls to this number are free. Monday – Friday from 8 a.m. to 8 p.m. Our member experience team also has free language interpreter services available for non-English speakers.
TTY	711 Calls to this number are free. Monday – Friday from 8 a.m. to 8 p.m.
Fax	920-720-1905
Write	Network Health Medicare Advantage Plans PO Box 120 1570 Midway Pl. Menasha, WI 54952
Website	networkhealth.com

How to ask for a coverage decision or appeal about your medical care

A coverage decision is a decision we make about your benefits and coverage or about the amount we pay for your medical services. An appeal is a formal way of asking us to review and change a coverage decision. For more information on how to ask for coverage decisions or appeals about your medical care, go to Chapter 7.

Coverage Decisions and Appeals for Medical Care – Contact Information	
Call	800-378-5234 Calls to this number are free. Monday – Friday from 8 a.m. to 8 p.m.
TTY	711 Calls to this number are free. Monday – Friday from 8 a.m. to 8 p.m.
Fax	Coverage Decisions: 920-720-1916 Appeals: 920-720-1832
Write	Network Health Medicare Advantage Plans Attn: Appeals and Grievances PO Box 120 1570 Midway Pl. Menasha, WI 54952
Website	networkhealth.com

How to make a complaint about your medical care

You can make a complaint about us or one of our in-network providers, including a complaint about the quality of your care. This type of complaint doesn't involve coverage or payment disputes. For more information on how to make a complaint about your medical care, go to Chapter 7.

Complaints About Medical Care – Contact Information	
Call	800-378-5234 Calls to this number are free. Monday – Friday from 8 a.m. to 8 p.m.
TTY	711 Calls to this number are free. Monday – Friday from 8 a.m. to 8 p.m.
Fax	920-720-1832
Write	Network Health Medicare Advantage Plans Attn: Appeals and Grievances PO Box 120 1570 Midway Pl. Menasha, WI 54952
Medicare website	To submit a complaint about Network Health Bravo directly to Medicare, go to www.medicare.gov/my/Medicare-Complaint.

How to ask us to pay our share of the cost for medical care you have got

If you got a bill or paid for services (like a provider bill) you think we should pay for, you may need to ask us for reimbursement or to pay the provider bill, go to Chapter 5 for mor information.

If you send us a payment request and we deny any part of your request, you can appeal our decision. Go to Chapter 7 for more information.

Payment Requests – Contact Information	
Call	800-378-5234 Calls to this number are free. Monday – Friday from 8 a.m. to 8 p.m.
TTY	711 Calls to this number are free. Monday – Friday from 8 a.m. to 8 p.m.
Fax	920-720-1905
Write	Network Health Medicare Advantage Plans PO Box 120 1570 Midway Pl. Menasha, WI 54952
Website	networkhealth.com

SECTION 2 Get help from Medicare

Medicare is the Federal health insurance program for people 65 years of age or older, some people under age 65 with disabilities, and people with End-Stage Renal Disease (permanent kidney failure requiring dialysis or a kidney transplant).

The Federal agency in charge of Medicare is the Centers for Medicare & Medicaid Services (CMS). This agency contracts with Medicare Advantage organizations including our plan.

Medicare – Contact Information	
Call	1-800-MEDICARE (1-800-633-4227) Calls to this number are free. 24 hours a day, seven days a week.
TTY	1-877-486-2048 This number requires special telephone equipment and is only for people who have difficulties hearing or speaking. Calls to this number are free.
Chat Live	Chat live at www.Medicare.gov/talk-to-someone.
Write	Write to Medicare at PO Box 1270, Lawrence, KS 66044
Website	www.Medicare.gov • Get information about the Medicare health and drug plans in your area, including what they cost and what services they provide.

- Find Medicare-participating doctors or other health care providers and suppliers.
- Find out what Medicare covers, including preventive services (like screenings, shots or vaccines, and yearly "Wellness" visits).
- Get Medicare appeals information and forms.
- Get information about the quality of care provided by plans, nursing homes, hospitals, doctors, home health agencies, dialysis facilities, hospice centers, inpatient rehabilitation facilities, and long-term care hospitals.
- Look up helpful websites and phone numbers.

You can also visit www.Medicare.gov to tell Medicare about any complaints you have about Network Health Bravo.
To submit a complaint to Medicare, go to www.medicare.gov/my/Medicare-Complaint. Medicare takes your complaints seriously and will use this information to help improve the quality of the Medicare program.

SECTION 3 State Health Insurance Assistance Program (SHIP)

The State Health Insurance Assistance Program (SHIP) is a government program with trained counselors in every state that offers free help, information, and answers to your Medicare questions. In Wisconsin, the SHIP is called Wisconsin SHIP.

Wisconsin SHIP is an independent state program (not connected with any insurance company or health plan) that gets money from the Federal government to give free local health insurance counseling to people with Medicare.

Wisconsin SHIP counselors can help you understand your Medicare rights, make complaints about your medical care or treatment, and straighten out problems with your Medicare bills. Wisconsin SHIP counselors can also help you with Medicare questions or problems, help you understand your Medicare plan choices and answer questions about switching plans.

Wisconsin SHIP – Contact Information	
Call	1-800-242-1060
TTY	711
Write	Wisconsin State Health Insurance Assistance Program 1402 Pankratz Street, Suite 111 Madison, WI 53704-4001
Email	BOALTC@wisconsin.gov
Website	dhs.wisconsin.gov/benefit-specialists/medicare-counseling.htm

SECTION 4 Quality Improvement Organization (QIO)

A designated Quality Improvement Organization (QIO) serves people with Medicare in each state. For Wisconsin, the Quality Improvement Organization is called Commence Health Beneficiary and Family Centered Care Quality Improvement Organization (BFCC-QIO) Program.

Commence Health BFCC-QIO Program has a group of doctors and other health care professionals paid by Medicare to check on and help improve the quality of care for people with Medicare. Commence Health BFCC-QIO Program is an independent organization. It is not connected with our plan.

Contact Commence Health BFCC-QIO Program in any of these situations:

- You have a complaint about the quality of care you got. Examples of quality-of-care concerns include getting the wrong medication, unnecessary tests or procedures, or a misdiagnosis.
- You think coverage for your hospital stay is ending too soon.
- You think coverage for your home health care, skilled nursing facility care, or Comprehensive Outpatient Rehabilitation Facility (CORF) services are ending too soon.

Commence Health BFCC-QIO Program (Wisconsin's Quality Improvement Organization) – Contact Information	
Call	888-524-9900 Available Monday – Friday from 9 a.m. to 5 p.m. Saturday, Sunday and federal holidays from 10 a.m. to 4 p.m.
TTY	711
Write	BFCC-QIO Program Commence Health PO Box 2687 Virginia Beach, VA 23450
Website	livantaqio.com/en/states/wisconsin

SECTION 5 Social Security

Social Security determines Medicare eligibility and handles Medicare enrollment.

If you move or change your mailing address, contact Social Security to let them know.

Social Security– Contact Information	
Call	1-800-772-1213 Calls to this number are free. Available Monday – Friday from 8 a.m. to 7 p.m. Use Social Security's automated telephone services to get recorded information and conduct some business 24 hours a day.
TTY	1-800-325-0778 This number requires special telephone equipment and is only for people who have difficulties hearing or speaking. Calls to this number are free. Available Monday – Friday from 8 a.m. to 7 p.m.
Website	www.ssa.gov

SECTION 6 Medicaid

Medicaid is a joint Federal and state government program that helps with medical costs for certain people with limited incomes and resources. Some people with Medicare are also eligible for Medicaid. Medicaid offers programs to help people with Medicare pay their Medicare costs, such as their Medicare premiums. These **Medicare Savings Programs** include:

- **Qualified Medicare Beneficiary (QMB):** Helps pay Medicare Part A and Part B premiums, and other cost sharing (like deductibles, coinsurance, and copayments).
- **Specified Low-Income Medicare Beneficiary (SLMB):** Helps pay Part B premiums. (Some people with SLMB are also eligible for full Medicaid benefits (SLMB+).)
- **Qualifying Individual (QI):** Helps pay Part B premiums.
- **Qualified Disabled & Working Individuals (QDWI):** Helps pay Part A premiums.

To find out more about Medicaid and Medicare Savings Programs, contact Wisconsin Medicaid.

Wisconsin Medicaid – Contact Information	
Call	1-800-362-3002 Available Monday – Friday from 8 a.m. to 6 p.m.
TTY	711
Write	Department of Health Services 1 West Wilson St. Madison, WI 53703 memberservices@wisconsin.gov
Website	dhs.wisconsin.gov/medicaid

SECTION 7 Railroad Retirement Board (RRB)

The Railroad Retirement Board is an independent federal agency that administers comprehensive benefit programs for the nation's railroad workers and their families. If you get Medicare through the Railroad Retirement Board, let them know if you move or change your mailing address. For questions about your benefits from the Railroad Retirement Board, contact the agency.

Railroad Retirement Board (RRB) – Contact Information	
Call	1-877-772-5772 Calls to this number are free. Press "4" to speak with an RRB representative Monday – Friday from 9 a.m. to 3:00 p.m. Press "2" to access the automated RRB HelpLine and get recorded information 24 hours a day, including weekends and holidays.
TTY	1-312-751-4701 This number requires special telephone equipment and is only for people who have difficulties hearing or speaking. Calls to this number aren't free.
Website	rrb.gov/

SECTION 8 If you have group insurance or other health insurance from an employer

If you (or your spouse or domestic partner) get benefits from your (or your spouse or domestic partner's) employer or retiree group as part of this plan, call the employer/union benefits administrator or our member experience team at 800-378-5234 (TTY users call 711) with questions. You can ask about your (or your spouse or domestic partner's) employer or retiree health benefits, premiums, or the enrollment period. (Phone numbers for our member experience team are printed on the back cover of this document.) You can call 1-800-MEDICARE (1-800-633-4227) with questions about your Medicare coverage under this plan. TTY users call 1-877-486-2048.

CHAPTER 3: Using our plan for your medical services

SECTION 1 How to get medical care as a member of our plan

This chapter explains what you need to know about using our plan to get your medical care covered. For details on what medical care our plan covers and how much you pay when you get care, go to the Medical Benefits Chart in Chapter 4.

Section 1.1 In-network providers and covered services

- **Providers** are doctors and other health care professionals licensed by the state to provide medical services and care. The term *providers* also includes hospitals and other health care facilities.
- **In-network providers** are the doctors and other health care professionals, medical groups, hospitals, and other health care facilities that have an agreement with us to accept our payment and your cost-sharing amount as payment in full. We arranged for these providers to deliver covered services to members in our plan. The providers in our network bill us directly for care they give you. When you see an in-network provider, you pay only your share of the cost for their services.
- **Covered services** include all the medical care, health care services, supplies, and equipment that are covered by our plan. Your covered services for medical care are listed in the Medical Benefits Chart in Chapter 4.

Section 1.2 Basic rules for your medical care to be covered by our plan

As a Medicare health plan, Network Health Bravo must cover all services covered by Original Medicare and follow Original Medicare's coverage rules.

Network Health Bravo will generally cover your medical care as long as:

- **The care you get is included in our plan's Medical Benefits Chart** in Chapter 4.
- **The care you get is considered medically necessary**. Medically necessary means that the services, supplies, equipment, or drugs are needed for the prevention, diagnosis, or treatment of your medical condition and meet accepted standards of medical practice.
- **You get your care from a provider who is eligible to provide services under Original Medicare.** As a member of our plan, you can get care from either an in-network provider or an out-of-network provider (go to Section 2 for more information).
    - The providers in our network are listed in the *Provider Directory at* networkhealth.com/find-a-doctor.
    - If you use an out-of-network provider, your share of the costs for your covered services may be higher.
    - While you can get your care from an out-of-network provider, the provider must be eligible to participate in Medicare. Except for emergency care, we can't pay a provider who is not eligible to participate in Medicare. If you go to a provider who is not eligible to participate in

Medicare, you'll be responsible for the full cost of the services you receive. Check with your provider before getting services to confirm that they're eligible to participate in Medicare.

SECTION 2 Use in-network and out-of-network providers to get medical care

Section 2.1 You may choose a Primary Care Provider (PCP) to provide and oversee your medical care

What is a PCP and what does the PCP do for you?

The role of your PCP, also known as your ***personal doctor***, is to provide routine, preventive and follow up care and to coordinate your care when you see a specialist or other provider. This includes checking or consulting with the specialist or other providers you've seen about how your care is going. Since your PCP can provide and coordinate your medical care, you may choose to have all your past medical records sent to your PCP's office. If you need certain types of services, your PCP may need to get prior authorization (prior approval) from Network Health Bravo if that service is received from an in-network provider. Out-of-network providers and services don't require prior authorization. For services requiring a prior authorization go to Chapter 4, section 2.1 or visit your online member portal at login.networkhealth.com.

It is very important to have a PCP. Your PCP can be a physician, physician assistant, or nurse practitioner in the specialty areas of internal medicine, family practice or pediatrics who sees patients in a clinic or office.

How to choose a PCP

Selecting a primary care provider (PCP) is important. If you have a PCP or would like to designate a PCP, please share this information with our member experience team by calling the number on your member ID card or visit your online member portal at login.networkhealth.com.

If you do not have a PCP or are not sure who to select as your PCP, Network Health will assign one to you.

If you do not currently have a PCP, want to make a change and would like assistance in finding one, our member experience team can assist you, you can look at your *Provider Directory* to choose a provider or you can use the website at networkhealth.com/find-a-doctor to see and select from the complete list of providers who are available and meet the qualifications to serve as your PCP.

Whether your PCP is selected or assigned, you'll receive the same high-quality care, and Network Health Bravo will communicate with your PCP to help coordinate your care.

How to change your PCP

You can change your PCP for any reason, at any time. It's also possible that your PCP might leave our plan's network of providers, and you'd need to choose a new PCP or you'll pay more for covered services.

If you would like assistance with finding a new PCP, our member experience team can assist you, you can look at your *Provider Directory* to choose a provider or you can use the website at networkhealth.com/find-a-doctor to see a complete list of providers available. If you have changed your PCP, please share this

information with our member experience team or update your online member portal at login.networkhealth.com.

Section 2.2 How to get care from specialists and other in-network providers

A specialist is a doctor who provides health care services for a specific disease or part of the body. There are many kinds of specialists. For example:

- Oncologists care for patients with cancer
- Cardiologists care for patients with heart conditions
- Orthopedists care for patients with certain bone, joint, or muscle conditions

Although a specialist may require a referral, Network Health Bravo doesn't require a referral from your PCP when obtaining services from any specialists or other plan professionals in- or out-of-network. You can call the specialist's office directly or your PCP can help you coordinate the specialist visit.

If you need certain types of services, your PCP or specialist may need to get prior authorization (prior approval) from Network Health Bravo if that service is rendered in-network. Out-of-network providers and services don't require prior authorization. For services requiring a prior authorization go to Chapter 4, section 2 or visit your online member portal at login.networkhealth.com.

When a specialist or another in-network provider leaves our plan

We may make changes to the hospitals, doctors, and specialists (providers) in our plan's network during the year. If your doctor or specialist leaves our plan, you have these rights and protections:

- Even though our network of providers may change during the year, Medicare requires that you have uninterrupted access to qualified doctors and specialists.
- We'll notify you that your provider is leaving our plan so that you have time to choose a new provider.
    - If your primary care or behavioral health provider leaves our plan, we'll notify you if you visited that provider within the past three years.
    - If any of your other providers leave our plan, we'll notify you if you're assigned to the provider, currently get care from them, or visited them within the past three months.
- We'll help you choose a new qualified in-network provider for continued care.
- If you're undergoing medical treatment or therapies with your current provider, you have the right to ask to continue getting medically necessary treatment or therapies. We'll work with you so you can continue to get care.
- We'll give you information about available enrollment periods and options you may have for changing plans.
- When an in-network provider or benefit is unavailable or inadequate to meet your medical needs, we'll arrange for any medically necessary covered benefit outside of our provider network at in-network cost sharing. Prior authorization would be required to obtain out-of-network services at the in-network cost sharing.

- If you find out your doctor or specialist is leaving our plan, contact us so we can help you choose a new provider to manage your care.
- If you believe we haven't furnished you with a qualified provider to replace your previous provider or that your care isn't being appropriately managed, you have the right to file a quality-of-care complaint to the QIO, a quality-of-care grievance to our plan, or both (go to Chapter 7).

Section 2.3 How to get care from out-of-network providers

As a member of our plan, you can choose to get care from out-of-network providers. However, providers that don't contract with us are under no obligation to treat you, except in emergency situations. Our plan will cover services from either in-network or out-of-network providers, as long as the services are covered benefits and are medically necessary. However, **if you use an out-of-network provider, your share of the costs for covered services may be higher.** Here are more important things to know about using out-of-network providers:

- You can get your care from an out-of-network provider; however, in most cases that provider must be eligible to participate in Medicare. Except for emergency care, we can't pay a provider who isn't eligible to participate in Medicare. If you get care from a provider who isn't eligible to participate in Medicare, you'll be responsible for the full cost of the services you receive. Check with your provider before getting services to confirm that they're eligible to participate in Medicare.
- You don't need a referral or prior authorization when you get care from out-of-network providers. However, before getting services from out-of-network providers, ask for a pre-visit coverage decision to confirm that the services you get are covered and medically necessary. (Go to Chapter 7, Section 4 for information about asking for coverage decisions.) This is important because:
    - Without a pre-visit coverage decision, and if our plan later determines that the services aren't covered or were not medically necessary, our plan may deny coverage and you'll be responsible for the entire cost. If we say we won't cover the services you got, you have the right to appeal our decision not to cover your care (go to Chapter 7 to learn how to make an appeal).
- It's best to ask an out-of-network provider to bill our plan first. But, if you've already paid for the covered services, we'll reimburse you for our share of the cost for covered services. Or if an out-of-network provider sends you a bill you think we should pay, you can send it to us for payment (go to Chapter 5).
- If you're using an out-of-network provider for emergency care, urgently needed services, or out-of-area dialysis, you may not have to pay a higher cost-sharing amount (go to Section 3).

SECTION 3 How to get services in an emergency, disaster, or urgent need for care

Section 3.1 Get care if you have a medical emergency

A **medical emergency** is when you, or any other prudent layperson with an average knowledge of health and medicine, believe that you have medical symptoms that require immediate medical attention to prevent loss of life (and, if you're a pregnant woman, loss of an unborn child), loss of a limb or function of a limb,

or loss of or serious impairment to a bodily function. The medical symptoms may be an illness, injury, severe pain, or a medical condition that's quickly getting worse.

If you have a medical emergency:

- **Get help as quickly as possible.** Call 911 for help or go to the nearest emergency room or hospital. Call for an ambulance if you need it. You don't need to get approval or a referral first from your PCP. You don't need to use an in-network doctor. You can get covered emergency medical care whenever you need it, anywhere in or outside the United States or its territories, and from any provider with an appropriate license even if they're not part of our network.
- **As soon as possible, make sure our plan has been told about your emergency.** We need to follow up on your emergency care. You or someone else should call to tell us about your emergency care, usually within 48 hours. Call utilization management at 920-720-1602 or 866-709-0019, Monday – Friday from 8 a.m. to 5 p.m. to share this information.

Covered services in a medical emergency

Our plan covers ambulance services in situations where getting to the emergency room in any other way could endanger your health. We also cover medical services during the emergency.

The doctors giving you emergency care will decide when your condition is stable, and when the medical emergency is over.

After the emergency is over, you're entitled to follow-up care to be sure your condition continues to be stable. Your follow-up care will be covered by our plan. If your emergency care is provided by out-of-network providers who don't accept Medicare, we'll try to arrange for in-network providers to take over your care as soon as your medical condition and the circumstances allow. If you get your follow-up care from out-of-network providers, you'll pay the higher out-of-network cost sharing.

Note: It is important whenever you receive care from out-of-network or out-of-state providers that you confirm they accept Medicare assignment. If they do not accept Medicare assignment, they may charge 15 percent more than Medicare-covered charges. You will be responsible for the additional 15 percent cost sharing to the provider. The plan will pay the provider the Medicare-approved amount for charges, minus your applicable cost sharing.

Note: If you're in the visitor/traveler area, you can stay enrolled in our plan for up to six months. If you don't return to our plan's service area within six months, you'll be disenrolled from our plan.

When receiving emergency services **outside the United States and its territories (worldwide coverage)** you will be responsible for $130 per incident. Please note, once you transfer out of the emergency department, Network Health will no longer pay for services, including if you remain inpatient in a hospital. Network Health Bravo will pay the remaining cost per incident up to the maximum $100,000 every year. For example, if you require urgent care services that span two calendar years (December to January) the maximum covered amount is $100,000. Some facilities may bill Network Health directly, and this is the preferred method, using U.S. dollars. Other facilities may require you to pay the full cost of your care, and you will need to ask us to reimburse you for your costs. In this situation, you will be required to provide documents that may include a copy of the bill, proof of payment and English-language medical records

(charges should be converted to U.S. dollars) for reimbursement up to the maximum of $100,000. Prescription drugs are not covered.

What if it wasn't a medical emergency?

Sometimes it can be hard to know if you have a medical emergency. For example, you might go in for emergency care – thinking that your health is in serious danger – and the doctor may say that it wasn't a medical emergency after all. If it turns out that it wasn't an emergency, as long as you reasonably thought your health was in serious danger, we'll cover your care.

However, after the doctor says that it wasn't an emergency, the amount of cost sharing that you pay will depend on whether you get the care from in-network providers or out-of-network providers. If you get the care from in-network providers, your share of the costs will usually be lower than if you get the care from out-of-network providers.

Section 3.2 Get care when you have an urgent need for services

A service that requires immediate medical attention (but isn't an emergency) is an urgently needed service if you're either temporarily outside our plan's service area, or it's unreasonable given your time, place, and circumstances to get this service from in-network providers. Examples of urgently needed services are unforeseen medical illnesses and injuries, or unexpected flare-ups of existing conditions. However, medically necessary routine provider visits, such as annual checkups, aren't considered urgently needed even if you're outside our plan's service area or our plan network is temporarily unavailable.

An urgently needed service is a non-emergency situation requiring immediate medical care, but given your circumstances, it is not possible or not reasonable to obtain these services from an in-network provider. The plan must cover urgently needed services provided out-of-network. Some examples of urgently needed services are i) a severe sore throat that occurs over the weekend or ii) an unforeseen flare-up of a known condition when you are temporarily outside the service area.

In most situations, if you're in our plan's service area and you use an out-of-network provider, you'll pay a higher share of the costs for your care. However, if the circumstances are unusual or extraordinary, and in-network providers are temporarily unavailable or inaccessible, we'll allow you to get covered services from an out-of-network provider at the lower in-network cost-sharing amount.

Urgent care centers and walk-in-clinics are often open on nights and weekends. You can find participating urgent care providers by looking at our online *Provider Directory* at networkhealth.com/find-a-doctor. You can also call our member experience team (phone numbers are located on the back cover of this document) if you need help locating an urgent care provider.

Note: It is important whenever you receive care from out-of-network or out-of-state providers that you confirm they accept Medicare assignment. If they don't accept Medicare assignment, they may charge 15 percent more than Medicare-covered charges. You'll be responsible for the additional 15 percent cost sharing to the provider. Our plan will pay the provider the Medicare-approved amount for charges, minus your applicable cost sharing.

Note: If you're in the visitor/traveler area, you can stay enrolled in our plan for up to six months. If you don't return to our plan's service area within six months, you'll be disenrolled from our plan.

When receiving urgently needed services **outside the United States and its territories (worldwide coverage)** you will be responsible for $130 per incident. Please note, once you transfer out of the emergency department, Network Health will no longer pay for services, including if you remain inpatient in a hospital. Network Health Bravo will pay the remaining cost per incident up to the maximum $100,000 every year. For example, if you require urgent care services that span two calendar years (December to January) the maximum covered amount is $100,000. Some facilities may bill Network Health directly, and this is the preferred method, using U.S. dollars. Other facilities may require you to pay the full cost of your care, and you will need to ask us to reimburse you for your costs. In this situation, you will be required to provide documents that may include a copy of the bill, proof of payment and English-language medical records (charges should be converted to U.S. dollars) for reimbursement up to the maximum of $100,000. Prescription drugs are not covered.

Section 3.3 Getting care during a disaster

If the Governor of your state, the U.S. Secretary of Health and Human Services, or the President of the United States declares a state of disaster or emergency in your geographic area, you're still entitled to care from our plan.

Visit: networkhealth.com/medicare/medicare-pdfs/medicare-disaster-policy_f_508.pdf for information on how to get needed care during a disaster.

If you can't use an in-network provider during a disaster, our plan will allow you to get care from out-of-network providers at in-network cost sharing.

SECTION 4 What if you're billed directly for the full cost of covered services?

If you paid more than our plan cost sharing for covered services, or if you got a bill for the full cost of covered medical services, you can ask us to pay our share of the cost of covered services. Go to Chapter 5 for information about what to do.

Section 4.1 If services aren't covered by our plan, you must pay the full cost

Network Health Bravo covers all medically necessary services as listed in the Medical Benefits Chart in Chapter 4. If you get services that aren't covered by our plan, you're responsible for paying the full cost of services.

For covered services that have a benefit limitation, you also pay the full cost of any services you get after you use up your benefit for that type of covered service. The payments for services received after you reach the benefit limitation won't apply toward your out-of-pocket maximum. You can call our member experience team when you want to know how much of your benefit limit you've already used.

SECTION 5 Medical services in a clinical research study

Section 5.1 What is a clinical research study

A clinical research study (also called a *clinical trial*) is a way that doctors and scientists test new types of medical care, like how well a new cancer drug works. Certain clinical research studies are approved by Medicare. Clinical research studies approved by Medicare typically ask for volunteers to participate in the study. When you're in a clinical research study, you can stay enrolled in our plan and continue to get the rest of your care (the care that is not related to the study) through our plan.

If you participate in a Medicare-approved study, Original Medicare pays most of the costs for the covered services you receive as part of the study. If you tell us you're in a qualified clinical trial, you're only responsible for the in-network cost sharing for the services in that trial. If you paid more—for example, if you already paid the Original Medicare cost-sharing amount—we'll reimburse the difference between what you paid and the in-network cost sharing. You'll need to provide documentation to show us how much you paid.

If you want to participate in any Medicare-approved clinical research study, you don't need to tell us or get approval from us or your PCP. The providers that deliver your care as part of the clinical research study don't need to be part of our plan's network. (This doesn't apply to covered benefits that require a clinical trial or registry to assess the benefit, including certain benefits requiring coverage with evidence development (NCDs-CED) and investigational device exemption (IDE) studies. These benefits may also be subject to prior authorization and other plan rules.)

While you don't need our plan's permission to be in a clinical research study, we encourage you to notify us in advance when you choose to participate in Medicare-qualified clinical trials.

If you participate in a study not approved by Medicare, you'll be responsible for paying all costs for your participation in the study.

Section 5.2 Who pays for services in a clinical research study

Once you join a Medicare-approved clinical research study, Original Medicare covers the routine items and services you get as part of the study, including:

- Room and board for a hospital stay that Medicare would pay for even if you weren't in a study.
- An operation or other medical procedure if it's part of the research study.
- Treatment of side effects and complications of the new care.

After Medicare has pays its share of the cost for these services, our plan will pay the difference between the cost sharing in Original Medicare and your in-network cost sharing as a member of our plan. This means you'll pay the same amount for services you get as part of the study as you would if you got these services from our plan. However, you must submit documentation showing how much cost sharing you paid. Go to Chapter 5 for more information on submitting requests for payments.

Example of cost sharing in a clinical trail: Let's say you have a lab test that costs $100 as part of the research study. Your share of the costs for this test is $20 under Original Medicare, but the test

would be $10 under our plan. In this case, Original Medicare would pay $80 for the test, and you would pay the $20 copayment required under Original Medicare. You would then notify our plan that you got a qualified clinical trial service and submit documentation (like a provider bill) to our plan. Our plan would then directly pay you $10. This makes your net payment for the test $10, the same amount you'd pay under our plan's benefits.

When you're in clinical research study, **neither Medicare nor our plan will pay for any of the following:**

- Generally, Medicare won't pay for the new item or service the study is testing unless Medicare would cover the item or service even if you weren't in a study.
- Items or services provided only to collect data and not used in your direct health care. For example, Medicare won't pay for monthly CT scans done as part of a study if your medical condition would normally require only one CT scan.
- Items and services provided by the research sponsors free-of-charge for people in the trial.

Get more information about joining a clinical research study

Get more information about joining a clinical research study in the Medicare publication *Medicare and Clinical Research Studies,* available at www.Medicare.gov/sites/default/files/2019-09/02226-medicare-and-clinical-research-studies.pdf. You can also call 1-800-MEDICARE (1-800-633-4227). TTY users call 1-877-486-2048.

SECTION 6 Rules for getting care in a religious non-medical health care institution

Section 6.1 A religious non-medical health care institution

A religious non-medical health care institution is a facility that provides care for a condition that would ordinarily be treated in a hospital or skilled nursing facility. If getting care in a hospital or a skilled nursing facility is against a member's religious beliefs, we'll instead cover care in a religious non-medical health care institution. This benefit is provided only for Part A inpatient services (non-medical health care services).

Section 6.2 How to get care from a religious non-medical health care institution

To get care from a religious non-medical health care institution, you must sign a legal document that says you're conscientiously opposed to getting medical treatment that is **non-excepted**.

- **Non-excepted** medical care or treatment is any medical care or treatment that's *voluntary* and *not required* by any federal, state, or local law.
- **Excepted** medical treatment is medical care or treatment you get that's *not* voluntary or *is required* under federal, state, or local law.

To be covered by our plan, the care you get from a religious non-medical health care institution must meet the following conditions:

- The facility providing the care must be certified by Medicare.
- Our plan only covers *non-religious* aspects of care.
- If you get services from this institution provided to you in a facility, the following conditions apply:
  - You must have a medical condition that would allow you to get covered services for inpatient hospital care or skilled nursing facility care.
  - *– and –* you must get approval in advance from our plan before you're admitted to the facility, or your stay won't be covered.

Medicare inpatient hospital coverage limits apply. Please see the Medical Benefits Chart in Chapter 4 for more information.

SECTION 7 Rules for ownership of durable medical equipment

Section 7.1 You won't own some durable medical equipment after making a certain number of payments under our plan

Durable medical equipment (DME) includes items like oxygen equipment and supplies, wheelchairs, walkers, powered mattress systems, crutches, diabetic supplies, speech generating devices, IV infusion pumps, nebulizers and hospital beds ordered by a provider for members to use in the home. The member always owns some DME items, like prosthetics. Other types of DME you must rent.

In Original Medicare, people who rent certain types of DME own the equipment after paying copayments for the item for 13 months. **As a member of Network Health Bravo, you usually won't get ownership of rented DME items no matter how many copayments you make for the item while a member of our plan.** You won't get ownership even if you made up to 12 consecutive payments for the DME item under Original Medicare before you joined our plan. Under some limited circumstances, we'll transfer ownership of the DME item to you. Call our member experience team at 800-378-5234 (TTY users call 711) for more information.

What happens to payments you made for durable medical equipment if you switch to Original Medicare?

If you didn't get ownership of the DME item while in our plan, you'll have to make 13 new consecutive payments after you switch to Original Medicare to own the DME item. The payments you made while enrolled in our plan don't count toward these 13 payments.

Example 1: You made 12 or fewer consecutive payments for the item in Original Medicare and then joined our plan. The payments you made in Original Medicare don't count.

Example 2: You made 12 or fewer consecutive payments for the item in Original Medicare and then joined our plan. You didn't get ownership of the item while in our plan. You then go back to Original Medicare.

You'll have to make 13 consecutive new payments to own the item once you rejoin Original Medicare. Any payments you already made (whether to our plan or to Original Medicare) don't count.

Section 7.2 Rules for oxygen equipment, supplies, and maintenance

If you qualify for Medicare oxygen equipment coverage Network Health Bravo will cover:

- Rental of oxygen equipment
- Delivery of oxygen and oxygen contents
- Tubing and related oxygen accessories for the delivery of oxygen and oxygen contents
- Maintenance and repairs of oxygen equipment

If you leave Network Health Bravo or no longer medically require oxygen equipment, the oxygen equipment must be returned.

What happens if you leave our plan and return to Original Medicare?

Original Medicare requires an oxygen supplier to provide you services for five years. During the first 36 months, you rent the equipment. For the remaining 24 months, the supplier provides the equipment and maintenance (you're still responsible for the copayment for oxygen). After five years, you can choose to stay with the same company or go to another company. At this point, the five-year cycle starts over, even if you stay with the same company, and you're again required to pay copayments for the first 36 months. If you join or leave our plan, the five-year cycle starts over.

CHAPTER 4:
Medical Benefits Chart (what's covered and what you pay)

SECTION 1 Understanding your out-of-pocket costs for covered services

The Medical Benefits Chart lists your covered services and shows how much you pay for each covered service as a member of Network Health Bravo. This section also gives information about medical services that aren't covered and explains limits on certain services.

Section 1.1 Out-of-pocket costs you may pay for covered services

Types of out-of-pocket costs you may pay for covered services include:

- **Copayment:** the fixed amount you pay each time you receive certain medical services. You pay a copayment at the time you get the medical service. (The Medical Benefits Chart tells you more about your copayments.)
- **Coinsurance:** the percentage you pay of the allowed amount of certain medical services. You pay a coinsurance at the time you get the medical service. (The Medical Benefits Chart tells you more about your coinsurance.)

Most people who qualify for Medicaid or for the Qualified Medicare Beneficiary (QMB) program don't pay deductibles, copayments or coinsurance. If you're in one of these programs, be sure to show your proof of Medicaid or QMB eligibility to your provider.

Section 1.2 What's the most you'll pay for Medicare Part A and Part B covered medical services?

Under our plan, there are two different limits on what you pay out-of-pocket for covered medical services:

- Your **in-network maximum out-of-pocket amount (MOOP)** is $4,500. This is the most you pay during the calendar year for covered Medicare Part A and Part B services received from in-network providers. The amounts you pay for copayments, and coinsurance for covered services from in-network providers count toward this in-network maximum out-of-pocket amount. (The amounts you pay for services from out-of-network providers don't count toward your in-network maximum out-of-pocket amount. In addition, amounts you pay for some services don't count toward your in-network maximum out-of-pocket amount. These services are marked with an asterisk in the Medical Benefits Chart.) If you pay $4,500 for covered Part A and Part B services from in-network providers, you won't have any out-of-pocket costs for the rest of the year when you see our in-network providers. However, you must continue to pay the Medicare Part B premium (unless your Part B premium is paid for you by Medicaid or another third party).

- Your **combined maximum out-of-pocket amount** is $8,000. This is the most you pay during the calendar year for covered Medicare Part A and Part B services received from both in-network and out-of-network providers. The amounts you pay for copayments, and coinsurance for covered services count toward this combined maximum out-of-pocket amount. (Amounts you pay for some services don't count toward your combined maximum out-of-pocket amount. These services are marked with an asterisk in the Medical Benefits Chart.) If you pay $8,000 for covered services, you'll have 100 percent coverage and won't have any out-of-pocket costs for the rest of the year for covered Part A and Part B services. However, you must continue to pay the Medicare Part B premium (unless your Part B premium is paid for you by Medicaid or another third party).

Section 1.3 Providers aren't allowed to balance bill you

As a member of Network Health Bravo, you have an important protection because you only have to pay your cost-sharing amount when you get services covered by our plan. Providers can't bill you for additional separate charges, called **balance billing**. This protection applies even if we pay the provider less than the provider charges for a service, and even if there's a dispute and we don't pay certain provider charges.

Here's how protection from balance billing works:

- If your cost sharing is a copayment (a set amount of dollars, for example, $15), you pay only that amount for any covered services from an in-network provider. You'll generally have higher copayments when you get care from out-of-network providers.

- If your cost sharing is a coinsurance (a percentage of the total charges), you never pay more than that percentage. However, your cost depends on which type of provider you see:

    - If you get covered services from an in-network provider, you pay the coinsurance percentage multiplied by our plan's reimbursement rate (this is set in the contract between the provider and our plan).
    - If you get covered services from an out-of-network provider who participates with Medicare, you pay the coinsurance percentage multiplied by the Medicare payment rate for participating providers.
    - If you get covered services from an out-of-network provider who doesn't participate with Medicare, you pay the coinsurance percentage multiplied by the Medicare payment rate for non-participating providers.

- If you think a provider has balance billed you, call our member experience team at 800-378-5234 (TTY users call 711).

SECTION 2 The Medical Benefits Chart shows your medical benefits and costs

The Medical Benefits Chart on the next pages lists the services Network Health Bravo covers and what you pay out-of-pocket for each service. The services listed in the Medical Benefits Chart are covered only when these requirements are met:

- Your Medicare-covered services must be provided according to Medicare coverage guidelines.
- Your services (including medical care, services, supplies, equipment, and Part B drugs) *must* be medically necessary. Medically necessary means that the services, supplies, or drugs are needed for the prevention, diagnosis, or treatment of your medical condition and meet accepted standards of medical practice.
- For new enrollees, your MA coordinated care plan must provide a minimum 90-day transition period, during which time the new MA plan may not require prior authorization for any active course of treatment, even if the course of treatment was for a service that commenced with an out-of-network provider.
- Some services listed in the Medical Benefits Chart are covered as in-network services *only* if your doctor or other in-network provider gets approval from us in advance (sometimes called prior authorization).
    - Covered services that need approval in advance to be covered as in-network services are marked in italics in the Medical Benefits Chart. These services not listed in the Medical Benefits Chart require approval in advance:
        - Hospital inpatient services, behavioral health inpatient services and skilled nursing facility stays including sub-acute and swing bed
        - Transplant services
        - Specialty surgeries such as ankle, knee, hip and shoulder joint replacements, bariatric surgery, deep brain stimulator insertion, sleep apnea, spine surgery and all procedures that could be considered cosmetic
        - Certain durable medical equipment such as wheelchairs, orthotics, prosthetics and electrical stimulators
        - Outpatient diagnostic tests, including imaging services (CT/PET/MRI/MRA) and therapeutic services and supplies.
        - Outpatient radiation oncology services
        - Outpatient interventional pain injections and procedures
        - Outpatient physical and occupational therapy services (including when provided during home health care)
        - Outpatient gastroenterology (EGDs, capsule endoscopy and non-preventive colonoscopies)
        - Non-emergent ambulatory injectable chemotherapy drugs
        - Certain medications under your medical benefit
        - Genetic testing
        - Diagnosis and treatment of peripheral vascular disease
        - Continuous Glucose Monitoring (CGM) devices. CGM supplies purchased at an in-network pharmacy also require prior authorization.
    - You never need approval in advance for out-of-network services from out-of-network providers.
    - While you don't need approval in advance for out-of-network services, you or your doctor can ask us to make a coverage decision in advance.
- Services requiring prior authorization may change occasionally. Our most up-to-date list of services requiring prior authorization can be accessed through your member portal.

Other important things to know about our coverage:

- For benefits where your cost sharing is a coinsurance percentage, the amount you pay depends on what type of provider you get the services from:
    - If you get the covered services from an in-network provider, you pay the coinsurance percentage multiplied by our plan's reimbursement rate (as determined in the contract between the provider and our plan).
    - If you get the covered services from an out-of-network provider who participates with Medicare, you pay the coinsurance percentage multiplied by the Medicare payment rate for participating providers.
    - If you get the covered services from an out-of-network provider who doesn't participate with Medicare, you pay the coinsurance percentage multiplied by the Medicare payment rate for non-participating providers.
- Like all Medicare health plans, we cover everything that Original Medicare covers. For some of these benefits, you pay *more* in our plan than you would in Original Medicare. For others, you pay *less*. (To learn more about the coverage and costs of Original Medicare, go to your *Medicare & You 2026* handbook. View it online at www.Medicare.gov or ask for a copy by calling 1-800-MEDICARE 1-800-633-4227 (TTY users should call 1-877-486-2048).
- For preventive services covered at no cost under Original Medicare, we also cover those services at no cost to you. However, if you're also treated or monitored for an existing medical condition during the visit when you get the preventive service, a copayment will apply for the care you got for the existing medical condition.
- If Medicare adds coverage for any new services during 2026, either Medicare or our plan will cover those services.
- If you're diagnosed with any of the chronic condition(s) listed below and meet certain criteria, you may be eligible for special supplemental benefits for the chronically ill.
    - Cancer
        - Acupuncture: Up to 12 visits per year are covered for members who are undergoing chemotherapy and experiencing severe nausea.
    - End-stage renal disease
        - Transportation: Up to 24 one-way trips per year for members diagnosed with End-Stage Renal Disease to get to and from dialysis for treatment.
- For more detail, go to the *Help with Certain Chronic Conditions* row in the Medical Benefits Chart below.
    - Call our member experience team at 800-378-5234 (TTY users call 711) for more information.

This apple shows preventive services in the Medical Benefits Chart.

Medical Benefits Chart

Covered Service	What you pay
Abdominal aortic aneurysm screening A one-time screening ultrasound for people at risk. Our plan only covers this screening if you have certain risk factors and if you get a referral for it from your physician, physician assistant, nurse practitioner, or clinical nurse specialist.	Cost sharing for covered services applies toward the annual out-of-pocket maximum. **In-Network** There's no coinsurance, copayment or deductible for members eligible for this preventive screening. **Out-of-Network** **$15 copayment** for beneficiaries eligible for this preventive benefit.
Acupuncture for chronic low back pain Covered services include: Up to 12 visits in 90 days are covered under the following circumstances: For the purpose of this benefit, chronic low back pain is defined as: • lasting 12 weeks or longer; • nonspecific, in that it has no identifiable systemic cause (i.e., not associated with metastatic, inflammatory, infectious disease, etc.); • not associated with surgery; and • not associated with pregnancy. An additional eight sessions will be covered for patients demonstrating an improvement. No more than 20 acupuncture treatments may be administered annually. Treatment must be discontinued if the patient is not improving or is regressing. **Provider Requirements:** Physicians (as defined in 1861(r)(1) of the Social Security Act (the Act)) may furnish acupuncture in accordance with applicable state requirements. Physician assistants (PAs), nurse practitioners (NPs)/clinical nurse specialists (CNSs) (as identified in 1861(aa) (5) of the Act) and auxiliary personnel may furnish acupuncture if they meet all applicable state requirements and have: • a master's or doctoral level degree in acupuncture or Oriental Medicine from a school accredited by the Accreditation	Cost sharing for covered services applies toward the annual out-of-pocket maximum. **In-Network** **$40 copayment** for each Medicare-covered acupuncture treatment. **Out-of-Network** **$75 copayment** for each Medicare-covered acupuncture treatment

Covered Service	What you pay
Commission on Acupuncture and Oriental Medicine (ACAOM); and, • a current, full, active and unrestricted license to practice acupuncture in a State, Territory, or Commonwealth (i.e., Puerto Rico) of the United States, or District of Columbia. Auxiliary personnel furnishing acupuncture must be under the appropriate level of supervision of a physician, PA, or NP/CNS required by our regulations at 42 CFR §§ 410.26 and 410.27.	
Ambulance services • Covered ambulance services, whether for an emergency or non-emergency situation, include fixed wing, rotary wing and ground ambulance services, to the nearest appropriate facility that can provide care if they're furnished to a member whose medical condition is such that other means of transportation could endanger the person's health or if authorized by our plan. If the covered ambulance services aren't for an emergency situation, it should be documented that the member's condition is such that other means of transportation could endanger the person's health and that transportation by ambulance is medically required. • Medicare will only cover ambulance services to the nearest appropriate medical facility that can provide the care you need. If you choose to be transported to a facility that is farther away Medicare's payment will be based on the charge to the closest appropriate facility. • **The ambulance benefit is a transport benefit**. If 911 is contacted and an ambulance is sent to transport you, you may be held liable for payment in these situations: o You decline the ambulance ride o You take the ambulance and it is determined your symptoms are not emergent	Cost sharing for covered services applies toward the annual out-of-pocket maximum. Cost sharing applies to each one-way transport. **In- and Out-of-Network** **$300 copayment** per Medicare-covered ground or air ambulance trip.
Annual Routine Preventive Physical Exam Non-Medicare covered routine physical exams are covered once every calendar year. This comprehensive physical must include a preventive medicine evaluation and management, including an age and gender appropriate history, examination and counseling/anticipatory guidance/risk factor reduction interventions. You are able to have lab screening for early detection of diabetes, high cholesterol or blood disorders. As part of your annual wellness visit **OR** your annual routine preventive physical exam, you can have a fasting blood sugar, lipid panel and/or complete blood count included in the cost.	Cost sharing for covered services applies toward the annual out-of-pocket maximum. **In-Network** **$0 copayment** for the non-Medicare covered routine physical exam. **Out-of-Network**

Covered Service	What you pay
Note: These screening labs are to assist in early detection of new health conditions not as part of routine monitoring of existing health conditions. **Note:** If you also are treated or monitored for an existing medical condition during the visit when you receive the preventive service, a copayment will apply for the care received for the existing medical condition.	**$15 copayment** for the non-Medicare covered routine physical exam.
Annual wellness visit If you've had Part B for longer than 12 months, you can get an annual wellness visit to develop or update a personalized prevention plan based on your current health and risk factors. This is covered once every 12 months. **Note**: Your first annual wellness visit can't take place within 12 months of your Welcome to Medicare preventive visit. However, you don't need to have had a Welcome to Medicare visit to be covered for annual wellness visits after you've had Part B for 12 months. You can have lab screening for early detection of diabetes, high cholesterol or blood disorders. As part of your annual wellness visit **OR** your Annual Routine Preventive Physical Exam you can have a fasting blood sugar, lipid panel and/or complete blood count included in the cost. **Note:** These screening labs are to assist in early detection of new health conditions not as part of routine monitoring of existing health conditions. Medicare covers voluntary Advance Care Planning as part of the yearly wellness visit. This is planning for care you would want to get if you become unable to speak for yourself. You can talk about an advance directive with your health care professional and he or she can help you fill out the forms, if you want to. An advance directive is a legal document that records your wishes about medical treatment at a future time, if you're not able to make decisions about your care. You pay nothing if the doctor or other qualified health care provider accepts assignment. **Note:** Medicare may also cover this service as part of your medical treatment. When Advance Care Planning isn't part of your annual wellness visit, cost sharing applies. **Note:** If you also are treated or monitored for an existing medical condition during the visit when you receive the preventive service, a copayment will apply for the care received for the existing medical condition.	Cost sharing for covered services applies toward the annual out-of-pocket maximum. **In-Network** There's no coinsurance, copayment or deductible for the annual wellness visit. **$0 copayment** for lipid profile, fasting blood sugar and complete blood count if provided as part of the annual wellness visit if it is done for preventive screening not for treatment or disease monitoring. **Out-of-Network** **$15 copayment** for beneficiaries eligible for this preventive benefit. **$0 copayment** for lipid profile, fasting blood sugar and complete blood count if provided as part of the annual wellness visit if it is done for preventive screening not for treatment or disease monitoring

Covered Service	What you pay
Note: Your Annual physical exam differs from your annual wellness visit. For more information about what type of exam you are receiving please discuss this with your personal doctor.	
Bone mass measurement For qualified people (generally, this means people at risk of losing bone mass or at risk of osteoporosis), the following services are covered every 24 months or more frequently if medically necessary: procedures to identify bone mass, detect bone loss, or determine bone quality, including a physician's interpretation of the results.	Cost sharing for covered services applies toward the annual out-of-pocket maximum. **In-Network** There's no coinsurance, copayment or deductible for Medicare-covered bone mass measurement. **Out-of-Network** **$15 copayment** for beneficiaries eligible for Medicare-covered bone mass measurement.
Breast cancer screening (mammograms) Covered services include: • One baseline mammogram between the ages of 35 and 39 • One screening mammogram every 12 months for women aged 40 and older • Clinical breast exams once every 24 months • 2D and 3D mammograms **Note:** A screening mammography is used for the early detection of breast cancer in women who have no signs or symptoms of the disease. Once a history of breast cancer has been established and until there are no longer any signs or symptoms of breast cancer, ongoing mammograms are considered diagnostic and are subject to cost sharing as described under Outpatient Diagnostic Tests and Therapeutic Services and Supplies in this chart. Therefore, the screening mammography annual benefit is not available for members who have signs or symptoms of breast cancer.	Cost sharing for covered services applies toward the annual out-of-pocket maximum. **In-Network** There is no coinsurance, copayment or deductible for covered screening mammograms. **Out-of-Network** **$15 copayment** for covered screening mammograms.
Cardiac rehabilitation services Comprehensive programs of cardiac rehabilitation services that include exercise, education and counseling are covered for members who meet certain conditions with a doctor's order. Our plan also covers intensive cardiac rehabilitation programs that are typically more rigorous or more intense than cardiac rehabilitation programs. For more information on Peripheral Arterial Disease (PAD) rehabilitation see Supervised exercise therapy benefit in this chart.	Cost sharing for covered services applies toward the annual out-of-pocket maximum. **In-Network** **$15 copayment** for each Medicare-covered cardiac rehabilitation or intensive cardiac rehabilitation service. **Out-of-Network**

Covered Service	What you pay
	$30 copayment for each Medicare-covered cardiac rehabilitation or intensive cardiac rehabilitation service.
Cardiovascular disease risk reduction visit (therapy for cardiovascular disease) We cover one visit per year with your primary care doctor to help lower your risk for cardiovascular disease. During this visit, your doctor may discuss aspirin use (if appropriate), check your blood pressure and give you tips to make sure you're eating healthy.	Cost sharing for covered services applies toward the annual out-of-pocket maximum. **In-Network** There's no coinsurance, copayment or deductible for the intensive behavioral therapy cardiovascular disease preventive benefit. **Out-of-Network** **$15 copayment** for the intensive behavioral therapy cardiovascular disease preventive benefit.
Cardiovascular disease screening tests Blood tests for the detection of cardiovascular disease (or abnormalities associated with an elevated risk of cardiovascular disease) once every five years (60 months).	Cost sharing for covered services applies toward the annual out-of-pocket maximum. **In-Network** There's no coinsurance, copayment or deductible for cardiovascular disease testing that is covered once every five years. **Out-of-Network** **$15 copayment** for cardiovascular disease testing that is covered once every five years.
Cervical and vaginal cancer screening Covered services include: • For all women: Pap tests and pelvic exams are covered once every 24 months. • If you're at high risk of cervical or vaginal cancer or you're of childbearing age and have had an abnormal Pap test within the past three years: one Pap test every 12 months.	Cost sharing for covered services applies toward the annual out-of-pocket maximum. **In-Network** There's no coinsurance, copayment or deductible for Medicare-covered preventive Pap and pelvic exams.

Covered Service	What you pay
	Out-of-Network **$15 copayment** for Medicare-covered preventive Pap and pelvic exams.
Chiropractic services Covered services include: • We cover **only** manual manipulation of the spine to correct subluxation (a displacement or misalignment of a joint or body part) if you get it from a chiropractor or other qualified provider. We do not cover maintenance chiropractic care, exams or x-rays. You're responsible for 100% of the cost of maintenance chiropractic care.	Cost sharing for covered services applies toward the annual out-of-pocket maximum. You pay 100% of the cost for maintenance care. **In-Network** **$15 copayment** for each Medicare-covered chiropractic visit. **Out-of-Network** **$40 copayment** for each Medicare-covered chiropractic visit.
Chronic pain management and treatment services Covered monthly services for people living with chronic pain (persistent or recurring pain lasting longer than three months). Services may include pain assessment, medication management, and care coordination and planning.	Cost sharing for this service will vary depending on the individual services provided under the course of treatment. **In-Network** **$40 copayment** for each Medicare-covered chronic pain management and/or treatment visit. **Out-of-Network** **$75 copayment** for each Medicare-covered chronic pain management and/or treatment visit.
Colorectal cancer screening The following screening tests are covered: • Colonoscopy has no minimum or maximum age limitation and is covered once every 120 months (10 years) for patients not at high risk, or 48 months after a previous flexible sigmoidoscopy for patients who aren't at high risk for colorectal cancer and once every 24 months for high-risk patients after a previous screening colonoscopy.	Cost sharing for covered services applies toward the annual out-of-pocket maximum. **In-Network** There's no coinsurance, copayment or deductible for a Medicare-covered colorectal cancer screening exam. If your doctor finds and removes a

Covered Service	What you pay
• Computed tomography colonography for patients 45 year and older who are not at high risk of colorectal cancer and is covered when at least 59 months have passed following the month in which the last screening computed tomography colonography was performed or 47 months have passed following the month in which the last screening flexible sigmoidoscopy or screening colonoscopy was performed. For patients at high risk for colorectal cancer, payment may be made for a screening computed tomography colonography performed after at least 23 months have passed following the month in which the last screening computed tomography colonography or the last screening colonoscopy was performed. • Flexible sigmoidoscopy for patients 45 years and older. Once every 120 months for patients not at high risk after the patient got a screening colonoscopy. Once every 48 months for high-risk patients from the last flexible sigmoidoscopy or computed tomography colonography. • Screening fecal-occult blood tests for patients 45 years and older. Once every 12 months. • Multitarget stool DNA for patients 45 to 85 years of age and not meeting high risk criteria. Once every three years. • Blood-based Biomarker Tests for patients 45 to 85 years of age and not meeting high risk criteria. Once every three years. • Colorectal cancer screening tests include a follow-on screening colonoscopy after a Medicare-covered non-invasive stool-based colorectal cancer screening test returns a positive result. • Colorectal cancer screening tests include a planned screening flexible sigmoidoscopy or screening colonoscopy that involves the removal of tissue or other matter, or other procedure furnished in connection with, as a result of, and in the same clinical encounter as the screening test. **Note:** A screening colonoscopy is used for the diagnosis and/or early detection of colorectal cancer in people who have no signs or symptoms of the disease. Once a history of colorectal cancer has been established and until there are no longer any signs or symptoms of colorectal cancer, ongoing colonoscopies are considered diagnostic and are subject to cost sharing as described under Outpatient Surgery in this chart. **Therefore, the screening colonoscopy benefit is subject to the Outpatient Surgery cost sharing for members who have signs or symptoms of colorectal cancer.** **Note:** A colonoscopy or sigmoidoscopy conducted for polyp removal or biopsy is a surgical procedure subject to the Outpatient Surgery cost sharing described later in this chart.	polyp or other tissue during the colonoscopy or flexible sigmoidoscopy, the screening exam becomes a diagnostic exam and subject to copayments/coinsurance. **Out-of-Network** **$15 copayment** for a Medicare-covered colorectal cancer screening exam.

Covered Service	What you pay
Dental services In general, preventive dental services (such as cleaning, routine dental exams and dental x-rays) aren't covered by Original Medicare. However, Medicare pays for dental services in a limited number of circumstances, specifically when that service is an integral part of specific treatment of a person's primary medical condition. Examples include reconstruction of the jaw after a fracture or injury, tooth extractions done in preparation for radiation treatment for cancer involving the jaw, or oral exams prior to organ transplantation. Predeterminations are recommended for all dental services.	Cost sharing for covered services applies toward the annual out-of-pocket maximum. **In-Network** **$40 copayment** for each Medicare-covered dental service. **Out-of-Network** **$75 copayment** for each Medicare-covered dental service.

Covered Service	What you pay
Dental services – extra benefits* We cover preventive and comprehensive dental services not covered by Original Medicare. We cover: • Two routine preventive oral exams and cleanings • Fluoride treatment (once per year) • Bitewing X-rays (once per year) • Composite fillings • Diagnostic services • Restorative services • Endodontics and periodontics • Extractions • Denture and denture repairs • Root canals and crowns • One implant annually **Exclusions**: Implant repairs and cosmetic services Up to $5,000 annual maximum benefit applies to both in- and out-of-network services received for non-Medicare covered dental services. **Note:** Our provider network for non-Medicare covered dental services is different than our provider network for medical dental services. For a link to the provider search and the dental certificate, visit networkhealth.com/medicare/extra-benefits. You can also request a hard copy of the dental certificate by calling our member experience team. If you receive services from a dentist that does not participate in the dental network, you will be responsible for the difference between the administrator's payment and the amount charged by the non-participating dentist. Please contact our member experience team (phone numbers located in the back of this document) with any questions.	Annual maximum coverage of **$5,000** combined for preventive and comprehensive dental services **In-Network** **$0 copayment** for non-Medicare covered preventive dental services. **$0 copayment** for non-Medicare covered comprehensive dental services. **Out-of-Network** **50% of the allowed amount** for non-Medicare covered preventive and comprehensive dental services.

* Your cost for non-Medicare covered services does not apply toward the annual out-of-pocket maximum.

Covered Service	What you pay
Depression screening We cover one screening for depression per year. The screening must be done in a primary care setting that can provide follow-up treatment and/or referrals.	Cost sharing for covered services applies toward the annual out-of-pocket maximum. **In-Network** There's no coinsurance, copayment or deductible for an annual depression screening visit. **Out-of-Network** **$15 copayment** for an annual depression screening visit.
Diabetes screening We cover this screening (includes fasting glucose tests) if you have any of these risk factors: high blood pressure (hypertension), history of abnormal cholesterol and triglyceride levels (dyslipidemia), obesity, or a history of high blood sugar (glucose). Tests may also be covered if you meet other requirements, like being overweight and having a family history of diabetes. You may be eligible for up to two diabetes screenings every 12 months following the date of your most recent diabetes screening test.	Cost sharing for covered services applies toward the annual out-of-pocket maximum. **In-Network** There's no coinsurance, copayment or deductible for the Medicare-covered diabetes screening tests. **Out-of-Network** **$15 copayment** for the Medicare-covered diabetes screening tests.

Covered Service	What you pay
Diabetes self-management training, diabetic services and supplies For all people who have diabetes (insulin and non-insulin users). Covered services include: • Supplies to monitor your blood glucose: Preferred blood glucose monitors, preferred blood glucose test strips, lancet devices and lancets, and glucose-control solutions for checking the accuracy of test strips and monitors. • For people with diabetes who have severe diabetic foot disease: One pair per calendar year of therapeutic custom-molded shoes (including inserts provided with such shoes) and two additional pairs of inserts, or one pair of depth shoes and three pairs of inserts (not including the non-customized removable inserts provided with such shoes). Coverage includes fitting. • Diabetes self-management training is covered under certain conditions. **Note:** *Preferred continuous glucose monitoring devices require prior authorization confirming member uses insulin for management of their diabetes. Continuous glucose monitoring supplies, when purchased at an in-network pharmacy, also require prior authorization.*	Cost sharing for covered services applies toward the annual out-of-pocket maximum. **In-Network** **$0 copayment** for beneficiaries eligible for diabetes self-management training. **$0 copayment** for preferred test strips and each diabetic supply item up to a 90-day supply. **$0 copayment** *for preferred continuous glucose monitoring devices and supplies with an approved prior authorization*. All other brands are excluded. **$10 copayment** for each pair of Medicare-covered diabetic therapeutic shoes or inserts. **Out-of-Network** **$0 copayment** for beneficiaries eligible for diabetes self-management training. **$0 copayment** for preferred test strips and each diabetic supply item up to a 90-day supply. **$0 copayment** *for preferred continuous glucose monitoring devices and supplies with an approved prior authorization*. All other brands are excluded. **$30 copayment** for each pair of Medicare-covered diabetic therapeutic shoes or inserts.
Durable medical equipment (DME) and related supplies (For a definition of durable medical equipment, go to Chapter 10 and Chapter 3) Covered items include, but aren't limited to: wheelchairs, crutches, powered mattress systems, diabetic supplies, hospital beds ordered by a provider for use in the home, IV infusion pumps, speech generating devices, oxygen equipment, nebulizers and walkers.	**In-Network** *In-Network services may require that your provider get prior authorization (approval in advance). Please have your provider contact the plan for more details.*

Covered Service	What you pay
We cover all medically necessary DME covered by Original Medicare. If our supplier in your area does not carry a particular brand or manufacturer, you can ask them if they can special order it for you. The most recent list of suppliers is available on our website at networkhealth.com. **Note**: As a newly enrolled member under a current durable medical equipment rental agreement, you will need to start your 13-month rental over unless you can provide proof of rental documentation from your durable medical equipment supplier. For more information, please contact our member experience team. To acquire ownership for certain types of durable medical equipment, the plan will pay the fee schedule amounts on a monthly rental basis, not to exceed a period of continuous use of 13 months. In the tenth month of rental, you may be given a purchase option. In some cases, as a member of Network Health Bravo, some rented durable medical equipment items such as oxygen equipment may not be eligible for ownership, no matter how many copayments you make for the item while a member of our plan. The plan will make monthly rental payments for up to 36 months during a period of continuous use. However, for oxygen equipment, once the 36-month payment cap has been reached, the supplier retains ownership of the equipment. Title of the equipment does not transfer to you. Additionally, the supplier who received payment for the 36th rental month must continue to provide the oxygen equipment and contents until the reasonable useful lifetime of the equipment has been reached (five years) or as long as you have a medical need for the oxygen. If you still need the equipment – you meet the medical necessity for the oxygen – after the five-year reasonable useful lifetime of the equipment has been reached, a new capped rental period may begin. **Note**: DME purchased at a retail store is not a covered benefit, this includes both online and brick and mortar retail stores. **Note**: Traditional insulin pumps (insulin pumps that use tubing) such as Medtronic and Tandem are covered under Medicare Part B. Tubeless insulin pumps, such as Omnipod, are covered under our Part D prescription drug benefit. This plan does not have Part D prescription drug benefit coverage. If you have questions about your medical costs or have received DME when you travel, please call our member experience team.	**20% of the allowed amount** for each Medicare-covered durable medical service or item. Your cost sharing for Medicare oxygen equipment coverage is **20%** of the Medicare approved amount, every month for the first 36 months. After 36 months of continuous oxygen equipment coverage, your cost sharing will be **0%** for maintenance and servicing for the remainder of the reasonable useful lifetime (five years). If your equipment is replaced, a new 36-month capped rental period will begin and your cost sharing will be **20%** of the Medicare approved amount, every month. **Out-of-Network** **25% of the allowed amount** for each Medicare-covered durable medical service or item. Your cost sharing for Medicare oxygen equipment coverage is **25%** of the Medicare approved amount, every month for the first 36 months. After 36 months of continuous oxygen equipment coverage, your cost sharing will be **0%** for maintenance and servicing for the remainder of the reasonable useful lifetime (five years). If your equipment is replaced, a new 36-month capped rental period will begin and your cost sharing will be **25% of the allowed amount** of the Medicare approved amount, every month.

Covered Service	What you pay
Emergency care Emergency care refers to services that are: • Furnished by a provider qualified to furnish emergency services, and • Needed to evaluate or stabilize an emergency medical condition. A medical emergency is when you, or any other prudent layperson with an average knowledge of health and medicine, believe that you have medical symptoms that require immediate medical attention to prevent loss of life (and, if you're a pregnant woman, loss of an unborn child), loss of a limb, or loss of function of a limb. The medical symptoms may be an illness, injury, severe pain, or a medical condition that's quickly getting worse. Cost sharing for necessary emergency services you get out-of-network is the same as when you get these services in-network. If you're admitted as an inpatient within 24 hours for the same condition, you pay $0 for the emergency room visit. **Note**: Medicare Part B generally doesn't pay for self-administered drugs (SADs) or over-the-counter (OTC) medications that you receive in the emergency room. **Note:** It is important whenever you receive care from out-of-network or out-of-state providers that you confirm they accept Medicare assignment. If they do not accept Medicare assignment, they may charge 15 percent more than Medicare-covered charges. You will be responsible for the additional 15 percent cost sharing to the provider. The plan will pay the provider the Medicare-approved amount for charges, minus your applicable cost sharing. **Note:** If you're in the visitor/traveler area, you can stay enrolled in our plan for up to six months. If you don't return to our plan's service area within six months, you'll be disenrolled from our plan. When receiving emergency services **outside the United States and its territories (worldwide coverage)** you will be responsible for $130 per incident. Please note, once you transfer out of the emergency department, Network Health will no longer pay for services, including if you remain inpatient in a hospital. Network Health Bravo will pay the remaining cost per incident up to the maximum $100,000 every year. For example, if you require urgent care services that span two calendar years (December to January) the maximum covered amount is $100,000. Some facilities may bill Network Health directly, and this is the preferred method, using U.S. dollars. Other facilities may require you to pay the full cost of your care, and you will need to ask	Cost sharing for covered services within the United States and its territories applies toward the annual out-of-pocket maximum. **In- and Out-of-Network** **$130 copayment** for each Medicare-covered emergency room visit within the United States and its territories. **$130 copayment** per incident for each non-Medicare covered emergency room visit outside the United States and its territories.

Covered Service	What you pay
us to reimburse you for your costs. In this situation, you will be required to provide documents that may include a copy of the bill, proof of payment and English-language medical records (charges should be converted to U.S. dollars) for reimbursement up to the maximum of $100,000. Prescription drugs are not covered.*	
* Cost sharing for covered services outside the United States and its territories (worldwide coverage) does not apply toward the annual out-of-pocket maximum.	
Fitness program with One Pass™ Your fitness program includes access to fitness centers, in-person and online fitness events and fitness classes for all levels. Your fitness program travels with you, with on-demand digital fitness classes, more than 24,000 virtual classes and more than 28,000 fitness center locations nationwide. Visit networkhealth.com/medicare/extra-benefits for more information.	**In-Network** **$0** when using your fitness program. **Out-of-Network** When going to a non-contracted health club facility, fitness center membership charges will apply. We do not reimburse for these fees.
Hearing services Diagnostic hearing and balance evaluations performed by your provider to determine if you need medical treatment are covered as outpatient care when you get them from a physician, audiologist, or other qualified provider.	Cost sharing for Medicare-covered services applies toward the annual out-of-pocket maximum. **In-Network** **$40 copayment** for each Medicare-covered hearing exam. **Out-of-Network** **$75 copayment** for each Medicare-covered hearing exam

Covered Service	What you pay
Hearing services – extra benefits* We also cover hearing services not covered by Original Medicare. We cover: • Hearing aids, up to one per ear each calendar year. Choose from a wide selection of quality, brand name hearing aids. A hearing exam is required to purchase a hearing aid and must be scheduled through our approved vendor, TruHearing®. A hearing aid fitting is included with purchase of a hearing aid. Hearing aids are only covered when purchased through the plan's approved vendor, TruHearing. • One non-Medicare covered routine hearing exam per calendar year is covered. To learn more about how to use your hearing aid and routine hearing exam benefits, visit networkhealth.com/medicare/extra-benefits. **Note:** Our provider network for hearing aids and routine hearing exams is different than our provider network for medical hearing services. For more information and to find a provider, visit networkhealth.com/medicare/extra-benefits. If you choose to use an out-of-network provider for your routine hearing exam, the plan will pay up to the maximum in-network provider fee schedule. You will be responsible for any difference between the maximum fee schedule and the amount charged by your provider.	**In-Network** **$495 to $1,695 copayment** per hearing aid through our approved vendor, TruHearing. **$0 copayment** for each non-Medicare covered routine hearing exam. **Out-of-Network** Hearing aid discount is only available through our approved vendor, TruHearing. **$40 copayment** for a non-Medicare covered routine hearing exam.*

* Your cost for hearing aids and non-Medicare covered routine hearing exam does not apply toward the annual out-of-pocket maximum.

Covered Service	What you pay
Help with Certain Chronic Conditions • Acupuncture o Up to 12 visits per year are covered for members who are undergoing chemotherapy and experiencing severe nausea. • Transportation o Up to 24 one-way trips per year for members diagnosed with End-Stage Renal Disease to get to and from dialysis for treatment. Contact Aryv to schedule/cancel your ride at 855-923-1113 (TTY 711) or visit aryv.com/network-health. To cancel your ride, please do so during business hours no less than 24 hours in advance of your scheduled ride. **Note:** This is a Special Supplemental Benefit for the Chronically Ill (SSBCI) benefit. In addition to an eligible chronic condition, members must also meet additional eligibility requirements to receive the SSBCI benefit.	**In-Network** **$0 copayment** for each acupuncture treatment. **$0 copayment** for each one-way transportation for dialysis treatment. **Out-of-Network** **$0 copayment** for each acupuncture treatment
HIV screening For people who ask for an HIV screening test or are at increased risk for HIV infection, we cover: • One screening exam every 12 months If you're pregnant, we cover: • Up to three screening exams during a pregnancy	Cost sharing for covered services applies toward the annual out-of-pocket maximum. **In-Network** There's no coinsurance, copayment or deductible for members eligible for Medicare-covered preventive HIV screening. **Out-of-Network** **$15 copayment** for members eligible for Medicare-covered preventive HIV screening.

Covered Service	What you pay
Home health agency care Before you get home health services, a doctor must certify that you need home health services and will order home health services to be provided by a home health agency. You must be homebound, which means leaving home is a major effort. Covered services include, but aren't limited to: • Part-time or intermittent skilled nursing and home health aide services (to be covered under the home health care benefit, your skilled nursing and home health aide services combined must total fewer than eight hours per day and 35 hours per week). • Physical therapy, occupational therapy and speech therapy o Physical, occupational and speech therapy services provided by an outpatient provider while you are receiving any home care services are not covered unless the home care agency agrees to cover the cost of the outpatient therapies. • Medical and social services • Medical equipment and supplies	Cost sharing for covered services applies toward the annual out-of-pocket maximum. **In-Network** **$0 copayment** for Medicare-covered home health visit. **Out-of-Network** **$15 copayment** for Medicare-covered home health visit.
Home infusion therapy Home infusion therapy involves the intravenous or subcutaneous administration of drugs or biologicals to a person at home. The components needed to perform home infusion include the drug (for example, antivirals, immune globulin), equipment (for example, a pump) and supplies (for example, tubing and catheters). Covered services include, but aren't limited to: • Professional services, including nursing services, furnished in accordance with the plan of care • Patient training and education not otherwise covered under the durable medical equipment benefit • Remote monitoring • Monitoring services for the provision of home infusion therapy and home infusion drugs furnished by a qualified home infusion therapy supplier **Note:** If additional services are performed and the cost sharing for those services is not listed here, they will be subject to the cost sharing described elsewhere in this chart.	**In-Network** *In-Network services may require that your provider get prior authorization (approval in advance). Please have your provider contact the plan for more details.* **$0 copayment** for Medicare-covered home health visit. **20% of the allowed amount** for each Medicare-covered Part B home infusion drug. **0% of the allowed amount** for each Medicare-covered durable medical service or item for home infusion therapy. **Out-of-Network** **$15 copayment** for Medicare-covered home health visit. **50% of the allowed amount** for each Medicare-covered Part B home infusion drug.

Covered Service	What you pay
	25% of the allowed amount for each Medicare-covered durable medical service or item for home infusion therapy.
Hospice care You're eligible for the hospice benefit when your doctor and the hospice medical director have given you a terminal prognosis certifying that you're terminally ill and have six months or less to live if your illness runs its normal course. You can get care from any Medicare-certified hospice program. Our plan is obligated to help you find Medicare-certified hospice programs in our plan's service area, including programs we own, control, or have a financial interest in. Your hospice doctor can be a network provider or an out-of-network provider. Covered services include: • Drugs for symptom control and pain relief • Short-term respite care • Home care When you're admitted to a hospice, you have the right to stay in our plan; if you stay in our plan you must continue to pay plan premiums. **For hospice services and services covered by Medicare Part A or B that are related to your terminal prognosis:** Original Medicare (rather than our plan) will pay your hospice provider for your hospice services and any Part A and Part B services related to your terminal prognosis. While you're in the hospice program, your hospice provider will bill Original Medicare for the services Original Medicare pays for. You'll be billed Original Medicare cost sharing. **For services covered by Medicare Part A or B not related to your terminal prognosis:** If you need non-emergency, non-urgently needed services covered under Medicare Part A or B that aren't related to your terminal prognosis, your cost for these services depends on whether you use a provider in our plan's network and follow plan rules (like if there's a requirement to get prior authorization). • If you get the covered services from an in-network provider and follow plan rules for getting services, you pay our plan cost-sharing amount for in-network services. • If you get the covered services from an out-of-network provider, you pay the cost sharing for out-of-network services.	When you enroll in a Medicare-certified hospice program, your hospice services and your Part A and Part B services related to your terminal prognosis are paid for by Original Medicare, not Network Health Bravo. **In- and Out-of-Network** **$0 copayment** for hospice consultation.

Covered Service	What you pay
For services covered by Network Health Bravo but not covered by Medicare Part A or B: Network Health Bravo will continue to cover plan-covered services that aren't covered under Part A or B whether or not they're related to your terminal prognosis. You pay our plan cost-sharing amount for these services. **Note:** If you need non-hospice care (care that's not related to your terminal prognosis), contact us to arrange the services. Getting your non-hospice care through our in-network providers will lower your share of the costs for the services. Our plan covers hospice consultation services (one time only) for a terminally ill person who hasn't elected the hospice benefit.	
* Your cost sharing for services covered by Original Medicare do not apply toward the annual out-of-pocket maximum.	
Immunizations Covered Medicare Part B services include: • Pneumonia vaccines • Flu/influenza shots (or vaccines), once each flu/influenza season in the fall and winter, with additional flu/influenza shots (or vaccines) if medically necessary • *Hepatitis B vaccines if you're at high or intermediate risk of getting Hepatitis B* • COVID-19 vaccines • Other vaccines if you're at risk and they meet Medicare Part B coverage rules such as tetanus, or tetanus, diphtheria and pertussis or tetanus and diphtheria - when related to the **treatment of an injury** or **direct exposure** to a disease or condition. Immunizations are generally covered under Medicare Part B if they are being administered for medical treatment or in relation to an injury. **Note:** Vaccines for shingles, such as Shingrix® and tetanus/diphtheria/pertussis prevention and travel are not covered under this plan.	Cost sharing for covered services applies toward the annual out-of-pocket maximum. **In-Network** There's no coinsurance, copayment or deductible for the pneumonia, flu/influenza and COVID-19 vaccines. **$0 copayment** for *Hepatitis B* and all other Medicare Part B covered immunizations. **Out-of-Network** There is no coinsurance, copayment or deductible for the pneumonia, flu/influenza and COVID-19 vaccines. **$15 copayment** for *Hepatitis B* and all other Medicare Part B covered immunizations.
Inpatient hospital care Includes inpatient acute, inpatient rehabilitation, long-term care hospitals and other types of inpatient hospital services. Inpatient hospital care starts the day you're formally admitted to the hospital with a doctor's order. The day before you're discharged is your last inpatient day.	Cost sharing for covered services applies toward the annual out-of-pocket maximum. **Per admission you pay** **In-Network**

Covered Service	What you pay
Covered services include but aren't limited to: • Semi-private room (or a private room if medically necessary) • Meals including special diets • Regular nursing services • Costs of special care units (such as intensive care or coronary care units) • Drugs and medications • Lab tests • X-rays and other radiology services • Necessary surgical and medical supplies • Use of appliances, such as wheelchairs • Operating and recovery room costs • Physical, occupational and speech language therapy • Inpatient substance abuse services • Under certain conditions, the following types of transplants are covered: corneal, kidney, kidney-pancreatic, heart, liver, lung, heart/lung, bone marrow, stem cell and intestinal/multivisceral. If you need a transplant, we'll arrange to have your case reviewed by a Medicare-approved transplant center that will decide whether you're a candidate for a transplant. Transplant providers may be local or outside of the service area. If our in-network transplant services are outside the community pattern of care, you may choose to go locally as long as the local transplant providers are willing to accept the Original Medicare rate. If Network Health Bravo provides transplant services at a location outside the pattern of care for transplants in your community and you choose to get transplants at this distant location, we'll arrange or pay for appropriate lodging and transportation costs for you and a companion. Facilities located within the Network Health Bravo service area and in the Madison or Milwaukee metropolitan areas are considered within the normal community patterns of care. Indiana University Health is also considered in the normal community patterns of care for intestinal transplants only. Transportation and lodging are covered up to $5,000 each plan year. • Only travel and lodging expenses incurred during the period that begins with the first date of service for the transplant and ending 180 days after the transplant are covered. • Lodging reimbursement is limited to the United States General Services Administration per diem rate. • Mileage reimbursement is limited to the Internal Revenue Service medical rate.	*All In-Network hospital inpatient services, including medical, surgical, behavioral health and rehabilitation require that your provider notify us in advance (prior approval). Please have your provider contact the plan for more details.* **$295 copayment** per day for days 1-6 of a Medicare-covered inpatient hospital stay. **$0 copayment** per day for all other days of a Medicare-covered inpatient hospital stay. There is no limit to the number of days covered. **Out-of-Network** **$550 copayment** per day for days 1-6 of a Medicare-covered inpatient hospital stay. **$0 copayment** per day for all other days of a Medicare-covered inpatient hospital stay. There is no limit to the number of days covered. If you get inpatient care at an out-of-network hospital after your emergency condition is stabilized, your cost is the cost-sharing you would pay at an in-network hospital. Please refer to Chapter 3, Section 3 for additional information.

Covered Service	What you pay
• Only the following types of travel expenses are reimbursable: auto mileage, economy class airfare, train fare, parking, tolls and shuttle/bus fare. **Note:** Only the cost of transportation between the member's residence located in the Network Health Bravo service area to the designated transplant facility and between the lodging facility and transplant facility is reimbursable. You will be reimbursed for traveling and lodging only if all these criteria are met: o You submit all necessary documentation (such as receipts, lodging verifications, etc.) to this address: Network Health Medicare Advantage Plans PO Box 120 1570 Midway Pl. Menasha, WI 54952 o You receive services outside the community pattern of care. Which excludes facilities located within the service area, Madison or Milwaukee metropolitan area. For intestinal transplants, Indiana University Health is considered in the normal community patterns of care. • Blood - including storage and administration. Coverage of whole blood and packed red cells starts only with the fourth pint of blood you need. You must either pay the costs for the first three pints of blood you get in a calendar year or have the blood donated by you or someone else. All other components of blood are covered starting with the first pint. • Physician services **Note**: Over-the-counter (OTC) medications that you receive in an inpatient setting are not covered. **Note:** To be inpatient, your provider must write an order to admit you formally as an inpatient of the hospital. Even if you stay in the hospital overnight, you might still be considered an outpatient. If you're not sure if you're an inpatient or an outpatient, ask the hospital staff. Get more information in the Medicare fact sheet *Medicare Hospital Benefits*. This fact sheet is available at www.Medicare.gov/publications/11435-Medicare-Hospital-Benefits.pdf or by calling 1-800-MEDICARE (1-800-633-4227). TTY users call 1-877-486-2048.	

Covered Service	What you pay
Inpatient services in a psychiatric hospital Covered services include mental health care services that require a hospital stay. You get up to 190 days in an inpatient psychiatric hospital in a lifetime. The 190-day limit doesn't apply to the mental health services provided in a psychiatric unit of a general hospital.	Cost sharing for covered services applies toward the annual out-of-pocket maximum. **Per admission you pay** **In- and Out-of-Network** *Except in an emergency, your doctor must tell the plan you are going to be admitted to the hospital.* *In-Network services may require that your provider get prior authorization (approval in advance). Please have your provider contact the plan for more details.* **$395 copayment** per day for days 1-4 of a Medicare-covered inpatient psychiatric stay. **$0 copayment** per day for days 5–90 of a Medicare-covered inpatient psychiatric stay, including lifetime reserve days. Lifetime reserve days can only be used once.
Inpatient stay: Covered services you get in a hospital or skilled nursing facility during a non-covered inpatient stay If you've used up your inpatient benefits or if the inpatient stay isn't reasonable and necessary, we won't cover your inpatient stay. In some cases, we'll cover certain services you get while you're in the hospital or the skilled nursing facility (SNF). Covered services include, but aren't limited to: • Physician services • Diagnostic tests (like lab tests) • X-ray, radium and isotope therapy including technician materials and services • Surgical dressings • Splints, casts, and other devices used to reduce fractures and dislocations	Cost sharing for covered services applies toward the annual out-of-pocket maximum. **In-Network** *In-Network services may require that your provider get prior authorization (approval in advance). Please have your provider contact the plan for more details.* **$0 copayment** for each Medicare-covered PCP visit.

Covered Service	What you pay
• Prosthetics and orthotics devices (other than dental) that replace all or part of an internal body organ (including contiguous tissue), or all or part of the function of a permanently inoperative or malfunctioning internal body organ, including replacement or repairs of such devices • Leg, arm, back and neck braces; trusses and artificial legs, arms and eyes including adjustments, repairs and replacements required because of breakage, wear, loss, or a change in the patient's physical condition • Physical therapy, speech therapy and occupational therapy	**$40 copayment** for each Medicare-covered specialist visit. **$0 copayment** for each Medicare-covered HbA1c test, blood glucose test, urinalysis or routine venipuncture (blood draw). **$20 copayment** for each Medicare-covered diagnostic procedure, test and/or lab service. **$20 copayment** for each Medicare-covered ultrasound, EKG, EEG, echocardiogram or stress test. **$35 copayment** for each Medicare-covered X-ray service. **20% of the allowed amount** for each Medicare-covered radiation therapy service. **$200 copayment** for each Medicare-covered diagnostic radiology, PET, CAT, MRI, MRA, or NUC service. **20% of the allowed amount** for each Medicare-covered prosthetic, orthotic device or durable medical equipment. **$30 copayment** for each Medicare-covered physical therapy, speech therapy or occupational visit. **Out-of-Network** **$30 copayment** for each Medicare-covered PCP visit. **$75 copayment** for each Medicare-covered specialist visit. **$30 copayment** for each Medicare-covered HbA1c test, blood glucose test, urinalysis or routine venipuncture (blood draw).

Covered Service	What you pay
	$30 copayment for each Medicare-covered diagnostic procedure, test and/or lab service. **$50 copayment** for each Medicare-covered ultrasound, EKG, EEG, echocardiogram or stress test. **$40 copayment** for each Medicare-covered X-ray service. **25% of the allowed amount** for each Medicare-covered radiation therapy service. **$250 copayment** for each Medicare-covered diagnostic radiology, PET, CAT, MRI, MRA or NUC service. **25% of the allowed amount** for each Medicare-covered prosthetic, orthotic device or durable medical equipment. **$75 copayment** for each Medicare-covered physical therapy, speech therapy or occupational visit.
Medical nutrition therapy This benefit is for people with diabetes, renal (kidney) disease (but not on dialysis), or after a kidney transplant when ordered by your doctor. We cover three hours of one-on-one counseling services during the first year you get medical nutrition therapy services under Medicare (this includes our plan, any other Medicare Advantage plan, or Original Medicare) and two hours each year after that. If your condition, treatment, or diagnosis changes, you may be able to get more hours of treatment with a physician's order. A physician must prescribe these services and renew their order yearly if your treatment is needed into the next calendar year.	Cost sharing for covered services applies toward the annual out-of-pocket maximum **In-Network** There's no coinsurance, copayment or deductible for members eligible for Medicare-covered medical nutrition therapy services. **Out-of-Network** **$15 copayment** for members eligible for Medicare-covered medical nutrition therapy services.

Covered Service	What you pay
Medicare Diabetes Prevention Program (MDPP) **MDPP services are covered for eligible people under all Medicare health plans.** MDPP is a structured health behavior change intervention that provides practical training in long-term dietary change, increased physical activity and problem-solving strategies for overcoming challenges to sustaining weight loss and a healthy lifestyle.	Cost sharing for covered services applies toward the annual out-of-pocket maximum. **In-Network** There's no coinsurance, copayment or deductible for the MDPP benefit. **Out-of-Network** **$15 copayment** for members eligible for the MDPP benefit.
Medicare Part B drugs **These drugs are covered under Part B of Original Medicare. Members of our plan get coverage for these drugs through our plan. Covered drugs include:** • Drugs that usually aren't self-administered by the patient and are injected or infused while you get physician, hospital outpatient, or ambulatory surgical center services • Insulin furnished through an item of durable medical equipment (such as a medically necessary traditional insulin pump that uses tubing, like Medtronic and Tandem) is covered under Medicare Part B. Insulin furnished through a tubeless insulin pump, such as Omnipod, is covered under the Part D drug benefit. This plan does not have Part D drug benefit coverage • Other drugs you take using durable medical equipment (such as nebulizers) that were authorized by our plan • The Alzheimer's drug, Leqembi®, (generic name lecanemab), which is administered intravenously. In addition to medication costs, you may need additional scans and tests before and/or during treatment that could add to your overall costs. Talk to your doctor about what scans and tests you may need as part of your treatment • Clotting factors you give yourself by injection if you have hemophilia • Transplant/immunosuppressive drugs: Medicare covers transplant drug therapy if Medicare paid for your organ transplant. You must have Part A at the time of the covered transplant, and you must have Part B at the time you get immunosuppressive drugs • Injectable osteoporosis drugs, if you're homebound, have a bone fracture that a doctor certifies was related to post-menopausal osteoporosis, and can't self-administer the drug	Cost sharing for covered services applies toward the annual out-of-pocket maximum. Most drugs are not covered under Part B. Brand Medicare Part B medications with a generic available may not be covered. Certain Part B drugs may require step therapy. In addition to the Part B drug cost-sharing amount, you may also pay the cost-sharing amount that applies to primary care provider services, specialist services or outpatient hospital services, depending on where the Part B drug is administered. **In-Network** *Medicare Part B and Part B chemotherapy medications given in an In-Network physician's office require that your provider get prior authorization (approval in advance). Please have your provider contact the plan for more details.* **20% of the allowed amount** for each Medicare-covered Part B and chemotherapy drug. Part B rebatable drugs will not exceed

Covered Service	What you pay
• Some antigens: Medicare covers antigens if a doctor prepares them and a properly instructed person (who could be you, the patient) gives them under appropriate supervision • Certain oral anti-cancer drugs: Medicare covers some oral cancer drugs you take by mouth if the same drug is available in injectable form or the drug is a prodrug (an oral form of a drug that, when ingested, breaks down into the same active ingredient found in the injectable drug) of the injectable drug • Oral anti-nausea drugs: Medicare covers oral anti-nausea drugs you use as part of an anti-cancer chemotherapeutic regimen if they're administered before, at, or within 48 hours of chemotherapy or are used as a full therapeutic replacement for an intravenous anti-nausea drug • Certain oral End-Stage Renal Disease (ESRD) drugs covered under Medicare Part B • Calcimimetic and phosphate binder medications under the ESRD payment system, including the intravenous medication Parsabiv® and the oral medication Sensipar® • Certain drugs for home dialysis, including heparin, the antidote for heparin when medically necessary and topical anesthetics • Erythropoiesis-stimulating agents: Medicare covers erythropoietin by injection if you have End-Stage Renal Disease (ESRD) or you need this drug to treat anemia related to certain other conditions (such as Epogen®, Procrit®, Retacrit®, Epoetin Alfa, Aranesp®, Darbepoetin Alfa, Mircera®, or Methoxy polyethylene glycol-epoetin beta) • Intravenous Immune Globulin for the home treatment of primary immune deficiency diseases • Parenteral and enteral nutrition (intravenous and tube feeding) • Certain Part B drugs are subject to step therapy. These categories are: Alpha-1 Proteinase Inhibitor, Bevacizumab, Botulinum Toxins, Colony Stimulating Factors-filgrastims, Colony Stimulating Factors-pegfilgrastims, Erythroid Stimulating Agents, Immunologicals, Inflammatory Conditions, Inflammatory Conditions-Infliximab Products, Inflammatory Conditions-Tocilizumab Products, Inflammatory Conditions-Ustekinumab Products, IV Iron Replacement Products, Enzyme Replacement Products, Migraines, Neurology-Eculizumab Products, Ophthalmic VEGF Products, Paroxysmal Nocturnal Hemoglobinuria, Rituximab Products, and Trastuzumab Products. The categories are subject to change throughout the year. Use the following link to take you to a list of the most recent Part B drugs that may be subject to step therapy: networkhealth.com/medicare/pharmacy-information.	the coinsurance amount of the original Medicare adjusted coinsurance for the Part B rebatable drug. Insulin cost sharing is the lesser of 20% or $35 per one-month supply. **Out-of-Network** **50% of the allowed amount** for each Medicare-covered Part B and chemotherapy drug Part B rebatable drugs will not exceed the coinsurance amount of the original Medicare adjusted coinsurance for the Part B rebatable drug.

Covered Service	What you pay
We also cover some vaccines under our Part B drug benefit.	
Obesity screening and therapy to promote sustained weight loss If you have a body mass index of 30 or more, we cover intensive counseling to help you lose weight. This counseling is covered if you get it in a primary care setting, where it can be coordinated with your comprehensive prevention plan. Talk to your primary care doctor or practitioner to find out more.	**In-Network** There's no coinsurance, copayment or deductible for preventive obesity screening and therapy. **Out-of-Network** **$15 copayment** for preventive obesity screening and therapy.
Opioid treatment program services Members of our plan with opioid use disorder (OUD) can get coverage of services to treat OUD through an Opioid Treatment Program (OTP) which includes the following services: • U.S. Food and Drug Administration (FDA)-approved opioid agonist and antagonist medication-assisted treatment (MAT) medications • Dispensing and administration of MAT medications (if applicable) • Substance use counseling • Individual and group therapy • Toxicology testing • Intake activities • Periodic assessments	Cost sharing for covered services applies toward the annual out-of-pocket maximum. **In- and Out-of-Network** **$20 copayment** for each Medicare-covered opioid treatment program services
Outpatient diagnostic tests and therapeutic services and supplies Covered services include, but aren't limited to: • X-rays • Radiation (radium and isotope) therapy including technician materials and supplies • Surgical supplies, such as dressings • Splints, casts, and other devices used to reduce fractures and dislocations • Laboratory tests • Blood - including storage and administration. Coverage of whole blood and packed red cells begins only with the fourth pint of blood that you need - you must either pay the costs for the first three pints of blood you get in a calendar year or have the blood donated by you or someone else. All other components of blood are covered beginning with the first pint used	Cost sharing for covered services applies toward the annual out-of-pocket maximum. **In-Network** *In-Network services may require that your provider get prior authorization (approval in advance). Please have your provider contact the plan for more details.* **$0 copayment** for each Medicare-covered HbA1c test, blood glucose test, urinalysis or routine venipuncture (blood draw).

Covered Service	What you pay
• Diagnostic non-laboratory tests such as CT scans, MRIs, EKGs, and PET scans when your doctor or other health care provider orders them to treat a medical problem • Diagnostic mammograms • Other outpatient diagnostic tests	**$20 copayment** for each Medicare-covered diagnostic procedure, test and/or lab service. **$20 copayment** for each Medicare-covered ultrasound, EKG, EEG, echocardiogram or stress test. **$35 copayment** for each Medicare-covered X-ray or diagnostic mammogram service. **20% of the allowed amount** for each Medicare-covered radiation therapy service. **$200 copayment** for each Medicare-covered diagnostic radiology MRI, MRA, PET, CAT or NUC service **Out-of-Network** **$30 copayment** for each Medicare-covered HbA1c test, blood glucose test, urinalysis or routine venipuncture (blood draw). **$30 copayment** for each Medicare-covered diagnostic procedure, test and/or lab service. **$50 copayment** for each Medicare-covered ultrasound, EKG, EEG, echocardiogram or stress test. **$40 copayment** for each Medicare-covered X-ray or diagnostic mammogram service. **25% of the allowed amount** for each Medicare-covered radiation therapy service. **$250 copayment** for each Medicare-covered diagnostic radiology MRI, MRA, PET, CAT or NUC service.

Covered Service	What you pay
Outpatient hospital observation Observation services are hospital outpatient services given to determine if you need to be admitted as an inpatient or can be discharged. For outpatient hospital observation services to be covered, they must meet Medicare criteria and be considered reasonable and necessary. Observation services are covered only when provided by the order of a physician or another individual authorized by state licensure law and hospital staff bylaws to admit patients to the hospital or order outpatient tests. **Note:** Unless the provider has written an order to admit you as an inpatient to the hospital, you're an outpatient and pay the cost-sharing amounts for outpatient hospital services. Even if you stay in the hospital overnight, you might still be considered an outpatient. If you aren't sure if you're an outpatient, ask the hospital staff. **Note**: Medicare Part B generally doesn't pay for self-administered drugs (SADs) or over-the-counter (OTC) medications that you receive in an outpatient setting. Get more information in the Medicare fact sheet called *Medicare Hospital Benefits.* This fact sheet is available at www.Medicare.gov/publications/11435-Medicare-Hospital-Benefits.pdf or by calling 1-800-MEDICARE (1-800-633-4227). TTY users call 1-877-486-2048.	Cost sharing for covered services applies toward the annual out-of-pocket maximum. **In-Network** **$275 copayment** for each Medicare-covered outpatient hospital observation service. **Out-of-Network** **$450 copayment** for each Medicare-covered outpatient hospital observation service.
Outpatient hospital services We cover medically necessary services you get in the outpatient department of a hospital for diagnosis or treatment of an illness or injury. Covered services include, but aren't limited to: • Services in an emergency department or outpatient clinic, such as observation services or outpatient surgery • Laboratory and diagnostic tests billed by the hospital • Mental health care, including care in a partial-hospitalization program, if a doctor certifies that inpatient treatment would be required without it • X-rays and other radiology services billed by the hospital • Medical supplies such as splints and casts • Certain drugs and biologicals that you can't give yourself **Note**: Medicare Part B generally doesn't pay for self-administered drugs (SADs) or over-the-counter (OTC) medications that you receive in an outpatient setting.	Cost sharing for covered services applies toward the annual out-of-pocket maximum. **In-Network** *In-Network services including some outpatient surgeries may require that your provider get prior authorization (approval in advance). Please have your provider contact the plan for more details.* **$0 copayment** for each Medicare-covered HbA1c test, blood glucose test, urinalysis or routine venipuncture (blood draw). **$20 copayment** for each Medicare-covered diagnostic procedure, test and/or lab service.

Covered Service	What you pay
Note: Unless the provider has written an order to admit you as an inpatient to the hospital, you're an outpatient and pay the cost-sharing amounts for outpatient hospital services. Even if you stay in the hospital overnight, you might still be considered an outpatient. If you aren't sure if you're an outpatient, ask the hospital staff.	**$20 copayment** for each Medicare-covered ultrasound, EKG, EEG, echocardiogram or stress test. **$35 copayment** for each Medicare-covered X-ray or diagnostic mammogram service. **20% of the allowed amount** for each Medicare-covered radiation therapy service. **$200 copayment** for each Medicare-covered diagnostic radiology MRI, MRA, PET, CAT or NUC service. **20% of the allowed amount** for each Medicare-covered Part B and chemotherapy drug. **$40 copayment** for each Medicare-covered partial hospitalization service. **$275 copayment** for each Medicare-covered outpatient hospital visit. **Out-of-Network** **$30 copayment** for each Medicare-covered HbA1c test, blood glucose test, urinalysis or routine venipuncture (blood draw). **$30 copayment** for each Medicare-covered diagnostic procedure, test and/or lab service. **$50 copayment** for each Medicare-covered ultrasound, EKG, EEG, echocardiogram or stress test. **$40 copayment** for each Medicare-covered X-ray or diagnostic mammogram service

Covered Service	What you pay
	25% of the allowed amount for each Medicare-covered radiation therapy service **$250 copayment** for each Medicare-covered diagnostic radiology MRI, MRA, PET, CAT or NUC service. **50% of the allowed amount** for each Medicare-covered Part B and chemotherapy drug **$75 copayment** for each Medicare-covered partial hospitalization service **$450 copayment** for each Medicare-covered outpatient hospital visit.
Outpatient mental health care Covered services include: Mental health services provided by a state-licensed psychiatrist or doctor, clinical psychologist, clinical social worker, clinical nurse specialist, licensed professional counselor (LPC), licensed marriage and family therapist (LMFT), nurse practitioner (NP), physician assistant (PA), or other Medicare-qualified mental health care professional as allowed under applicable state laws.	Cost sharing for covered services applies toward the annual out-of-pocket maximum. **In- and Out-of-Network** **$20 copayment** for each Medicare-covered outpatient mental health individual or group therapy visit.
Outpatient rehabilitation services Covered services include physical therapy, occupational therapy and speech language therapy. Outpatient rehabilitation services are provided in various outpatient settings, such as hospital outpatient departments, independent therapist offices and Comprehensive Outpatient Rehabilitation Facilities (CORFs).	Cost sharing for covered services applies toward the annual out-of-pocket maximum. **In-Network** *In-Network services may require that your provider get prior authorization (approval in advance). Please have your provider contact the plan for more details.* **$30 copayment** for each Medicare-covered occupational therapy visit

Covered Service	What you pay
	$30 copayment for each Medicare-covered physical therapy and speech and language therapy visit. **Out-of-Network** **$75 copayment** for each Medicare-covered occupational therapy visit. **$75 copayment** for each Medicare-covered physical therapy and speech and language therapy visit.
Outpatient substance use disorder services Outpatient mental health care - Medicare covers mental health services on an outpatient basis by either a doctor, clinical psychologist, clinical social worker, clinical nurse specialist or physician assistant in an office setting, clinic or hospital outpatient department. Medicare covers substance abuse treatment in an outpatient treatment center if the center has agreed to participate in the Medicare program.	Cost sharing for covered services apply toward the annual out-of-pocket maximum. You pay 100% for third party requests or required (i.e. employment, foster grandparent, or court ordered) physicals, exams and related services. **In- and Out-of-Network** **$20 copayment** for each Medicare-covered individual or group therapy substance abuse visit.
Outpatient surgery, including services provided at hospital outpatient facilities and ambulatory surgical centers **Note:** If you're having surgery in a hospital facility, you should check with your provider about whether you'll be an inpatient or outpatient. Unless the provider writes an order to admit you as an inpatient to the hospital, you're an outpatient and pay the cost-sharing amounts for outpatient surgery. Even if you stay in the hospital overnight, you might still be considered an outpatient. **Note:** Medicare Part B generally doesn't pay for self-administered drugs (SADs) or over-the-counter (OTC) medications that you receive in an outpatient setting.	Cost sharing for covered services applies toward the annual out-of-pocket maximum. **In-Network** *In-Network services may require that your provider get prior authorization (approval in advance). Please have your provider contact the plan for more details.* **$275 copayment** for each Medicare-covered outpatient hospital visit.

Covered Service	What you pay
	$225 copayment for each Medicare-covered ambulatory surgical center visit. **Out-of-Network** **$450 copayment** for each Medicare-covered outpatient hospital visit. **$450 copayment** for each Medicare-covered ambulatory surgical center visit.
Over-the-counter (OTC) catalog* Our plan offers a $100 quarterly allowance, that can be used to purchase qualified over-the-counter (OTC) items from our mail order service. Each $100 quarterly benefit will be available January 1 – March 31, April 1 – June 30, July 1 – September 30 and October 1 – December 31. Unused funds will expire after each quarter. You may place up to two orders per quarter. We don't reimburse OTC items purchased from retail stores or other mail order services. OTC services are administered by Convey, Inc. For more information on how to use your $100 quarterly allowance, visit networkhealth.com/medicare/extra-benefits or log into the member portal at login.networkhealth.com.	**In-Network** **0% of the allowed amount** of qualified OTC items, up to the **$100** quarterly maximum. **Out-of-Network** OTC items must be ordered from the plan's approved service. We do not reimburse for OTC items purchased from retail stores or other mail order services.

*Your cost for non-Medicare covered services does not apply toward the annual out-of-pocket maximum.

Covered Service	What you pay
Partial hospitalization services and intensive outpatient services *Partial hospitalization* is a structured program of active psychiatric treatment provided as a hospital outpatient service, or by a community mental health center, that's more intense than care you get in your doctor's, therapist's, licensed marriage and family therapist's (LMFT), or licensed professional counselor's office and is an alternative to inpatient hospitalization. *Intensive outpatient service* is a structured program of active behavioral (mental) health therapy treatment provided in a hospital outpatient department, a community mental health center, a federally qualified health center, or a rural health clinic that's more intense than care you get in your doctor's, therapist's, licensed marriage and family	Cost sharing for covered services apply toward the annual out-of-pocket maximum. **In-Network** **$40 copayment** for each Medicare-covered partial hospitalization or intensive outpatient service. **Out-of-Network** **$75 copayment** for each Medicare-covered partial

Covered Service	What you pay
therapist's (LMFT), or licensed professional counselor's office but less intense than partial hospitalization.	hospitalization or intensive outpatient service.

Covered Service	What you pay
Physician/Practitioner services, including doctor's office visits Covered services include: • Medically necessary medical care or surgery services you get in a physician's office, certified ambulatory surgical center, hospital outpatient department, or any other location • Consultation, diagnosis and treatment by a specialist • Palliative care services • Basic hearing and balance exams performed by your PCP *or* specialist, if your doctor orders it to see if you need medical treatment • Certain telehealth services, including: PCP office visit, specialist office visit and outpatient mental health individual or group therapy. o You have the option of getting these services through an in-person visit or by telehealth. Both the in-person and telehealth visit are subject to a copayment, which is based on the type of visit. If you choose to get one of these services by telehealth, you must use a provider who offers the service by telehealth o These services are available by phone, smartphone, tablet and/or computer. Please check with your provider for which device is needed and if other devices are required. o Telehealth services (excluding behavioral health and dermatology) received from our partner, MDLIVE, have a $0 copayment. • Telehealth services for monthly end-stage renal disease-related visits for home dialysis members in a hospital-based or critical access hospital-based renal dialysis center, renal dialysis facility, or the member's home • Telehealth services to diagnose, evaluate, or treat symptoms of a stroke regardless of your location • Telehealth services for members with a substance use disorder or co-occurring mental health disorder, regardless of their location • Telehealth services for diagnosis, evaluation and treatment of mental health disorders if: o You have an in-person visit within six months prior to your first telehealth visit o You have an in-person visit every 12 months while receiving these telehealth services o Exceptions can be made to the above for certain circumstances • Telehealth services for mental health visits provided by Rural Health Clinics and Federally Qualified Health Centers	Cost sharing for covered services apply toward the annual out-of-pocket maximum. **In-Network** **$0 copayment** for each Medicare-covered PCP office or telehealth visit. **$40 copayment** for each Medicare-covered specialist office or telehealth visit. **$40 copayment** for each Medicare-covered hearing exams. **$40 copayment** for each Medicare-covered dental service. **$20 copayment** for each Medicare-covered mental health office or telehealth visit. **0% of the allowed amount** for remote patient monitor set up and ongoing monitoring. **Out-of-Network** **$30 copayment** for each Medicare-covered PCP office or telehealth visit. **$75 copayment** for each Medicare-covered specialist office or telehealth visit. **$75 copayment** for each Medicare-covered hearing exam. **$75 copayment** for each Medicare-covered dental service. **$20 copayment** for each Medicare-covered mental health office or telehealth visit.

Covered Service	What you pay

• Virtual check-ins (for example, by phone or video chat) with your doctor for 5-10 minutes **if**:
  o You're not a new patient **and**
  o The check-in isn't related to an office visit in the past seven days **and**
  o The check-in doesn't lead to an office visit within 24 hours or the soonest available appointment
• Evaluation of video and/or images you send to your doctor, and interpretation and follow-up by your doctor within 24 hours **if**:
  o You're not a new patient **and**
  o The evaluation isn't related to an office visit in the past seven days **and**
  o The evaluation doesn't lead to an office visit within 24 hours or the soonest available appointment
• Consultation your doctor has with other doctors by phone, internet, or electronic health record
• Second opinion prior to surgery
• Non-routine dental care (covered services are limited to surgery of the jaw or related structures, setting fractures of the jaw or facial bones, extraction of teeth to prepare the jaw for radiation treatments of neoplastic cancer disease, or services that would be covered when provided by a physician)
• Initial and ongoing remote patient monitoring in an in-network setting or prescribed by an in-network PCP
Note: If you get Practitioner/Provider services through telehealth from your provider, you'll pay the same amount as if you visited the provider in-person.	

Podiatry services Covered services include: • Diagnosis and the medical or surgical treatment of injuries and diseases of the feet (such as hammer toe or heel spurs) • Routine foot care for members with certain medical conditions affecting the lower limbs • Routine foot care services are considered medically necessary once in 60 days. More frequent services are considered not medically necessary	Cost sharing for covered services applies toward the annual out-of-pocket maximum. You pay 100% for nail trimming unless performed as a qualified diabetic service. **In-Network** **$40 copayment** for each Medicare-covered podiatry visit. **Out-of-Network** **$75 copayment** for each Medicare-covered podiatry visit.

Covered Service	What you pay
Pre-exposure prophylaxis (PrEP) for HIV prevention If you don't have HIV, but your doctor or other health care practitioner determines you're at an increased risk for HIV, we cover pre-exposure prophylaxis (PrEP) medication and related services. If you qualify, covered services include: • FDA-approved oral or injectable PrEP medication. If you're getting an injectable drug, we also cover the fee for injecting the drug. • Up to eight individual counseling sessions (including HIV risk assessment, HIV risk reduction, and medication adherence) every 12 months. • Up to eight HIV screenings every 12 months. A one-time hepatitis B virus screening.	**In-Network** There is no coinsurance, copayment or deductible for the PrEP benefit. **Out-of-Network** **$15 copayment** for members eligible for this preventive benefit.
Prostate cancer screening exams For men aged 50 and older, covered services include the following once every 12 months: • Digital rectal exam • Prostate Specific Antigen (PSA) test	Cost sharing for covered services apply toward the annual out-of-pocket maximum. **In-Network** There's no coinsurance, copayment or deductible for an annual PSA test. **Out-of-Network** **$15 copayment** for members eligible for this preventive benefit.
Prosthetic and orthotic devices and related supplies Devices (other than dental) that replace all or part of a body part or function. These include but aren't limited to testing, fitting, or training in the use of prosthetic and orthotic devices; as well as: colostomy bags and supplies directly related to colostomy care, pacemakers, braces, prosthetic shoes, artificial limbs, and breast prostheses (including a surgical brassiere after a mastectomy). Includes certain supplies related to prosthetic and orthotic devices, and repair and/or replacement of prosthetic and orthotic devices. Also includes some coverage following cataract removal or cataract surgery – go to Vision Care later in this table for more detail.	Cost sharing for covered services applies toward the annual out-of-pocket maximum. **In-Network** *In-Network services may require that your provider get prior authorization (approval in advance). Please have your provider contact the plan for more details.* **20% of the allowed amount** for each Medicare-covered item. **Out-of-Network**

Covered Service	What you pay
	25% of the allowed amount for each Medicare-covered item.
Pulmonary rehabilitation services Comprehensive programs of pulmonary rehabilitation are covered for members who have moderate to very severe chronic obstructive pulmonary disease (COPD) and order for pulmonary rehabilitation from the doctor treating the chronic respiratory disease.	Cost sharing for covered services apply toward the annual out-of-pocket maximum. **In-Network** **$15 copayment** for each Medicare-covered pulmonary rehabilitation service. **Out-of-Network** **$30 copayment** for each Medicare-covered pulmonary rehabilitation service.
Remote access care resources Our plan covers many ways to get care quickly, any time of the day or night. Our programs offer instant access to live health care resources that provide helpful information you can trust. Visit networkhealth.com/wellness/getting-care-quickly to learn more about your resources. **Note:** Services through MDLIVE® (excluding behavioral health and dermatology) have a 0% cost share. Services provided by other practitioners will follow cost sharing that's outlined in this Medical Benefits Chart.	**In- and Out-of-Network** **0% of the allowed amount** for these services.
Screening and counseling to reduce alcohol misuse We cover one alcohol misuse screening for adults (including pregnant women) who misuse alcohol but aren't alcohol dependent. If you screen positive for alcohol misuse, you can get up to four brief face-to-face counseling sessions per year (if you're competent and alert during counseling) provided by a qualified primary care doctor or practitioner in a primary care setting.	Cost sharing for covered services applies toward the annual out-of-pocket maximum. **In-Network** There's no coinsurance, copayment or deductible for the Medicare-covered screening and counseling to reduce alcohol misuse preventive benefit. **Out-of-Network** **$15 copayment** for the Medicare-covered screening and counseling to reduce alcohol misuse preventive benefit.

Covered Service	What you pay
Screening for lung cancer with low dose computed tomography (LDCT) For qualified people, a LDCT is covered every 12 months. **Eligible members are**: people age 50 – 77 who have no signs or symptoms of lung cancer, but who have a history of tobacco smoking of at least 20 pack-years and who currently smoke or have quit smoking within the last 15 years, who get a written order for LDCT during a lung cancer screening counseling and shared decision-making visit that meets the Medicare criteria for such visits and be furnished by a physician or qualified non-physician practitioner. *For LDCT lung cancer screenings after the initial LDCT screening:* the members must get an order for LDCT lung cancer screening, which may be furnished during any appropriate visit with a physician or qualified non-physician practitioner. If a physician or qualified non-physician practitioner elects to provide a lung cancer screening counseling and shared decision-making visit for later lung cancer screenings with LDCT, the visit must meet the Medicare criteria for such visits.	Cost sharing for covered services applies toward the annual out-of-pocket maximum. *In-Network services may require that your provider get prior authorization (approval in advance). Please have your provider contact the plan for more details.* **In-Network** There is no coinsurance, copayment or deductible for the Medicare-covered counseling and shared decision-making visit or for the LDCT. **Out-of-Network** **$15 copayment** for each member eligible for this preventive benefit.

Covered Service	What you pay
Screening for Hepatitis C Virus infection We cover one Hepatitis C screening if your primary care doctor or other qualified health care provider orders one and you meet one of these conditions: • You're at high risk because you use or have used illicit injection drugs. • You had a blood transfusion before 1992. • You were born between 1945-1965. If you were born between 1945-1965 and aren't considered high risk, we pay for a screening once. If you're at high risk (for example, you've continued to use illicit injection drugs since your previous negative Hepatitis C screening test), we cover yearly screenings.	**In-Network** There is no coinsurance, copayment or deductible for the Medicare-covered screening for the Hepatitis C Virus. **Out-of-Network** **$15 copayment** for each member eligible for this preventive benefit.
Screening for sexually transmitted infections (STIs) and counseling to prevent STIs We cover sexually transmitted infection (STI) screenings for chlamydia, gonorrhea, syphilis and Hepatitis B. These screenings are covered for pregnant women and for certain people who are at increased risk for an STI when the tests are ordered by a primary care provider. We cover these tests once every 12 months or at certain times during pregnancy. We also cover up to two individual 20 to 30 minute, face-to-face high-intensity behavioral counseling sessions each year for sexually active adults at increased risk for STIs. We only cover these counseling sessions as a preventive service if they are provided by a primary care provider and take place in a primary care setting, such as a doctor's office.	Cost sharing for covered services applies toward the annual out-of-pocket maximum. **In-Network** There is no coinsurance, copayment or deductible for the Medicare-covered screening for STIs and counseling for STIs preventive benefit. **Out-of-Network** **$15 copayment** for the Medicare-covered screening for STIs and counseling for STIs preventive benefit.
Services to treat kidney disease Covered services include: • Kidney disease education services to teach kidney care and help members make informed decisions about their care. For members with stage IV chronic kidney disease when referred by their doctor, we cover up to six sessions of kidney disease education services per lifetime • Outpatient dialysis treatments (including dialysis treatments when temporarily out of the service area, as explained in Chapter 3, or when your provider for this service is temporarily unavailable or inaccessible)	Cost sharing for covered services apply toward the annual out-of-pocket maximum. **In-Network** *In-Network services may require that your provider get prior authorization (approval in advance). Please have your provider contact the plan for more details.*

Covered Service	What you pay
• Inpatient dialysis treatments (if you're admitted as an inpatient to a hospital for special care) • Self-dialysis training (includes training for you and anyone helping you with your home dialysis treatments) • Home dialysis equipment and supplies • Certain home support services (such as, when necessary, visits by trained dialysis workers to check on your home dialysis, to help in emergencies and check your dialysis equipment and water supply) Certain drugs for dialysis are covered under Medicare Part B. For information about coverage for Part B Drugs, go to **Medicare Part B drugs** in this table.	**$0 copayment** for each Medicare-covered kidney disease education service. **20% of the allowed amount** for each Medicare-covered renal dialysis. **20% of the allowed amount** for each Medicare-covered durable medical service or item. **Out-of-Network** **$0 copayment** for each Medicare-covered kidney disease education service. **25% of the allowed amount** for each Medicare-covered renal dialysis. **25% of the allowed amount** for each Medicare-covered durable medical service or item.
Skilled nursing facility (SNF) care (For a definition of skilled nursing facility care, go to Chapter 10. Skilled nursing facilities are sometimes called SNFs.) We will cover skilled care only if the following is true: • The planned care at the skilled nursing facility meets Medicare's definition of medical necessity. You're covered for up to 100 days (facility transfers are not considered a new admission). Covered services include but aren't limited to: • Semiprivate room (or a private room if medically necessary) • Meals, including special diets • Skilled nursing services • Physical therapy, occupational therapy and speech therapy • Drugs administered to you as part of your plan of care (this includes substances that are naturally present in the body, such as blood clotting factors.) • Blood - including storage and administration. Coverage of whole blood and packed red cells begins only with the fourth pint of blood you need - you must either pay the costs for the first three pints of blood you get in a calendar year or have the blood donated by you or someone else. All other components of blood are covered beginning with the first pint used.	Cost sharing for covered services applies toward the annual out-of-pocket maximum. **Per admission you pay** **In-Network** *All In-Network skilled nursing facility stays including sub-acute and swing bed require that your provider get prior authorization (approval in advance). Please have your provider contact the plan for more details.* **$0 copayment** per day, days 1–20 of a Medicare-covered skilled nursing facility stay. **$218 copayment** per day, days 21–45 of a Medicare-covered skilled nursing facility stay. **$0 copayment** per day, days 46–100 of a Medicare-covered skilled nursing facility stay. **Out-of-Network**

Covered Service	What you pay
• Medical and surgical supplies ordinarily provided by SNFs • Laboratory tests ordinarily provided by SNFs • X-rays and other radiology services ordinarily provided by SNFs • Use of appliances such as wheelchairs ordinarily provided by SNFs • Physician/Practitioner services Generally, you get SNF care from network facilities. Under certain conditions listed below, you may be able to pay in-network cost sharing for a facility that isn't a network provider, if the facility accepts our plan's amounts for payment. • A nursing home or continuing care retirement community where you were living right before you went to the hospital (as long as it provides skilled nursing facility care) • A SNF where your spouse or domestic partner is living at the time you leave the hospital	**$218 copayment** per day, days 1–45 of Medicare-covered skilled nursing facility stay. **$0 copayment** per day, days 46–100 of a Medicare covered skilled nursing facility stay.
Smoking and tobacco use cessation (counseling to stop smoking or tobacco use) Smoking and tobacco use cessation counseling is covered for outpatient and hospitalized patients who meet these criteria: • Use tobacco, regardless of whether they exhibit signs or symptoms of tobacco-related disease • Are competent and alert during counseling • A qualified physician or other Medicare-recognized practitioner provides counseling We cover two cessation attempts per year (each attempt may include a maximum of four intermediate or intensive sessions, with the patient getting up to eight sessions per year.)	Cost sharing for covered services applies toward the annual out-of-pocket maximum. **In-Network** There's no coinsurance, copayment or deductible for the Medicare-covered smoking and tobacco use cessation preventive benefits. **Out-of-Network** **$15 copayment** for the Medicare-covered smoking and tobacco use cessation preventive benefits.
Supervised Exercise Therapy (SET) SET is covered for members who have symptomatic peripheral artery disease (PAD) and a referral for PAD from the physician responsible for PAD treatment. Up to 36 sessions over a 12-week period are covered if the SET program requirements are met. The SET program must:	Cost sharing for covered services apply toward the annual out-of-pocket maximum. **In-Network** **$15 copayment** for each Medicare-covered supervised exercise therapy session. **Out-of-Network**

Covered Service	What you pay
• Consist of sessions lasting 30-60 minutes, comprising a therapeutic exercise-training program for PAD in patients with claudication • Be conducted in a hospital outpatient setting or a physician's office • Be delivered by qualified auxiliary personnel necessary to ensure benefits exceed harms and who are trained in exercise therapy for PAD • Be under the direct supervision of a physician, physician assistant, or nurse practitioner/clinical nurse specialist who must be trained in both basic and advanced life support techniques • SET may be covered beyond 36 sessions over 12 weeks for an additional 36 sessions over an extended period of time if deemed medically necessary by a health care provider.	**$30 copayment** for each Medicare-covered supervised exercise therapy session.
Urgently needed services A plan-covered service requiring immediate medical attention that's not an emergency is an urgently needed service if either you're temporarily outside our plan's service area, or, even if you're inside our plan's service area, it's unreasonable given your time, place, and circumstances to get this service from network providers. Our plan must cover urgently needed services and only charge you in-network cost sharing. Examples of urgently needed services are unforeseen medical illnesses and injuries, or unexpected flare-ups of existing conditions. Medically necessary routine provider visits (like annual checkups) aren't considered urgently needed even if you're outside our plan's service area or our plan network is temporarily unavailable. Cost sharing for necessary urgently needed services furnished out-of-network is the same as for such services furnished in-network. **Note:** It is important whenever you receive care from out-of-network or out-of-state providers that you confirm they accept Medicare assignment. If they do not accept Medicare assignment, they may charge 15 percent more than Medicare-covered charges. You will be responsible for the additional 15 percent cost sharing to the provider. The plan will pay the provider the Medicare-approved amount for charges, minus your applicable cost sharing. **Note:** If you're in the visitor/traveler area, you can stay enrolled in our plan for up to six months. If you don't return to our plan's service area within six months, you'll be disenrolled from our plan.	Cost sharing for covered services **within** the United States and its territories applies toward the annual out-of-pocket maximum. **In-Network** **$0 to $45 copayment** for each Medicare-covered urgently needed care visit within the United States and its territories. **$45 copayment** for each urgently needed visit at a free-standing urgent care facility. Urgently needed visits with a PCP will be performed at a **$0 copayment** and urgently needed visits with a specialist will be performed at a **$40 copayment**. **$130 copayment** per incident for each non-Medicare covered urgently needed care visit outside the United States and its territories. **Out-of Network** **$30 to $75 copayment** for each Medicare-covered urgently needed care visit within the United States and its territories.

Covered Service	What you pay
When receiving urgently needed services **outside the United States and its territories (worldwide coverage)** you will be responsible for $130 per incident. Please note, once you transfer out of the emergency department, Network Health will no longer pay for services, including if you remain inpatient in a hospital. Network Health Bravo will pay the remaining cost per incident up to the maximum $100,000 every year. For example, if you require urgent care services that span two calendar years (December to January) the maximum covered amount is $100,000. Some facilities may bill Network Health directly, and this is the preferred method, using U.S. dollars. Other facilities may require you to pay the full cost of your care, and you will need to ask us to reimburse you for your costs. In this situation, you will be required to provide documents that may include a copy of the bill, proof of payment and English-language medical records (charges should be converted to U.S. dollars) for reimbursement up to the maximum of $100,000. Prescription drugs are not covered.*	**$45 copayment** for each urgently needed visit at a free-standing urgent care facility. Urgently needed visits with a PCP will be performed at a **$30 copayment** and urgently needed visits with a specialist will be performed at a **$75 copayment**. **$130 copayment** per incident for each non-Medicare covered urgently needed care visit outside the United States and its territories.

* Cost sharing for covered services outside the United States and its territories (worldwide coverage) does not apply toward the annual out-of-pocket maximum.

Vision care Covered services include: • Outpatient physician services for the diagnosis and treatment of diseases and injuries of the eye, including treatment for age-related macular degeneration. Original Medicare doesn't cover routine eye exams (eye refractions) for eyeglasses/contacts • For people who are at high risk for glaucoma, we cover one glaucoma screening each year. People at high risk of glaucoma include people with a family history of glaucoma, people with diabetes, African Americans who are age 50 and older and Hispanic Americans who are 65 or older • For people with diabetes, screening for diabetic retinopathy is covered once per year • One pair of eyeglasses or contact lenses after each cataract surgery that includes insertion of an intraocular lens. If you have two separate cataract operations, you can't reserve the benefit after the first surgery and purchase two eyeglasses after the second surgery. Corrective lenses/frames (and replacements) needed after a cataract removal without a lens implant aren't covered. Tinting, scratch protection or other enhancements to the eyewear are also not covered.	Cost sharing for Medicare-covered services applies toward the annual out-of-pocket maximum. **In-Network** **$0 copayment** for each Medicare-covered preventive glaucoma test. **$40 copayment** for each Medicare-covered eye exam to diagnose and treat diseases and conditions of the eye. **$0 copayment** for one pair of Medicare-covered eyeglasses or contact lenses after each cataract surgery. **Out-of-Network** **$15 copayment** for each Medicare-covered preventive glaucoma test. **$75 copayment** for each Medicare-covered eye exam to

Note: Cataract surgery may have the outpatient hospital or Ambulatory Surgical Center copayment. Please see Outpatient hospital services. **Note:** Only the conventional intraocular lens is covered with either the blade or laser removal of a cataract. Insertion of lenses to correct vision aren't covered. **Note:** Diagnostic testing copayments may apply. Please see Outpatient Diagnostic Testing for more information. **Note:** Eye refraction performed in conjunction with Medicare-covered eye exams are not covered by Network Health but are eligible for coordination of benefits. See Vision care - extra benefits for more details.	diagnose and treat diseases and conditions of the eye. **$75 copayment** for one pair of Medicare-covered eyeglasses or contact lenses after each cataract surgery.

Covered Service	What you pay
Vision care – extra benefits* We also cover routine vision services not covered by Original Medicare. We cover: • One non-Medicare covered routine vision exam per calendar year including refraction. Refraction is covered when billed in conjunction with the routine vision exam or with coordination of benefits when billed in conjunction with a medical vision exam. • Any other vision services, such as physician services for the diagnosis and treatment of diseases and/or injuries of the eye, aren't included in the routine vision exam. **Note:** Our provider network for routine vision services is different than our provider network for medical vision services. Non-Medicare covered vision services are administered by EyeMed® and must be performed by a provider in EyeMed's network. For more information and a link to the provider search, visit networkhealth.com/medicare/extra-benefits.	Allowance of **$400** toward non-Medicare covered eyewear (such as eyeglass frames and lenses and/or contact lenses) annually. **In-Network** **$0 copayment** for each non-Medicare covered routine vision exam. **Out-of-Network** Reimbursement up to a maximum of **$40** for each non-Medicare covered routine exam.

*Cost sharing for non-Medicare covered routine vision exam *does not* apply toward the annual out-of-pocket maximum.

Welcome to Medicare preventive visit Our plan covers the one-time Welcome to Medicare preventive visit. The visit includes a review of your health, as well as education and counseling about preventive services you need (including certain screenings and shots) and referrals for other care if needed.	**In-Network** There is no coinsurance, copayment or deductible for the Welcome to Medicare preventive visit.

Important: We cover the Welcome to Medicare preventive visit only within the first 12 months you have Medicare Part B. When you make your appointment, let your doctor's office know you want to schedule your Welcome to Medicare preventive visit.	**Out-of-Network** **$15 copayment** for beneficiaries eligible for this preventive benefit.

Section 2.1 Getting care using our plan's optional visitor/traveler benefit

If you don't permanently move, but you're continuously away from our plan's service area for more than six months, we usually must disenroll you from our plan. However, we offer a visitor/traveler program which includes all U.S. territories and remaining 49 states outside Wisconsin. This program is available to all Network Health Bravo members who are temporarily in the visitor/traveler area. Under our visitor/traveler program you can get all plan covered services at in-network cost-sharing. Contact our plan for help locating a provider when using the visitor/traveler benefit.

Note: It's important whenever you receive care from out-of-network or out-of-state providers that you confirm they accept Medicare assignment. If they don't accept Medicare assignment, they may charge 15 percent more than Medicare-covered charges. You'll be responsible for the additional 15 percent cost sharing to the provider. Our plan will pay the provider the Medicare-approved amount for charges, minus your applicable cost sharing.

Note: If you're in the visitor/traveler area, you can stay enrolled in our plan for up to six months. If you don't return to our plan's service area within six months, you'll be disenrolled from our plan.

When receiving emergency or urgently needed services **outside the United States and its territories (worldwide coverage)** you'll be responsible for $130 per incident. Please note, once you transfer out of the emergency department, Network Health will no longer pay for services, including if you remain inpatient in a hospital. Network Health Bravo will pay the remaining cost per incident up to the maximum $100,000 every year. For example, if you require urgent care services that span two calendar years (December to January) the maximum covered amount is $100,000. Some facilities may bill Network Health directly, and this is the preferred method, using U.S. dollars. Other facilities may require you to pay the full cost of your care, and you'll need to ask us to reimburse you for your costs. In this situation, you'll be required to provide documents that may include a copy of the bill, proof of payment and English-language medical records (charges should be converted to U.S. dollars) for reimbursement up to the maximum of $100,000. Prescription drugs are not covered.

SECTION 3 Services that aren't covered by our plan (exclusions)

This section tells you what services are excluded from Medicare coverage and therefore, aren't covered by this plan.

The chart below lists services and items that either aren't covered under any condition or are covered only under specific conditions.

If you get services that are excluded (not covered), you must pay for them yourself except under the specific conditions listed below. Even if you get the excluded services at an emergency facility, the excluded services are still not covered, and our plan won't pay for them. The only exception is if the service is

appealed and decided upon appeal to be a medical service that we should have paid for or covered because of your specific situation. (For information about appealing a decision we made to not cover a medical service, go to Chapter 7, Section 5.3.)

Services not covered by Medicare	Covered only under specific conditions
Acupuncture	Available for people with chronic low back pain under certain circumstances. Acupuncture may be covered for members who are undergoing chemotherapy and experiencing severe nausea. Please refer to the Medical Benefits Chart for additional information.
Cosmetic surgery or procedures	Covered in cases of an accidental injury or for improvement of the functioning of a malformed body member. Covered for all stages of reconstruction for a breast after a mastectomy, as well as for the unaffected breast to produce a symmetrical appearance.
Custodial care Custodial care is personal care that doesn't require the continuing attention of trained medical or paramedical personnel, such as care that helps you with activities of daily living, such as bathing or dressing	Not covered under any condition
Elective or voluntary enhancement procedures or services (including weight loss, hair growth, sexual performance, athletic performance, cosmetic purposes, anti-aging and mental performance), except when medically necessary	May be covered if medically necessary
Experimental medical and surgical procedures, equipment, and medications Experimental procedures and items are those items and procedures determined by Original Medicare to not be generally accepted by the medical community	May be covered by Original Medicare under a Medicare-approved clinical research study or by our plan. (Go to Chapter 3, Section 5 for more information on clinical research studies.)
Fees charged for care by your immediate relatives or members of your household.	Not covered under any condition
Full-time nursing care in your home	Not covered under any condition
Home-delivered meals	Not covered under any condition

Homemaker services including basic household help, such as light housekeeping or light meal preparation	Not covered under any condition
Maintenance chiropractic care	Manual manipulation of the spine to correct a subluxation is covered.
Naturopath services (uses natural or alternative treatments)	Not covered under any condition
Non-emergency transportation	Non-emergency transportation may be covered for members with ESRD. Please refer to the Help with certain chronic conditions benefit in the Medical Benefits Chart for additional information.
Orthopedic shoes or supportive devices for the feet	Shoes that are part of a leg brace and are included in the cost of the brace. Orthopedic or therapeutic shoes for people with, diabetic foot disease.
Outpatient Part D prescription drugs including drugs for treatment of sexual dysfunction, such as erectile dysfunction, impotence and anorgasmy or hyporgasmy.	Not covered under any condition
Personal items in your room at a hospital or a skilled nursing facility, such as a telephone or a television	Not covered under any condition
Prescriptions or refill of prescriptions that are lost, stolen or damaged	Not covered under any condition
Private duty nurses	Not covered under any condition
Private room in a hospital.	Covered only when medically necessary
Residential AODA or mental health treatment	Not covered under any condition
Reversal of sterilization procedures and or non-prescription contraceptive supplies	Not covered under any condition
Routine dental care, such as cleanings, fillings, or dentures	Some routine preventive dental care is covered. Please refer to the Dental services - extra benefits benefit in the Medical Benefit Chart for additional information.
Routine eye examinations, eyeglasses, refractive eye surgeries including but not limited to radial keratotomy, LASIK surgery and other low vision aids	Eye exam and one pair of eyeglasses with standard frames (or one set of contact lenses) covered after each cataract surgery that implants an intraocular lens. Please refer to the Vision care benefit in the Medical Benefits Chart for additional information.

Routine foot care	Some limited coverage provided according to Medicare guidelines (e.g., if you have diabetes).
Services considered not reasonable and necessary, according to Original Medicare standards	Not covered under any condition
Services provided to veterans in Veterans Affairs (VA) facilities.	Emergency services that are received at VA hospital and the VA cost sharing is more than the cost sharing under our plan, we will reimburse veterans for the difference. Members are still responsible for our cost-sharing amounts.
Surgical treatment for morbid obesity	Covered only when medically necessary and covered under Original Medicare.

CHAPTER 5: Asking us to pay our share of a bill for covered medical services

SECTION 1 Situations when you should ask us to pay our share for covered services

Sometimes when you get medical care, you may need to pay the full cost. Other times, you may pay more than you expected under the coverage rules of our plan or you may get a bill from a provider. In these cases, you can ask our plan to pay you back (reimburse you). It's your right to be paid back by our plan whenever you've paid more than your share of the cost for medical services covered by our plan. There may be deadlines that you must meet to get paid back. Go to Section 2 of this chapter.

There may also be times when you get a bill from a provider for the full cost of medical care you got or for more than your share of cost sharing. First, try to resolve the bill with the provider. If that doesn't work, send the bill to us instead of paying it. We'll look at the bill and decide whether the services should be covered. If we decide they should be covered, we'll pay the provider directly. If we decide not to pay it, we'll notify the provider. You should never pay more than plan-allowed cost-sharing. If this provider is contracted, you still have the right to treatment.

Examples of situations in which you may need to ask our plan to pay you back or to pay a bill you got:

1. When you got medical care from a provider who isn't in our plan's network

When you get care from a provider who is not part of our network, you're only responsible for paying your share of the cost. (Your share of the cost may be higher for an out-of-network provider than for an in-network provider.) Ask the provider to bill our plan for our share of the cost.

- Emergency providers are legally required to provide emergency care. You're only responsible for paying your share of the cost for emergency or urgently needed services. If you pay the entire amount yourself at the time you get the care, ask us to pay you back for our share of the cost. Send us the bill, along with documentation of any payments you made.
- You may get a bill from the provider asking for payment you think you don't owe. Send us this bill, along with documentation of any payments you already made.
  - If the provider is owed anything, we'll pay the provider directly.
  - If you already paid more than your share of the cost of the service, we'll determine how much you owed and pay you back for our share of the cost.
- While you can get your care from an out-of-network provider, the provider must be eligible to participate in Medicare. Except for emergency care, we can't pay a provider who is not eligible to participate in Medicare. If the provider is not eligible to participate in Medicare, you'll be responsible for the full cost of the services you got.

2. When an in-network provider sends you a bill you think you shouldn't pay

In-network providers should always bill our plan directly and ask you only for your share of the cost. But sometimes they make mistakes and ask you to pay more than your share.

- You only have to pay your cost-sharing amount when you get covered services. We don't allow providers to add additional separate charges, called *balance billing*. This protection (that you never pay more than your cost-sharing amount) applies even if we pay the provider less than the provider charges for a service and even if there's a dispute and we don't pay certain provider charges.
- Whenever you get a bill from an in-network provider you think is more than you should pay, send us the bill. We'll contact the provider directly and resolve the billing problem.
- If you already paid a bill to an in-network provider, but feel you paid too much, send us the bill along with documentation of any payment you made and ask us to pay you back the difference between the amount you paid and the amount you owed under our plan.

3. If you're retroactively enrolled in our plan

Sometimes a person's enrollment in our plan is retroactive. This means that the first day of their enrollment has already passed. The enrollment date may even have occurred last year.

If you were retroactively enrolled in our plan and you paid out-of-pocket for any covered services after your enrollment date, you can ask us to pay you back for our share of the costs. You need to submit paperwork such as receipts and bills for us to handle the reimbursement.

4. If you receive emergency or urgent care outside the United States

Note: It is important whenever you receive care from out-of-network or out-of-state providers that you confirm they accept Medicare assignment. If they do not accept Medicare assignment, they may charge 15 percent more than Medicare-covered charges. You will be responsible for the additional 15 percent cost sharing to the provider. The plan will pay the provider the Medicare-approved amount for charges, minus your applicable cost sharing.

Note: If you're in the visitor/traveler area, you can stay enrolled in our plan for up to six months. If you don't return to our plan's service area within six months, you'll be disenrolled from our plan.

When receiving emergency or urgently needed services **outside the United States and its territories (worldwide coverage)** you will be responsible for $130 per incident. Please note, once you transfer out of the emergency department, Network Health will no longer pay for services, including if you remain inpatient in a hospital. Network Health Bravo will pay the remaining cost per incident up to the maximum $100,000 every year. For example, if you require urgent care services that span two calendar years (December to January) the maximum covered amount is $100,000. Some facilities may bill Network Health directly, and this is the preferred method, using U.S. dollars. Other facilities may require you to pay the full cost of your care, and you will need to ask us to reimburse you for your costs. In this situation, you will be required to provide documents that may include a copy of the bill, proof of payment and English-language medical records (charges should be converted to U.S. dollars) for reimbursement up to the maximum of $100,000. Prescription drugs are not covered.

When you send us a request for payment, we'll review your request and decide whether the service or drug should be covered. This is called making a **coverage decision**. If we decide it should be covered, we'll pay

for our share of the cost for the service or drug. If we deny your request for payment, you can appeal our decision. Chapter 7 has information about how to make an appeal.

SECTION 2 How to ask us to pay you back or pay a bill you got

You can ask us to pay you back by sending us a request in writing. If you send a request in writing, send your bill and documentation of any payment you have made. It's a good idea to make a copy of your bill and receipts for your records. **You must submit your medical claim to us within 12 months and your prescription drug claims within 36 months** of the date you got the service, item or drug.

To make sure you're giving us all the information we need to make a decision, you can fill out our claim form to make your request for payment.

- You don't have to use the form, but it'll help us process the information faster.
- Download a copy of the form from our website (networkhealth.com) or call our member experience team at 800-378-5234 (TTY users call 711) and ask for the form.

Mail your request for payment together with any bills or paid receipts to us at this address:

For Medical Claims:
Network Health Medicare Advantage Plans
PO Box 568
1570 Midway Pl.
Menasha, WI 54952

For Routine Vision Claims
First American Administrators, Inc.
Attn: OON Claims
PO Box 8504
Mason, OH 45040-7111
Or online: www.processmyclaim.com/managed-vision-care/member-forms/out-of-network-claim/partner#/

For Part B Prescription Claims
Express Scripts
PO Box 52017
Phoenix, AZ 85082

SECTION 3 We'll consider your request for payment and say yes or no

When we get your request for payment, we'll let you know if we need any additional information from you. Otherwise, we'll consider your request and make a coverage decision.

- If we decide that the medical care is covered and you followed all the rules, we will pay for our share of the cost. If you already paid for the service, we'll mail your reimbursement of our share of

the cost to you. If you haven't paid for the service yet, we'll mail the payment directly to the provider.

- If we decide the medical care is *not* covered, or you did *not* follow all the rules, we won't pay for our share of the cost. We'll send you a letter explaining the reasons why we aren't sending the payment and your right to appeal that decision.

Section 3.2 If we tell you we won't pay for all or part of the medical care, you can make an appeal

If you think we made a mistake in turning down your request for payment or the amount we're paying, you can make an appeal. If you make an appeal, it means you're asking us to change the decision we made when we turned down your request for payment. The appeals process is a formal process with detailed procedures and important deadlines. For details on how to make this appeal, go to Chapter 7.

CHAPTER 6:
Your rights and responsibilities

SECTION 1 Our plan must honor your rights and cultural sensitivities

Section 1.1 We must provide information in a way that works for you and consistent with your cultural sensitivities (in languages other than English, braille, large print, or other alternate formats, etc.)

Our plan is required to ensure that all services, both clinical and non-clinical, are provided in a culturally competent manner and are accessible to all enrollees, including those with limited English proficiency, limited reading skills, hearing incapacity, or those with diverse cultural and ethnic backgrounds. Examples of how our plan may meet these accessibility requirements include, but aren't limited to, provision of translator services, interpreter services, teletypewriters, or TTY (text telephone or teletypewriter phone) connection.

Our plan has free interpreter services available to answer questions from non-English speaking members. We can also give you materials in braille, in large print, or other alternate formats at no cost if you need it. We're required to give you information about our plan's benefits in a format that's accessible and appropriate for you. To get information from us in a way that works for you, call our member experience team at 800-378-5234 (TTY users call 711).

Our plan is required to give female enrollees the option of direct access to a women's health specialist within the network for women's routine and preventive health care services.

If providers in our plan's network for a specialty aren't available, it's our plan's responsibility to locate specialty providers outside the network who will provide you with the necessary care. In this case, you'll only pay in-network cost sharing. If you find yourself in a situation where there are no specialists in our plan's network that cover a service you need, call our plan for information on where to go to get this service at in-network cost sharing.

If you have any trouble getting information from our plan in a format that is accessible and appropriate for you, seeing a women's health specialist or finding a network specialist, call to file a grievance with the discrimination complaints coordinator. You can also file a complaint with Medicare by calling 1-800-MEDICARE (1-800-633-4227) or directly with the Office for Civil Rights 1-800-368-1019 or TTY 1-800-537-7697.

Section 1.2 You have a right to be treated with respect, with recognition of your dignity and a right to privacy

You will be treated with courtesy and kindness. You will be treated equally, and we'll listen to you. Your choices, as well as rights to privacy will be honored.

Section 1.3 We must ensure you get timely access to covered services

You have the right to choose a provider in our plan's network. You also have the right to go to a women's health specialist (such as a gynecologist) without a referral and still pay the in-network cost-sharing amount.

You have the right to get appointments and covered services from your providers *within a reasonable amount of time*. This includes the right to get timely services from specialists when you need that care.

If you think you aren't getting your medical care within a reasonable amount of time, Chapter 7 tells what you can do.

Section 1.4 We must protect the privacy of your personal health information

Federal and state laws protect the privacy of your medical records and personal health information. We protect your personal health information as required by these laws.

- Your personal health information includes the personal information you gave us when you enrolled in this plan as well as your medical records and other medical and health information.
- You have rights related to your information and controlling how your health information is used. We give you a written notice, called a *Notice of Privacy Practice*, that tells you about these rights and explains how we protect the privacy of your health information.

How do we protect the privacy of your health information?

- We make sure that unauthorized people don't see or change your records.
- Except for the circumstances noted below, if we intend to give your health information to anyone who isn't providing your care or paying for your care, we're *required to get written permission from you or someone you have given legal power to make decisions for you first.*
- There are certain exceptions that don't require us to get your written permission first. These exceptions are allowed or required by law.
    - We're required to release health information to government agencies that are checking on quality of care.
    - Because you're a member of our plan through Medicare, we're required to give Medicare your health information. If Medicare releases your information for research or other uses, this will be done according to federal statutes and regulations; typically, this requires that information that uniquely identifies you not be shared.

You can see the information in your records and know how it's been shared with others

You have the right to look at your medical records held by our plan, and to get a copy of your records. We're allowed to charge you a fee for making copies. You also have the right to ask us to make additions or corrections to your medical records. If you ask us to do this, we'll work with your health care provider to decide whether the changes should be made.

You have the right to know how your health information has been shared with others for any purposes that aren't routine.

If you have questions or concerns about the privacy of your personal health information, call our member experience team at 800-378-5234 (TTY users call 711).

Network Health Insurance Corporation is committed to protecting the privacy of your confidential health information. This includes all oral, written and electronic protected health information across the organization. We're required by law to:

- Maintain the privacy and security of your protected health information.
- Follow the duties and privacy practices described in this notice and give you a copy of it.
- Follow either federal or state law, whichever is more protective of your privacy rights.
- Let you know promptly if a breach occurs which may have compromised the privacy or security of your information.
- Abide by the terms of our Notice of Privacy Practices.

We're committed to ensuring your health information is used responsibly by our organization. We may use and disclose your health information without your written authorization for payment, treatment, health care operations or other instances where written authorization is not required by law. In instances where written authorization is required, we'll obtain written authorization before using or disclosing information about you. You may choose to revoke your authorization at any time by notifying us in writing of your decision. This means we'll no longer be able to use or disclose health information about you for the reasons covered by your written authorization, but we'll be unable to take back any disclosures we have already made based on your prior written authorization consent.

For a full copy of the **Notice of Privacy Practices** please visit our website at networkhealth.com/legal or call our member experience team to request a copy. If you would like to exercise one or more of your rights regarding your health information, please call our member experience team (phone numbers are printed on the back cover of this document).

If you are concerned that your privacy rights may have been violated, or you disagree with a decision we made about your rights to your health information, you may contact the Privacy Officer at 800-378-5234. You may also send a written complaint to the Secretary of the U.S. Department of Health and Human Services Office for Civil Rights. Network Health can't and won't require you to waive the right to file a complaint as a condition of receiving benefits or services or retaliate against you for filing a complaint with us or with the U.S. Department of Health and Human Services.

Section 1.5 We must give you information about our plan, our network of providers, and your covered services

As a member of Network Health Bravo, you have the right to get several kinds of information from us.

If you want any of the following kinds of information, call our member experience team at 800-378-5234 (TTY users call 711):

- **Information about our plan**. This includes, for example, information about our plan's financial condition.
- **Information about our in-network providers.** You have the right to get information about the qualifications of the providers in our network and how we pay the providers in our network.

- **Information about your coverage and the rules you must follow when using your coverage.** Chapters 3 and 4 provide information regarding medical services.
- **Information about why something is not covered and what you can do about it.** Chapter 7 provides information on asking for a written explanation on why a medical service isn't covered or if your coverage is restricted. Chapter 7 also provides information on asking us to change a decision, also called an appeal.

Section 1.6 You have the right to know your treatment options and participate in decisions about your care

You have the right to get full information from your doctors and other health care providers. Your providers must explain your medical condition and your treatment choices *in a way that you can understand*.

You also have the right to participate fully in decisions about your health care. To help you make decisions with your doctors about what treatment is best for you, your rights include the following:

- **To know about all your choices.** You have the right to be told about all treatment options recommended for your condition, no matter what they cost or whether they're covered by our plan.
- **To know about the risks.** You have the right to be told about any risks involved in your care. You must be told in advance if any proposed medical care or treatment is part of a research experiment. You always have the choice to refuse any experimental treatments.
- **The right to say no.** You have the right to refuse any recommended treatment. This includes the right to leave a hospital or other medical facility, even if your doctor advises you not to leave. If you refuse treatment, you accept full responsibility for what happens to your body as a result.

You have the right to give instructions about what's to be done if you can't make medical decisions for yourself

Sometimes people become unable to make health care decisions for themselves due to accidents or serious illness. You have the right to say what you want to happen if you're in this situation. This means, *if you want to*, you can:

- Fill out a written form to give **someone the legal authority to make medical decisions for you** if you ever become unable to make decisions for yourself.
- **Give your doctors written instructions** about how you want them to handle your medical care if you become unable to make decisions for yourself.

Legal documents you can use to give your directions in advance of these situations are called **advance directives**. Documents like a **living will** and **power of attorney for health care** are examples of advance directives.

How to set up an advance directive to give instructions:

- **Get a form.** You can get an advance directive form from your lawyer, a social worker, or some office supply stores. You can sometimes get advance directive forms from organizations that give

people information about Medicare. You can also call our member experience team at 800-378-5234 (TTY users call 711) to ask for the forms.

- **Fill out the form and sign it.** No matter where you get this form, it's a legal document. Consider having a lawyer help you prepare it.
- **Give copies of the form to the right people.** Give a copy of the form to your doctor and to the person you name on the form who can make decisions for you if you can't. You may want to give copies to close friends or family members. Keep a copy at home.

If you know ahead of time that you're going to be hospitalized, and you have signed an advance directive, **take a copy with you to the hospital**.

- The hospital will ask whether you signed an advance directive form and whether you have it with you.
- If you didn't sign an advance directive form, the hospital has forms available and will ask if you want to sign one.

Filling out an advance directive is your choice (including whether you want to sign one if you're in the hospital). According to law, no one can deny you care or discriminate against you based on whether or not you signed an advance directive.

If your instructions aren't followed

If you sign an advance directive and you believe that a doctor or hospital didn't follow the instructions in it, you may file a complaint with the Wisconsin Department of Health Services, 1 West Wilson Street, Madison, WI 53703. The telephone number is 608-266-1865 (TTY accessible telephone number is 711).

Section 1.7 You have the right to make complaints and ask us to reconsider decisions we made

If you have any problems, concerns, or complaints and need to ask for coverage, or make an appeal, Chapter 7 of this document tells what you can do. Whatever you do – ask for a coverage decision, make an appeal, or make a complaint – **we're required to treat you fairly**.

Section 1.8 If you believe you're being treated unfairly, or your rights aren't being respected

If you believe you've been treated unfairly or your rights haven't been respected due to your race, disability, religion, sex, health, ethnicity, creed (beliefs), age, or national origin, call the Department of Health and Human Services' **Office for Civil Rights** at 1-800-368-1019 (TTY users call 1-800-537-7697), or call your local Office for Civil Rights.

If you believe you've been treated unfairly or your rights haven't been respected, *and* it's *not* about discrimination, you can get help dealing with the problem you're having from these places:

- **Call our member experience team at 800-378-5234 (TTY users call 711)**
- **Call your local SHIP** at 1-800-242-1060
- **Call Medicare** at 1-800-MEDICARE (1-800-633-4227) (TTY users call 1-877-486-2048).

Section 1.9 How to get more information about your rights

Get more information about your rights from these places:

- **Call our member experience team at 800-378-5234 (TTY users call 711)**
- **Call your local SHIP** at 1-800-242-1060
- **Contact Medicare**
  - Visit Medicare.gov to read the publication *Medicare Rights & Protections* (available at Medicare Rights & Protections)
  - Call 1-800-MEDICARE (1-800-633-4227) (TTY users call 1-877-486-2048).

Section 1.10 You have the right to make recommendations regarding the organization's member rights and responsibilities policy

You can email your recommendations to Network Health at QI@networkhealth.com and our Quality Health Integration Department will review your proposal and make any necessary changes to Network Health's policy.

SECTION 2 Your responsibilities as a member of our plan

Things you need to do as a member of our plan are listed below. For questions, call our member experience team at 800-378-5234 (TTY users call 711).

- **Get familiar with your covered services and the rules you must follow to get these covered services.** Use this *Evidence of Coverage* to learn what's covered and the rules you need to follow to get covered services.
  - Chapters 3 and 4 give details about medical services.
- **If you have any other health coverage in addition to our plan, or separate drug coverage, you are required to tell us.** Chapter 1 tells you about coordinating these benefits.
- **Tell your doctor and other health care providers that you're enrolled in our plan.** Show our plan member ID card whenever you get your medical care.
- **Help your doctors and other providers help you by giving them information, asking questions, and following through on your care.**
  - To help get the best care, tell your doctors and other health providers about your health problems. Follow the treatment plans and instructions you and your doctors agree on.
  - Make sure your doctors know all the drugs you're taking, including over-the-counter drugs, vitamins, and supplements.
  - If you have questions, be sure to ask and get an answer you can understand.
  - Supply information (to the extent possible) the organization, its practitioners and providers need in order to provide care.
  - Understand your health problems and participate in developing mutually agreed-upon treatment goals, to the degree possible.

- **Be considerate.** We expect our members to respect the rights of other patients. We also expect you to act in a way that helps the smooth running of your doctor's office, hospitals and other offices.
- **Pay what you owe.** As a plan member, you're responsible for these payments:
    - You must continue to pay your Medicare Part B premium to stay a member of our plan.
    - For most of your medical services covered by our plan, you must pay your share of the cost when you get the service.
- **If you move *within* our plan service area, we need to know** so we can keep your membership record up-to-date and know how to contact you.
- **If you move *outside* of our plan service area, you can't stay a member of our plan.**
- **If you move, tell Social Security (or the Railroad Retirement Board).**

CHAPTER 7: If you have a problem or complaint (coverage decisions, appeals, complaints)

SECTION 1 What to do if you have a problem or concern

This chapter explains two types of processes for handling problems and concerns:

- For some problems, you need to use the **process for coverage decisions and appeals**.
- For other problems, you need to use the **process for making complaints (**also called grievances).

Both processes have been approved by Medicare. Each process has a set of rules, procedures, and deadlines that must be followed by us and by you.

The information in this chapter will help you identify the right process to use and what to do.

Section 1.1 Legal terms

There are legal terms for some of the rules, procedures, and types of deadlines explained in this chapter. Many of these terms are unfamiliar to most people. To make things easier, this chapter uses more familiar words in place of some legal terms.

However, it's sometimes important to know the correct legal terms. To help you know which terms to use to get the right help or information, we include these legal terms when we give details for handling specific situations.

SECTION 2 Where to get more information and personalized help

We're always available to help you. Even if you have a complaint about our treatment of you, we're obligated to honor your right to complain. You should always call our member experience team at 800-378-5234 (TTY users call 711) for help. In some situations, you may also want help or guidance from someone who isn't connected with us. Two organizations that can help are:

State Health Insurance Assistance Program (SHIP)

Each state has a government program with trained counselors. The program is not connected with us or with any insurance company or health plan. The counselors at this program can help you understand which process you should use to handle a problem you're having. They can also answer questions, give you more information, and offer guidance on what to do.

The services of SHIP counselors are free. You will find phone numbers and website URLs in Chapter 2, Section 3.

Medicare

You can also contact Medicare for help:

- Call 1-800-MEDICARE (1-800-633-4227). TTY users call 1-877-486-2048.
- Visit www.Medicare.gov

SECTION 3 Which process to use for your problem

Is your problem or concern about your benefits or coverage?

This includes problems about whether medical care (medical items, services and/or Part B drugs) are covered or not, the way they're covered, and problems related to payment for medical care.

Yes.

Go to **Section 4, A guide to coverage decisions and appeals.**

No.

Go to **Section 9, How to make a complaint about quality of care, waiting times, customer service or other concerns.**

Coverage decisions and appeals

SECTION 4 A guide to coverage decisions and appeals

Coverage decisions and appeals deal with problems related to your benefits and coverage for your medical care (services, items and Part B drugs, including payment). To keep things simple, we generally refer to medical items, services and Medicare Part B drugs as **medical care**. You use the coverage decision and appeals process for issues such as whether something is covered or not and the way in which something is covered.

Asking for coverage decisions before you get services

If you want to know if we'll cover a medical care before you get it, you can ask us to make a coverage decision for you. A coverage decision is a decision we make about your benefits and coverage or about the amount we'll pay for your medical care. For example, if our plan network doctor refers you to a medical specialist not inside the network, this referral is considered a favorable coverage decision unless either you or your network doctor can show that you got a standard denial notice for this medical specialist, or the *Evidence of Coverage* makes it clear that the referred service is never covered under any condition. You or

your doctor can also contact us and ask for a coverage decision if your doctor is unsure whether we'll cover a particular medical service or refuses to provide medical care you think you need.

In limited circumstances a request for a coverage decision will be dismissed, which means we won't review the request. Examples of when a request will be dismissed include if the request is incomplete, if someone makes the request on your behalf but isn't legally authorized to do so, or if you ask for your request to be withdrawn. If we dismiss a request for a coverage decision, we'll send a notice explaining why the request was dismissed and how to ask for a review of the dismissal.

We make a coverage decision whenever we decide what's covered for you and how much we pay. In some cases, we might decide medical care isn't covered or is no longer covered for you. If you disagree with this coverage decision, you can make an appeal.

Making an appeal

If we make a coverage decision, whether before or after you get a benefit, and you aren't satisfied, you can **appeal** the decision. An appeal is a formal way of asking us to review and change a coverage decision we made. Under certain circumstances, you can ask for an expedited or **fast appeal** of a coverage decision. Your appeal is handled by different reviewers than those who made the original decision.

When you appeal a decision for the first time, this is called a Level 1 appeal. In this appeal, we review the coverage decision we made to check to see if we properly followed the rules. When we complete the review, we give you our decision.

In limited circumstances a request for a Level 1 appeal will be dismissed, which means we won't review the request. Examples of when a request will be dismissed include if the request is incomplete if someone makes the request on your behalf but isn't legally authorized to do so or if you ask for your request to be withdrawn. If we dismiss a request for a Level 1 appeal, we'll send a notice explaining why the request was dismissed and how to ask for a review of the dismissal.

If we say no to all or part of your Level 1 appeal for medical care, your appeal will automatically go on to a Level 2 appeal conducted by an Independent Review Organization not connected to us.

- You don't need to do anything to start a Level 2 appeal. Medicare rules require we automatically send your appeal for medical care to Level 2 if we don't fully agree with your Level 1 appeal.
- Go to **Section 5.4** of this chapter for more information about Level 2 appeals for medical care.

If you aren't satisfied with the decision at the Level 2 appeal, you may be able to continue through additional levels of appeal (this chapter explains the Level 3, 4, and 5 appeals processes).

Section 4.1 Get help when asking for a coverage decision or making an appeal

Here are resources if you decide to ask for any kind of coverage decision or appeal a decision:

- **Call our member experience team at 800-378-5234 (TTY users call 711)**.
- **Get free help** from your State Health Insurance Assistance Program.

Your doctor can make a request for you. If your doctor helps with an appeal past Level 2, they need to be appointed as your representative. Call our member experience team at 800-378-5234 (TTY users call 711) and ask for the *Appointment of Representative* form. (The form is also available at CMS.gov/Medicare/CMS-Forms/CMS-Forms/downloads/cms1696.pdf or on our website at networkhealth.com.

  - For medical care or Part B drugs, your doctor can ask for a coverage decision or a Level 1 appeal on your behalf. If your appeal is denied at Level 1, it will be automatically forwarded to Level 2.

- **You can ask someone to act on your behalf.** You can name another person to act for you as your *representative* to ask for a coverage decision or make an appeal.
  - If you want a friend, relative, or another person to be your representative, call our member experience team at 800-378-5234 (TTY users call 711) and ask for the *Appointment of Representative* form. (The form is also available at CMS.gov/Medicare/CMS-Forms/CMS-Forms/downloads/cms1696.pdf or on our website at networkhealth.com. This form gives that person permission to act on your behalf. It must be signed by you and by the person you want to act on your behalf. You must give us a copy of the signed form.
  - We can accept an appeal request from a representative without the form, but we can't begin or complete our review until we get it. If we don't get the form before our deadline for making a decision on your appeal, your appeal request will be dismissed. If this happens, we'll send you a written notice explaining your right to ask the Independent Review Organization to review our decision to dismiss your appeal.
- **You also have the right to hire a lawyer.** You can contact your own lawyer or get the name of a lawyer from your local bar association or other referral service. There are groups that will give you free legal services if you qualify. However, **you aren't required to hire a lawyer** to ask for any kind of coverage decision or appeal a decision.

Section 4.2 Rules and deadlines for your different situations

There are three different situations that involve coverage decisions and appeals. Each situation has different rules and deadlines. We give the details for each one in a separate section:

- **Section 5:** Medical care: How to ask for a coverage decision or make an appeal
- **Section 6:** How to ask us to cover a longer inpatient hospital stay if you think the you're being discharged too soon
- **Section 7:** How to ask us to keep covering certain medical services if you think your coverage is ending too soon (*Applies only to these services:* home health care, skilled nursing facility care, and Comprehensive Outpatient Rehabilitation Facility (CORF) services)

If you're not sure which information applies to you, call our member experience team at 800-378-5234 (TTY users call 711). You can also get help or information from your SHIP.

SECTION 5 Medical care: How to ask for a coverage decision or make an appeal

Section 5.1 What to do if you have problems getting coverage for medical care or want us to pay you back for our share of the cost of your care

Your benefits for medical care are described in Chapter 4 in the Medical Benefits Chart. In some cases, different rules apply to ask for a Part B drug. In those cases, we'll explain how the rules for Part B drugs are different from the rules for medical items and services.

This section tells what you can do if you're in any of the five following situations:

1. You aren't getting certain medical care you want, and you believe that this care is covered by our plan. **Ask for a coverage decision. Section 5.2.**

2. Our plan won't approve the medical care your doctor or other medical provider wants to give you, and you believe this care is covered by our plan. **Ask for a coverage decision. Section 5.2.**

3. You got medical care that you believe should be covered by our plan, but we said we won't pay for this care. **Make an Appeal. Section 5.3.**

4. You got and paid for medical care that you believe should be covered by our plan, and you want to ask our plan to reimburse you for this care. **Send us the bill. Section 5.5.**

5. You're being told that coverage for certain medical care you've been getting that we previously approved will be reduced or stopped, and you believe that reducing or stopping this care could harm your health. **Make an Appeal. Section 5.3.**

   Note: If the coverage that will be stopped is for hospital care, home health care, skilled nursing facility care, or Comprehensive Outpatient Rehabilitation Facility (CORF) services, go to Sections 6 and 7 of this Chapter. Special rules apply to these types of care.

Section 5.2 How to ask for a coverage decision

Legal Terms:

A coverage decision that involves your medical care, is called an **organization determination.**

A fast coverage decision is called an **expedited determination.**

Step 1: Decide if you need a standard coverage decision or a fast coverage decision.

A standard coverage decision is usually made within 7 calendar days when the medical item or service is subject to our prior authorization rules, 14 calendar days for all other medical items and services, or 72 hours for Part B drugs. A fast coverage decision is generally made within 72 hours,

for medical services, or 24 hours for Part B drugs. To get a fast coverage decision, you must meet 2 requirements:

- You may *only ask* for coverage for medical care items and/or services (not requests for payment for items and/or services you already got).
- You can get a fast coverage decision *only* if using the standard deadlines could cause serious harm to your health or hurt your ability to regain function.

If your doctor tells us that your health requires a fast coverage decision, we'll automatically agree to give you a fast coverage decision.

If you ask for a fast coverage decision on your own, without your doctor's support, we'll decide whether your health requires that we give you a fast coverage decision. If we don't approve a fast coverage decision, we'll send you a letter that:

- Explains that we'll use the standard deadlines.
- Explains if your doctor asks for the fast coverage decision, we'll automatically give you a fast coverage decision.
- Explains that you can file a fast complaint about our decision to give you a standard coverage decision instead of the fast coverage decision you asked for.

Step 2: Ask our plan to make a coverage decision or fast coverage decision.

- Start by calling, writing, or faxing our plan to make your request for us to authorize or provide coverage for the medical care you want. You, your doctor, or your representative can do this. Chapter 2 has contact information.

Step 3: We consider your request for medical care coverage and give you our answer.

For standard coverage decisions we use the standard deadlines.

This means we'll give you an answer within 7 calendar days after we get your request for a medical item or service that is subject to our prior authorization rules. If your requested medical item or service is not subject to our prior authorization rules, we'll give you an answer within 14 calendar days after we get your request. If your request is for a Part B drug, we'll give you an answer within 72 hours after we get your request.

- **However,** if you ask for more time, or if we need more information that may benefit you, **we can take up to 14 more days** if your request is for a medical item or service. If we take extra days, we'll tell you in writing. We can't take extra time to make a decision if your request is for a Part B drug.
- If you believe we *shouldn't* take extra days, you can file a *fast complaint*. We'll give you an answer to your complaint as soon as we make the decision. (The process for making a complaint is different from the process for coverage decisions and appeals. Go to Section 9 of this chapter for information on complaints.)

For Fast coverage decisions we use an expedited timeframe

A fast coverage decision means we'll answer within 72 hours if your request is for a medical item or service. If your request is for a Part B drug, we'll answer within 24 hours.

- **However,** if you ask for more time, or if we need more information that may benefit you, **we can take up to 14 more calendar days**. If we take extra days, we'll tell you in writing. We can't take extra time to make a decision if your request is for a Part B drug.
- If you believe we *shouldn't* take extra days, you can file a *fast complaint*. (Go to Section 9 for information on complaints.) We'll call you as soon as we make the decision.
- If our answer is no to part or all of what you asked for, we'll send you a written statement that explains why we said no.

Step 4: If we say no to your request for coverage for medical care, you can appeal.

- If we say no, you have the right to ask us to reconsider this decision by making an appeal. This means asking again to get the medical care coverage you want. If you make an appeal, it means you're going on to Level 1 of the appeals process.

Section 5.3 How to make a Level 1 appeal

Legal Terms:

An appeal to our plan about a medical care coverage decision is called a plan **reconsideration.**

A fast appeal is also called an **expedited reconsideration.**

Step 1: Decide if you need a standard appeal or a fast appeal.

A standard appeal is usually made within 30 days or seven calendar days for Part B drugs. A fast appeal is generally made within 72 hours.

- If you're appealing a decision we made about coverage for care, you and/or your doctor need to decide if you need a fast appeal. If your doctor tells us that your health requires a fast appeal, we'll give you a fast appeal.
- The requirements for getting a fast appeal are the same as those for getting a fast coverage decision in Section 5.2 of this chapter.

Step 2: Ask our plan for an appeal or a fast appeal

- **If you're asking for a standard appeal, submit your standard appeal in writing.** You may also ask for an appeal by calling us. Chapter 2 has contact information.
- **If you're asking for a fast appeal, make your appeal in writing or call us.** Chapter 2 has contact information.
- **You must make your appeal request within 65 calendar days** from the date on the written notice we sent to tell you our answer on the coverage decision. If you miss this deadline and have a good reason for missing it, you must explain the reason your appeal is late in writing. We may give you more time to make your appeal. Examples of good cause may include a serious illness that prevented you from contacting us or if we provided you with incorrect or incomplete information about the deadline for asking for an appeal.

- **You can ask for a copy of the information regarding your medical decision. You and your doctor may add more information to support your appeal.**

Step 3: We consider your appeal, and we give you our answer.

- When our plan is reviewing your appeal, we take a careful look at all the information. We check to see if we were following all the rules when we said no to your request.
- We'll gather more information if needed and may contact you or your doctor.

Deadlines for a fast appeal

- For fast appeals, we must give you our answer **within 72 hours after we get your appeal**. We'll give you our answer sooner if your health requires us to.
  - If you ask for more time, or if we need more information that may benefit you, we **can take up to 14 more calendar days** if your request is for a medical item or service. If we take extra days, we'll tell you in writing. We can't take extra time if your request is for a Part B drug.
  - If we don't give you an answer within 72 hours (or by the end of the extended time period if we took extra days), we're required to automatically send your request to Level 2 of the appeals process, where it will be reviewed by an Independent Review Organization. Section 5.4 explains the Level 2 appeal process.
- **If our answer is yes to part or all of what you asked for,** we must authorize or provide the coverage we agreed to within 72 hours after we receive your appeal.
- **If our answer is no to part or all of what you asked for,** we'll send you our decision in writing and automatically forward your appeal to the Independent Review Organization for a Level 2 appeal. The Independent Review Organization will notify you in writing when it gets your appeal.

Deadlines for a standard appeal

- For standard appeals, we must give you our answer **within 30 calendar days** after we get your appeal. If your request is for a Part B drug you didn't get yet, we'll give you our answer **within seven calendar days** after we get your appeal. We'll give you our decision sooner if your health condition requires us to.
  - However, if you ask for more time, or if we need more information that may benefit you, **we can take up to 14 more calendar days** if your request is for a medical item or service. If we take extra days, we'll tell you in writing. We can't take extra time to make a decision if your request is for a Part B drug.
  - If you believe we shouldn't take extra days, you can file a fast complaint. When you file a fast complaint, we'll give you an answer to your complaint within 24 hours. (Go to Section 9 of this chapter for more information on complaints.)
  - If we don't give you an answer by the deadline (or by the end of the extended time period), we'll send your request to a Level 2 appeal, where an Independent Review Organization will review the appeal. Section 5.4 explains the Level 2 appeal process.

- **If our answer is yes to part or all of what you asked for,** we must authorize or provide the coverage within 30 calendar days if your request is for a medical item or service, or **within seven calendar days** if your request is for a Part B drug.
- **If our plan says no to part or all of your appeal,** we'll automatically send your appeal to the Independent Review Organization for a Level 2 appeal.

Section 5.4 The Level 2 appeal process

Legal Term:

The formal name for the Independent Review Organization is the **Independent Review Entity.** It's sometimes called the **IRE.**

The **Independent Review Organization is an independent organization hired by Medicare**. It isn't connected with us and isn't a government agency. This organization decides whether the decision we made is correct or if it should be changed. Medicare oversees its work.

Step 1: The Independent Review Organization reviews your appeal.

- We'll send the information about your appeal to this organization. This information is called your **case file**. **You have the right to ask us for a copy of your case file**.
- You have a right to give the Independent Review Organization additional information to support your appeal.
- Reviewers at the Independent Review Organization will take a careful look at all the information related to your appeal.

If you had a fast appeal at Level 1, you'll also have a fast appeal at Level 2

- For the *fast appeal*, the independent review organization must give you an answer to your Level 2 appeal **within 72 hours** of when it gets your appeal.
- If your request is for a medical item or service and the independent review organization needs to gather more information that may benefit you, **it can take up to 14 more calendar days**. The independent review organization can't take extra time to make a decision if your request is for a Part B drug.

If you had a standard appeal at Level 1, you'll also have a standard appeal at Level 2

- For the standard appeal*,* if your request is for a medical item or service, the independent review organization must give you an answer to your Level 2 appeal **within 30 calendar days** of when it gets your appeal. If your request is for a Part B drug, the independent review organization must give you an answer to your Level 2 appeal **within 7 calendar days** of when it gets your appeal.
- If your request is for a medical item or service and the independent review organization needs to gather more information that may benefit you, **it can take up to 14 more calendar days**. The independent review organization can't take extra time to make a decision if your request is for a Part B drug.

Step 2: The Independent Review Organization gives you its answer.

The Independent Review Organization will tell you it's decision in writing and explain the reasons for it.

- **If the independent review organization says yes to part or all of a request for a medical item or service,** we must authorize the medical care coverage within 72 hours or provide the service within 14 calendar days after we get the decision from the independent review organization for **standard requests**. For **expedited requests**, we have **72 hours** from the date we get the decision from the independent review organization.
- **If the independent review organization says yes to part or all of a request for a Part B drug**, we must authorize or provide the Part B prescription drug within **72 hours** after we get the decision from the independent review organization for **standard requests.** For **expedited requests** we have **24 hours** from the date we get the decision from the independent review organization.
- **If this organization says no to part or all of your appeal**, it means they agree with us that your request (or part of your request) for coverage for medical care shouldn't be approved. (This is called **upholding the decision** or **turning down your appeal**). In this case, the Independent Review Organization will send you a letter that:
  - Explains the decision.
  - Lets you know about your right to a Level 3 appeal if the dollar value of the medical care coverage meets a certain minimum. The written notice you get from the Independent Review Organization will tell you the dollar amount you must meet to continue the appeals process.
  - Tells you how to file a Level 3 appeal.

Step 3: If your case meets the requirements, you choose whether you want to take your appeal further.

- There are three additional levels in the appeals process after Level 2 (for a total of five levels of appeal). If you want to go to a Level 3 appeal the details on how to do this are in the written notice you get after your Level 2 appeal.
- The Level 3 appeal is handled by an Administrative Law Judge or attorney adjudicator. Section 8 explains the Level 3, 4 and 5 appeals processes.

Section 5.5 If you're asking us to pay you for our share of a bill you got for medical care

Chapter 5 describes when you may need to ask for reimbursement or to pay a bill you got from a provider. It also tells how to send us the paperwork that asks us for payment.

Asking for reimbursement is asking for a coverage decision from us

If you send us the paperwork asking for reimbursement, you're asking for a coverage decision. To make this coverage decision, we'll check to see if the medical care you paid for is covered. We'll also check to see if you followed the rules for using your coverage for medical care.

- **If we say yes to your request**: If the medical care is covered and you followed the rules, we'll send you the payment for the cost typically within 30 calendar days, but no later than 60 calendar days after we get your request. If you haven't paid for the medical care, we'll send the payment directly to the provider.
- **If we say no to your request:** If the medical care is not covered, or you did not follow all the rules, we won't send payment. Instead, we'll send you a letter that says we won't pay for the medical care and the reasons why.

If you don't agree with our decision to turn you down, **you can make an appeal**. If you make an appeal, it means you're asking us to change the coverage decision we made when we turned down your request for payment.

To make this appeal, follow the process for appeals in Section 5.3. For appeals concerning reimbursement, note:

- We must give you our answer within 60 calendar days after we get your appeal. If you're asking us to pay you back for medical care you have already received and paid for, you aren't allowed to ask for a fast appeal.
- If the Independent Review Organization decides we should pay, we must send you or the provider the payment within 30 calendar days. If the answer to your appeal is yes at any stage of the appeals process after Level 2, we must send the payment you asked for to you or the provider within 60 calendar days.

SECTION 6 How to ask us to cover a longer inpatient hospital stay if you think you're being discharged too soon

When you're admitted to a hospital, you have the right to get all covered hospital services necessary to diagnose and treat your illness or injury.

During your covered hospital stay, your doctor and the hospital staff will work with you to prepare for the day you leave the hospital. They'll help arrange for care you may need after you leave.

- The day you leave the hospital is called your **discharge date**.
- When your discharge date is decided, your doctor or the hospital staff will tell you.
- If you think you're being asked to leave the hospital too soon, you can ask for a longer hospital stay, and your request will be considered.

Section 6.1 During your inpatient hospital stay, you'll get a written notice from Medicare that tells you about your rights

Within two days of being admitted to the hospital, you'll be given a written notice called *An Important Message from Medicare about Your Rights.* Everyone with Medicare gets a copy of this notice If you don't get the notice from someone at the hospital (for example, a caseworker or nurse), ask any hospital employee

for it. If you need help, call our member experience team at 800-378-5234 (TTY users call 711) or 1-800-MEDICARE (1-800-633-4227). TTY users call 1-877-486-2048.

1. **Read this notice carefully and ask questions if you don't understand it.** It tells you:
   - Your right to get Medicare-covered services during and after your hospital stay, as ordered by your doctor. This includes the right to know what these services are, who will pay for them, and where you can get them.
   - Your right to be involved in any decisions about your hospital stay.
   - Where to report any concerns you have about the quality of your hospital care.
   - Your right to **request an immediate review** of the decision to discharge you if you think you're being discharged from the hospital too soon. This is a formal, legal way to ask for a delay in your discharge date, so we'll cover your hospital care for a longer time.
2. **You'll be asked to sign the written notice to show that you got it and understand your rights.**
   - You or someone who is acting on your behalf will be asked to sign the notice.
   - Signing the notice shows *only* that you got the information about your rights. The notice doesn't give your discharge date. Signing the notice **doesn't mean** you're agreeing on a discharge date.
3. **Keep your copy** of the notice so you'll have the information about making an appeal (or reporting a concern about quality of care) if you need it.
   - If you sign the notice more than two calendar days before your discharge date, you'll get another copy before you're scheduled to be discharged.
   - To look at a copy of this notice in advance, call our member experience team at 800-378-5234 (TTY users call 711) or 1-800 MEDICARE (1-800-633-4227) TTY users should call 1-877-486-2048. You can also get the notice online at CMS.gov/Medicare/forms-notices/beneficiary-notices-initiative/ffs-ma-im.

Section 6.2 How to make a Level 1 appeal to change your hospital discharge date

To ask us to cover inpatient hospital services for a longer time, use the appeals process to make this request. Before you start, understand what you need to do and what the deadlines are.

- **Follow the process.**
- **Meet the deadlines.**
- **Ask for help if you need it**. If you have questions or need help at any time, call our member experience team at 800-378-5234 (TTY users call 711). Or call your State Health Insurance Assistance Program (SHIP) for personalized help. SHIP contact information is available in Chapter 2, Section 3.

During a Level 1 appeal, the Quality Improvement Organization reviews your appeal. It checks to see if your planned discharge date is medically appropriate for you. The **Quality Improvement Organization** is a group of doctors and other health care professionals paid by the federal government to check on and

help improve the quality of care for people with Medicare. This includes reviewing hospital discharge dates for people with Medicare. These experts are not part of our plan.

Step 1: Contact the Quality Improvement Organization for your state and ask for an immediate review of your hospital discharge. You must act quickly.

How can you contact this organization?

- The written notice you got (*An Important Message from Medicare About Your Rights*) tells you how to reach this organization. Or, find the name, address, and phone number of the Quality Improvement Organization for your state in Chapter 2.

Act quickly:

- To make your appeal, you must contact the Quality Improvement Organization *before* you leave the hospital and **no later than midnight the day of your discharge.**
    - **If you meet this deadline**, you can stay in the hospital *after* your discharge date *without paying for it* while you wait to get the decision from the Quality Improvement Organization.
    - **If you don't meet this deadline, contact us.** If you decide to stay in the hospital after your planned discharge date, *you may have to pay all the costs* for hospital care you get after your planned discharge date.
- Once you ask for an immediate review of your hospital discharge the Quality Improvement Organization will contact us. By noon of the day after we're contacted, we'll give you a **Detailed Notice of Discharge**. This notice gives your planned discharge date and explains in detail the reasons why your doctor, the hospital, and we think it's right (medically appropriate) for you to be discharged on that date.
- You can get a sample of the **Detailed Notice of Discharge** by calling our member experience team at 800-378-5234 (TTY users call 711) or 1-800-MEDICARE (1-800-633-4227) (TTY users should call 1-877-486-2048.) Or you can get a sample notice online at CMS.gov/Medicare/forms-notices/beneficiary-notices-initiative/ffs-ma-im.

Step 2: The Quality Improvement Organization conducts an independent review of your case.

- Health professionals at the Quality Improvement Organization (the *reviewers*) will ask you (or your representative) why you believe coverage for the services should continue. You don't have to prepare anything in writing, but you can if you want.
- The reviewers will also look at your medical information, talk with your doctor, and review information that we and the hospital gave them.
- By noon of the day after the reviewers told us of your appeal, you'll get a written notice from us that gives your planned discharge date. This notice also explains in detail the reasons why your doctor, the hospital, and we think it's right (medically appropriate) for you to be discharged on that date.

Step 3: Within one full day after it has all the needed information, the Quality Improvement Organization will give you its answer to your appeal.

What happens if the answer is yes?

- If the independent review organization says *yes*, **we must keep providing your covered inpatient hospital services for as long as these services are medically necessary.**
- You'll have to keep paying your share of the costs (such as deductibles or copayments if these apply). In addition, there may be limitations on your covered hospital services.

What happens if the answer is no?

- If the independent review organization says *no*, they're saying that your planned discharge date is medically appropriate. If this happens, **our coverage for your inpatient hospital services will end** at noon on the day *after* the Quality Improvement Organization gives you its answer to your appeal.
- If the independent review organization says *no* to your appeal and you decide to stay in the hospital, **you may have to pay the full cost** of hospital care you get after noon on the day after the Quality Improvement Organization gives you its answer to your appeal.

Step 4: If the answer to your Level 1 appeal is no, you decide if you want to make another appeal.

- If the Quality Improvement Organization said *no* to your appeal, *and* you stay in the hospital after your planned discharge date, you can make another appeal. Making another appeal means you're going to Level 2 of the appeals process.

Section 6.3 How to make a Level 2 appeal to change your hospital discharge date

During a Level 2 appeal, you ask the Quality Improvement Organization to take another look at its decision on your first appeal. If the Quality Improvement Organization turns down your Level 2 appeal, you may have to pay the full cost for your stay after your planned discharge date.

Step 1: Contact the Quality Improvement Organization again and ask for another review.

- You must ask for this review **within 60 calendar days** after the day the Quality Improvement Organization said *no* to your Level 1 appeal. You can ask for this review only if you stay in the hospital after the date your coverage for the care ended.

Step 2: The Quality Improvement Organization does a second review of your situation.

- Reviewers at the Quality Improvement Organization will take another careful look at all the information related to your appeal.

Step 3: Within 14 calendar days of receipt of your request for a Level 2 appeal, the reviewers will decide on your appeal and tell you it's decision.

If the independent review organization says yes:

- **We must reimburse you** for our share of the costs of hospital care you got since noon on the day after the date your first appeal was turned down by the Quality Improvement Organization. **We**

must continue providing coverage for your inpatient hospital care for as long as it's medically necessary.

- You must continue to pay your share of the costs and coverage limitations may apply.

If the independent review organization says no:

- It means they agree with the decision they made on your Level 1 appeal.
- The notice you get will tell you in writing what you can do if you want to continue with the review process.

Step 4: If the answer is no, you need to decide whether you want to take your appeal further by going to Level 3.

- There are three additional levels in the appeals process after Level 2 (for a total of five levels of appeal). If you want to go to a Level 3 appeal, the details on how to do this are in the written notice you get after your Level 2 appeal decision.
- The Level 3 appeal is handled by an Administrative Law Judge or attorney adjudicator. Section 8 in this chapter tells more about Levels 3, 4 and 5 of the appeals process.

SECTION 7 How to ask us to keep covering certain medical services if you think your coverage is ending too soon

When you're getting covered **home health services, skilled nursing care, or rehabilitation care (Comprehensive Outpatient Rehabilitation Facility)**, you have the right to keep getting your services for that type of care for as long as the care is needed to diagnose and treat your illness or injury.

When we decide it's time to stop covering any of these three types of care for you, we're required to tell you in advance. When your coverage for that care ends, *we'll stop paying our share of the cost for your care.*

If you think we're ending the coverage of your care too soon, **you can appeal our decision**. This section tells you how to ask for an appeal.

Section 7.1 We'll tell you in advance when your coverage will be ending

Legal Term:

Notice of Medicare Non-Coverage. It tells you how you can ask for a **fast-track appeal.** Asking for a fast-track appeal is a formal, legal way to ask for a change to our coverage decision about when to stop your care.

1. **You get a notice in writing** at least two calendar days before our plan is going to stop covering your care. The notice tells you:
   - The date when we'll stop covering the care for you.
   - How to ask for a fast-track appeal to ask us to keep covering your care for a longer period of time.

2. **You, or someone who is acting on your behalf, will be asked to sign the written notice to show that you got it.** Signing the notice shows *only* that you got the information about when your coverage will stop. **Signing it doesn't mean you agree** with our plan's decision to stop care.

Section 7.2 How to make a Level 1 appeal to have our plan cover your care for a longer time

If you want to ask us to cover your care for a longer period of time, you will need to use the appeals process to make this request. Before you start, understand what you need to do and what the deadlines are.

- **Follow the process.**
- **Meet the deadlines.**
- **Ask for help if you need it**. If you have questions or need help call our member experience team at 800-378-5234 (TTY users call 711). Or call your State Health Insurance Assistance Program (SHIP) for personalized help. SHIP contact information is available in Chapter 2, Section 3.

During a Level 1 appeal, the Quality Improvement Organization reviews your appeal. It decides if the end date for your care is medically appropriate. The **Quality Improvement Organization** is a group of doctors and other health care experts who are paid by the federal government to check on and help improve the quality of care for people with Medicare. This includes reviewing plan decisions about when it's time to stop covering certain kinds of medical care. These experts aren't part of our plan.

Step 1: Make your Level 1 appeal: contact the Quality Improvement Organization and ask for a *fast-track appeal*. You must act quickly.

How can you contact this organization?

- The written notice you got (*Notice of Medicare Non-Coverage*) tells you how to reach this organization. Or find the name, address, and phone number of the Quality Improvement Organization for your state in Chapter 2.

Act quickly:

- You must contact the Quality Improvement Organization to start your appeal **by noon of the day before the effective date** on the *Notice of Medicare Non-Coverage*.
- If you miss the deadline, and you want to file an appeal, you still have appeal rights. Contact the Quality Improvement Organization using the contact information on the *Notice of Medicare Non-coverage*. The name, address, and phone number of the Quality Improvement Organization for your state may also be found in Chapter 2.

Step 2: The Quality Improvement Organization conducts an independent review of your case.

Legal Term:

Detailed Explanation of Non-Coverage. Notice that gives details on reasons for ending coverage.

What happens during this review?

- Health professionals at the Quality Improvement Organization (the reviewers) will ask you, or your representative, why you believe coverage for the services should continue. You don't have to prepare anything in writing, but you can if you want.
- The independent review organization will also look at your medical information, talk with your doctor, and review information our plan gives them.
- By the end of the day the reviewers tell us of your appeal, you'll get the *Detailed Explanation of Non-Coverage* from us that explains in detail our reasons for ending our coverage for your services.

Step 3: Within one full day after they have all the information they need; the reviewers will tell you it's decision.

What happens if the reviewers say yes?

- If the reviewers say *yes* to your appeal, then **we must keep providing your covered services for as long as it's medically necessary.**
- You'll have to keep paying your share of the costs (such as deductibles or copayments if these apply). There may be limitations on your covered services.

What happens if the reviewers say no?

- If the reviewers say *no*, then **your coverage will end on the date we told you.**
- If you decide to keep getting the home health care, or skilled nursing facility care, or Comprehensive Outpatient Rehabilitation Facility (CORF) services *after* this date when your coverage ends, then **you'll have to pay the full cost** of this care yourself.

Step 4: If the answer to your Level 1 appeal is no, you decide if you want to make another appeal.

- If reviewers say *no* to your Level 1 appeal – and you choose to continue getting care after your coverage for the care has ended – then you can make a Level 2 appeal.

Section 7.3 How to make a Level 2 appeal to have our plan cover your care for a longer time

During a Level 2 appeal, you ask the Quality Improvement Organization to take another look at the decision on your first appeal. If the Quality Improvement Organization turns down your Level 2 appeal, you may have to pay the full cost for your home health care, or skilled nursing facility care, or Comprehensive Outpatient Rehabilitation Facility (CORF) services *after* the date when we said your coverage would end.

Step 1: Contact the Quality Improvement Organization again and ask for another review.

- You must ask for this review **within 60 calendar days** after the day when the Quality Improvement Organization said *no* to your Level 1 appeal. You can ask for this review only if you continued getting care after the date your coverage for the care ended.

Step 2: The Quality Improvement Organization does a second review of your situation.

- Reviewers at the Quality Improvement Organization will take another careful look at all the information related to your appeal.

Step 3: Within 14 calendar days of receipt of your appeal request, reviewers will decide on your appeal and tell you it's decision.

What happens if the independent review organization says yes?

- **We must reimburse you** for our share of the costs of care you got since the date when we said your coverage would end. **We must continue providing coverage** for the care for as long as it's medically necessary.
- You must continue to pay your share of the costs and there may be coverage limitations that apply.

What happens if the independent review organization says no?

- It means they agree with the decision made to your Level 1 appeal.
- The notice you get will tell you in writing what you can do if you want to continue with the review process. It will give you details about how to go on to the next level of appeal, which is handled by an Administrative Law Judge or attorney adjudicator.

Step 4: If the answer is no, you need to decide whether you want to take your appeal further.

- There are three additional levels of appeal after Level 2, for a total of five levels of appeal. If you want to go on to a Level 3 appeal, the details on how to do this are in the written notice you get after your Level 2 appeal decision.
- The Level 3 appeal is handled by an Administrative Law Judge or attorney adjudicator. Section 8 in this chapter tells more about Levels 3, 4, and 5 of the appeals process.

SECTION 8 Taking your appeal to Levels 3, 4 and 5

Section 8.1 Appeal Levels 3, 4 and 5 for Medical Service Requests

This section may be right for you if you made a Level 1 appeal and a Level 2 appeal, and both of your appeals were turned down.

If the dollar value of the item or medical service you appealed meets certain minimum levels, you may be able to go on to additional levels of appeal. If the dollar value is less than the minimum level, you can't

appeal any further. The written response you get to your Level 2 appeal will explain how to make a Level 3 appeal.

For most situations that involve appeals, the last three levels of appeal work in much the same way as the first two levels. Here's who handles the review of your appeal at each of these levels.

Level 3 appeal

An **Administrative Law Judge** or an attorney adjudicator who works for the federal government will review your appeal and give you an answer.

- **If the Administrative Law Judge or attorney adjudicator says yes to your appeal, the appeals process *may* or *may not* be over.** Unlike a decision at a Level 2 appeal, we have the right to appeal a Level 3 decision that's favorable to you. If we decide to appeal, it will go to a Level 4 appeal.
    - If we decide *not* to appeal, we must authorize or provide you with the medical care within 60 calendar days after we get the Administrative Law Judge's or attorney adjudicator's decision.
    - If we decide to appeal the decision, we'll send you a copy of the Level 4 appeal request with any accompanying documents. We may wait for the Level 4 appeal decision before authorizing or providing the medical care in dispute.
- **If the Administrative Law Judge or attorney adjudicator says no to your appeal, the appeals process *may* or *may not* be over**.
    - If you decide to accept the decision that turns down your appeal, the appeals process is over.
    - If you don't want to accept the decision, you can continue to the next level of the review process. The notice you get will tell you what to do for a Level 4 appeal.

Level 4 appeal

The **Medicare Appeals Council** (Council) will review your appeal and give you an answer. The Council is part of the federal government.

- **If the answer is yes, or if the Council denies our request to review a favorable Level 3 appeal decision, the appeals process *may* or *may not* be over.** Unlike a decision at Level 2, we have the right to appeal a Level 4 decision that is favorable to you. We'll decide whether to appeal this decision to Level 5.
    - If we decide *not* to appeal the decision, we must authorize or provide you with the medical care within 60 calendar days after getting the Council's decision.
    - If we decide to appeal the decision, we'll let you know in writing.
- **If the answer is no or if the Council denies the review request, the appeals process *may* or *may not* be over**.
    - If you decide to accept this decision that turns down your appeal, the appeals process is over.
    - If you don't want to accept the decision, you may be able to continue to the next level of the review process. If the Council says no to your appeal, the notice you get will tell you whether the rules allow you to go to a Level 5 appeal and how to continue with a Level 5 appeal.

Level 5 appeal

A judge at the **Federal District Court** will review your appeal.

- A judge will review all the information and decide *yes* or *no* to your request. This is a final answer. There are no more appeal levels after the Federal District Court.

Making complaints

SECTION 9 How to make a complaint about quality of care, waiting times, customer service, or other concerns

Section 9.1 What kinds of problems are handled by the complaint process?

The complaint process is *only* used for certain types of problems. This includes problems related to quality of care, waiting times, and customer service. Here are examples of the kinds of problems handled by the complaint process.

Complaint	Example
Quality of your medical care	• Are you unhappy with the quality of the care you got (including care in the hospital)?
Respecting your privacy	• Did someone not respect your right to privacy or share confidential information?
Disrespect, poor customer service, or other negative behaviors	• Has someone been rude or disrespectful to you? • Are you unhappy with our member experience team? • Do you feel you're being encouraged to leave our plan?
Waiting times	• Are you having trouble getting an appointment, or waiting too long to get it? • Have you been kept waiting too long by doctors, pharmacists, or other health professionals? Or by our member experience team or other staff at our plan? o Examples include waiting too long on the phone, in the waiting or exam room, or getting a prescription.
Cleanliness	• Are you unhappy with the cleanliness or condition of a clinic, hospital, or doctor's office?
Information you get from us	• Did we fail to give you a required notice? • Is our written information hard to understand?
Timeliness (These types of complaints are all about the *timeliness* of our actions related to coverage decisions and appeals)	If you asked for a coverage decision or made an appeal, and you think we aren't responding quickly enough, you can make a complaint about our slowness. Here are examples: • You asked us for a *fast coverage decision* or a *fast appeal*, and we said no; you can make a complaint.

Complaint	Example
	• You believe we aren't meeting the deadlines for coverage decisions or appeals; you can make a complaint. • You believe we aren't meeting deadlines for covering or reimbursing you for certain medical items or services or drugs that were approved; you can make a complaint. • You believe we failed to meet required deadlines for forwarding your case to the Independent Review Organization; you can make a complaint.

Section 9.2 How to make a complaint

Legal Terms:

A **complaint** is also called a **grievance.**

Making a complaint is called **filing a grievance.**

Using the process for complaints is called **using the process for filing a grievance.**

A **fast complaint** is called an **expedited grievance.**

Step 1: Contact us promptly – either by phone or in writing.

- **Calling our member experience team at 800-378-5234 (TTY users call 711) is usually the first step.** If there's anything else you need to do, our member experience team will let you know.
- **If you don't want to call (or you called and were not satisfied), you can put your complaint in writing and send it to us.** If you put your complaint in writing, we'll respond to your complaint in writing.
- Send your grievance (complaint) in writing to Network Health Medicare Advantage Plans, Attn: Appeals and Grievances, PO Box 120, 1570 Midway Pl., Menasha, WI 54952, via fax at 920-720-1832, or phone by calling 800-378-5234 (TTY 711).
- If you request a fast coverage determination or appeal and we deny your request, we'll call you and send you a letter within 72 hours notifying you that your request will automatically follow the standard grievance and appeals process.
- The **deadline** for making a complaint is 60 calendar days from the time you had the problem you want to complain about.

Step 2: We look into your complaint and give you our answer.

- **If possible, we'll answer you right away.** If you call us with a complaint, we may be able to give you an answer on the same phone call.
- **Most complaints are answered within 30 calendar days.** If we need more information and the delay is in your best interest or if you ask for more time, **we can take up to 14 more calendar days**

(44 calendar days total) to answer your complaint. If we decide to take extra days, we'll tell you in writing.

- **If you're making a complaint because we denied your request for a fast coverage decision or a fast appeal, we'll automatically give you a fast complaint.** If you have a fast complaint, it means we'll give you **an answer within 24 hours**.
- **If we don't agree** with some or all of your complaint or don't take responsibility for the problem you're complaining about, we'll include our reasons in our response to you.

Section 9.3 You can also make complaints about quality of care to the Quality Improvement Organization

When your complaint is about *quality of care*, you have two extra options:

- You can make your complaint directly to the Quality Improvement Organization.
  The Quality Improvement Organization is a group of practicing doctors and other health care experts paid by the federal government to check and improve the care given to Medicare patients. Chapter 2 has contact information.

Or

- **You can make your complaint to both the Quality Improvement Organization and us at the same time**.

Section 9.4 You can also tell Medicare about your complaint

You can submit a complaint about Network Health Bravo directly to Medicare. To submit a complaint to Medicare, go to www.Medicare.gov/my/medicare-complaint. You can also call 1-800-MEDICARE (1-800-633-4227). TTY/TDD users call 1-877-486-2048.

CHAPTER 8:
Ending membership in our plan

SECTION 1 Ending your membership in our plan

Ending your membership in Network Health Bravo may be **voluntary** (your own choice) or **involuntary** (not your own choice):

- You might leave our plan because you decide that you *want* to leave. Sections 2 and 3 give information on ending your membership voluntarily.
- There are also limited situations where we're required to end your membership. Section 5 tells you about situations when we must end your membership.

If you're leaving our plan, our plan must continue to provide your medical care, and you'll continue to pay your cost share until your membership ends.

SECTION 2 When can you end your membership in our plan?

Section 2.1 You can end your membership during the Open Enrollment Period

You can end your membership in our plan during the **Open Enrollment Period** each year. During this time, review your health and drug coverage and decide about coverage for the upcoming year.

- **The Open Enrollment Period** is from **October 15 to December 7**.
- **Choose to keep your current coverage or make changes to your coverage for the upcoming year.** If you decide to change to a new plan, you can choose any of the following types of plans:
    - Another Medicare health plan, with or without drug coverage.
    - Original Medicare *with* a separate Medicare drug plan.
    - Original Medicare *without* a separate Medicare drug plan.
- **Your membership will end in our plan** when your new plan's coverage starts on January 1.

Section 2.2 You can end your membership during the Medicare Advantage Open Enrollment Period

You can make *one* change to your health coverage during the **Medicare Advantage Open Enrollment Period each year**.

- **The Medicare Advantage Open Enrollment Period** is from January 1 to March 31 and also for new Medicare enrollees who are enrolled in an MA plan, from the month of entitlement to Part A and Part B until the last day of the 3rd month of entitlement.

- **During the Medicare Advantage Open Enrollment Period** you can:
  - Switch to another Medicare Advantage Plan with or without drug coverage.
  - Disenroll from our plan and get coverage through Original Medicare. If you switch to Original Medicare during this period, you can also join a separate Medicare drug plan at the same time.
- **Your membership will end** on the first day of the month after you enroll in a different Medicare Advantage plan, or we get your request to switch to Original Medicare. If you also choose to enroll in a Medicare drug plan, your membership in the drug plan will start the first day of the month after the drug plan gets your enrollment request.

Section 2.3 In certain situations, you can end your membership during a Special Enrollment Period

In certain situations, members of Network Health Bravo may be eligible to end their membership at other times of the year. This is known as a **Special Enrollment Period**.

You may be eligible to end your membership during a Special Enrollment Period if any of the following situations apply to you. These are just examples. For the full list you can contact our plan, call Medicare, or visit (www.Medicare.gov):

- Usually, when you move
- If you have Wisconsin Medicaid.
- If we violate our contract with you.
- If you're getting care in an institution, such as a nursing home or long-term care (LTC) hospital.

Enrollment time periods vary depending on your situation.

To find out if you're eligible for a Special Enrollment Period, call Medicare at 1-800-MEDICARE (1-800-633-4227). TTY users call 1-877-486-2048. If you're eligible to end your membership because of a special situation, you can choose to change both your Medicare health coverage and drug coverage. You can choose:

- Another Medicare health plan with or without drug coverage.
- Original Medicare *with* a separate Medicare drug plan.
- Original Medicare *without* a separate Medicare drug plan.

Your membership will usually end on the first day of the month after we get your request to change your plan.

Section 2.4 Get more information about when you can end your membership

If you have questions about ending your membership you can:

- **Call our member experience team at 800-378-5234 (TTY users call 711).**
- Find the information in the ***Medicare & You 2026*** handbook.
- Contact **Medicare** at 1-800-MEDICARE (1-800-633-4227) TTY users call 1-877-486-2048.

SECTION 3 How to end your membership in our plan

The table below explains how you can end your membership in our plan.

To switch from our plan to:	Here's what to do:
Another Medicare health plan	• Enroll in the new Medicare health plan. • You'll automatically be disenrolled from Network Health Bravo when your new plan's coverage starts.
Original Medicare *with* a separate Medicare drug plan	• Enroll in the new Medicare drug plan. • You'll automatically be disenrolled from Network Health Bravo when your new plan's coverage starts.
Original Medicare *without* a separate Medicare drug plan	• **Send us a written request to disenroll.** Contact our member experience team at 800-378-5234 (TTY users call 711) if you need more information on how to do this. • You can also contact **Medicare** at 1-800-MEDICARE (1-800-633-4227) and ask to be disenrolled. TTY users call 1-877-486-2048. • You'll be disenrolled from Network Health Bravo when your coverage in Original Medicare starts.

Note: If you also have creditable drug coverage (e.g., a separate Medicare drug plan) and disenroll from that coverage, you may have to pay a Part D late enrollment penalty if you join a Medicare drug plan later after going without creditable drug coverage for 63 days or more in a row.

SECTION 4 Until your membership ends, you must keep getting your medical items and services through our plan

Until your membership ends, and your new Medicare coverage starts, you must continue to get your medical items and services through our plan.

- **Continue to use our in-network providers to get medical care.**
- **If you're hospitalized on the day your membership ends, your hospital stay will be covered by our plan until you're discharged** (even if you're discharged after your new health coverage starts).

SECTION 5 Network Health Bravo must end your membership in the plan in certain situations

Network Health Bravo must end your membership in our plan if any of the following happen:

- If you no longer have Medicare Part A and Part B
- If you move out of our service area

- If you're away from our service area for more than six months.
    - If you move or take a long trip, call our member experience team at 800-378-5234 (TTY users call 711) to find out if the place you are moving or traveling to is in our plan's area.
- If you become incarcerated (go to prison).
- If you're no longer a United States citizen or lawfully present in the United States
- If you intentionally give us incorrect information when you're enrolling in our plan, and that information affects your eligibility for our plan. (We can't make you leave our plan for this reason unless we get permission from Medicare first.)
- If you continuously behave in a way that is disruptive and makes it difficult for us to provide medical care for you and other members of our plan. (We can't make you leave our plan for this reason unless we get permission from Medicare first.)
- If you let someone else use your member ID card to get medical care. (We can't make you leave our plan for this reason unless we get permission from Medicare first.)
    - If we end your membership because of this reason, Medicare may have your case investigated by the Inspector General.
- If you don't pay our plan premiums and your account balance is $250 or more for three consecutive months.
    - We must notify you in writing that you have three months to pay our plan premium before we end your membership.

If you have questions or want more information on when we can end your membership call our member experience team at 800-378-5234 (TTY users call 711).

Section 5.1 We can't ask you to leave our plan for any health-related reason

Network Health Bravo Isn't allowed to ask you to leave our plan for any health-related reason.

What should you do if this happens?

If you feel you're being asked to leave our plan because of a health-related reason, you should call Medicare at 1-800-MEDICARE (1-800-633-4227). TTY users call 1-877-486-2048.

Section 5.2 You have the right to make a complaint if we end your membership in our plan

If we end your membership in our plan, we must tell you our reasons in writing for ending your membership. We must also explain how you can file a grievance or make a complaint about our decision to end your membership.

CHAPTER 9: Legal notices

SECTION 1 Notice about governing law

The principal law that applies to this *Evidence of Coverage* document is Title XVIII of the Social Security Act and the regulations created under the Social Security Act by the Centers for Medicare & Medicaid Services (CMS). In addition, other federal laws may apply and, under certain circumstances, the laws of the state you live in. This may affect your rights and responsibilities even if the laws aren't included or explained in this document.

SECTION 2 Notice about non-discrimination

We don't discriminate based on race, ethnicity, national origin, color, religion, sex, age, mental or physical disability, health status, claims experience, medical history, genetic information, evidence of insurability, or geographic location within the service area. All organizations that provide Medicare Advantage plans, like our plan, must obey federal laws against discrimination, including Title VI of the Civil Rights Act of 1964, the Rehabilitation Act of 1973, the Age Discrimination Act of 1975, the Americans with Disabilities Act, Section 1557 of the Affordable Care Act, all other laws that apply to organizations that get federal funding, and any other laws and rules that apply for any other reason.

If you want more information or have concerns about discrimination or unfair treatment, call the Department of Health and Human Services' **Office for Civil Rights** at 1-800-368-1019 (TTY 1-800-537-7697) or your local Office for Civil Rights. You can also review information from the Department of Health and Human Services' Office for Civil Rights at www.HHS.gov/ocr/index.html.

If you have a disability and need help with access to care, call our member experience team at 800-378-5234 (TTY users call 711). If you have a complaint, such as a problem with wheelchair access, our member experience team can help.

SECTION 3 Notice about Medicare Secondary Payer subrogation rights

We have the right and responsibility to collect for covered Medicare services for which Medicare is not the primary payer. According to CMS regulations at 42 CFR sections 422.108 and 423.462, Network Health Bravo, as a Medicare Advantage Organization, will exercise the same rights of recovery that the Secretary exercises under CMS regulations in subparts B through D of part 411 of 42 CFR and the rules established in this section supersede any state laws.

SECTION 4 Third Party Liabilities

As a member of Network Health Bravo, you agree to assign to Network Health Insurance Corporation all rights and claims against any third party for recovery of medical, surgical or hospital care costs that Network Health Insurance Corporation pays or arranges to pay on your behalf. Network Health Insurance Corporation has the right of subrogation against third parties liable or responsible for medical, surgical or hospital care costs that Network Health Insurance Corporation arranges or pays on your behalf.

As a member of Network Health Bravo, you agree to release any medical, surgical or hospital care expense-related claim you may have against a third party when Network Health Insurance Corporation settles or compromises the claim.

As a member of Network Health Bravo, you must notify Network Health Insurance Corporation in writing within 31 days after the start of any legal proceedings against a third party. You may not enter into a proposed settlement, compromise, agreed judgement or release of claims against a third party without Network Health Insurance Corporation’s written consent.

As a member of Network Health Bravo*,* you agree to permit Network Health Insurance Corporation to participate or intervene in any legal proceeding against a third party at Network Health Insurance Corporation’s own expense.

CHAPTER 10: Definitions

Allowed Amount – This is the maximum amount the plan will pay.

Ambulatory Surgical Center – An Ambulatory Surgical Center is an entity that operates exclusively for the purpose of furnishing outpatient surgical services to patients not requiring hospitalization and whose expected stay in the center doesn't exceed 24 hours.

Appeal – An appeal is something you do if you disagree with our decision to deny a request for coverage of health care services or payment for services you already got. You may also make an appeal if you disagree with our decision to stop services that you're getting.

Balance Billing – When a provider (such as a doctor or hospital) bills a patient more than our plan's allowed cost-sharing amount. As a member of Network Health Bravo you only have to pay our plan's cost-sharing amounts when you get services covered by our plan. We don't allow providers to **balance bill** or otherwise charge you more than the amount of cost sharing our plan says you must pay.

Calendar Year – Each successive period of twelve (12) months starting on January 1 and ending on December 31.

Centers for Medicare & Medicaid Services (CMS) – The federal agency that administers Medicare.

Coinsurance – An amount you may be required to pay, expressed as a percentage (for example 20 percent) as your share of the cost for services.

Combined Maximum Out-of-Pocket Amount – This is the most you'll pay in a year for all Part A and Part B services from both in-network (preferred) providers and out-of-network (non-preferred) providers. Go to Chapter 4, Section 1.2 for information about your combined maximum out-of-pocket amount.

Complaint – The formal name for making a complaint is **filing a grievance**. The complaint process is used *only* for certain types of problems. This includes problems about quality of care, waiting times, and the customer service you get. It also includes complaints if our plan doesn't follow the time periods in the appeal process.

Comprehensive Outpatient Rehabilitation Facility (CORF) – A facility that mainly provides rehabilitation services after an illness or injury, including physical therapy, social or psychological services, respiratory therapy, occupational therapy and speech-language pathology services, and home environment evaluation services.

Copayment – An amount you may be required to pay as your share of the cost for a medical service or supply, like a doctor's visit, hospital outpatient visit, or a prescription. A copayment is a set amount (for example $10), rather than a percentage.

Cost Sharing – Cost sharing refers to amounts that a member has to pay when services are gotten. Cost sharing includes any combination of the following three types of payments: 1) any deductible amount a plan may impose before services are covered; 2) any fixed copayment amount that a plan requires when a specific service is gotten; or 3) any coinsurance amount, a percentage of the total amount paid for a service, that a plan requires when a specific service is gotten.

Covered Services – The term we use to mean all the health care services and supplies that are covered by our plan.

Creditable Prescription Drug Coverage – Prescription drug coverage (for example, from an employer or union) that is expected to pay, on average, at least as much as Medicare's standard prescription drug coverage. People who have this kind of coverage when they become eligible for Medicare can generally keep that coverage without paying a penalty, if they decide to enroll in Medicare prescription drug coverage later.

Critical Access Hospital – A rural acute care facility providing 24-hour emergency services, acute inpatient and swing-bed care.

Custodial Care – Custodial care is personal care provided in a nursing home, hospice, or other facility setting when you don't need skilled medical care or skilled nursing care. Custodial care, provided by people who don't have professional skills or training, includes help with activities of daily living like bathing, dressing, eating, getting in or out of a bed or chair, moving around, and using the bathroom. It may also include the kind of health-related care that most people do themselves, like using eye drops. Medicare doesn't pay for custodial care.

Deductible – The amount you must pay for health care before our plan pays.

Disenroll or **Disenrollment** – The process of ending your membership in our plan.

Durable Medical Equipment (DME) – Certain medical equipment that is ordered by your doctor for medical reasons. Examples include walkers, wheelchairs, crutches, powered mattress systems, diabetic supplies, IV infusion pumps, speech generating devices, oxygen equipment, nebulizers, or hospital beds ordered by a provider for use in the home.

Emergency – A medical emergency is when you, or any other prudent layperson with an average knowledge of health and medicine, believe that you have medical symptoms that require immediate medical attention to prevent loss of life (and, if you're a pregnant woman, loss of an unborn child), loss of a limb, or loss of function of a limb, or loss of or serious impairment to a bodily function. The medical symptoms may be an illness, injury, severe pain, or a medical condition that is quickly getting worse.

Emergency Care – Covered services that are: 1) provided by a provider qualified to furnish emergency services; and 2) needed to treat, evaluate, or stabilize an emergency medical condition.

Evidence of Coverage (EOC) and Disclosure Information – This document, along with your enrollment form and any other attachments, riders, or other optional coverage selected, which explains your coverage, what we must do, your rights, and what you have to do as a member of our plan.

Grievance - A type of complaint you make about our plan or providers, including a complaint concerning the quality of your care. This doesn't involve coverage or payment disputes.

Home Health Aide – A person who provides services that don't need the skills of a licensed nurse or therapist, such as help with personal care (e.g., bathing, using the toilet, dressing, or carrying out the prescribed exercises).

Hospice - A benefit that provides special treatment for a member who has been medically certified as terminally ill, meaning having a life expectancy of six months or less. Our plan must provide you with a list of hospices in your geographic area. If you elect hospice and continue to pay premiums, you're still a member of our plan. You can still get all medically necessary services as well as the supplemental benefits we offer.

Hospital Inpatient Stay – A hospital stay when you've been formally admitted to the hospital for skilled medical services. Even if you stay in the hospital overnight, you might still be considered an outpatient.

Initial Enrollment Period – When you're first eligible for Medicare, the period of time when you can sign up for Medicare Part A and Part B. If you're eligible for Medicare when you turn 65, your Initial Enrollment Period is the 7-month period that begins three months before the month you turn 65, includes the month you turn 65, and ends three months after the month you turn 65.

In-Network Maximum Out-of-Pocket Amount – The most you'll pay for covered Part A and Part B services gotten from in-network (preferred) providers. After you have reached this limit, you won't have to pay anything when you get covered services from in-network providers for the rest of the contract year. However, until you reach your combined out-of-pocket amount, you must continue to pay your share of the costs when you seek care from an out-of-network (non-preferred) provider.

In-Network Provider – Provider is the general term for doctors, other health care professionals, hospitals, and other health care facilities that are licensed or certified by Medicare and by the state to provide health care services. **In-network providers** have an agreement with our plan to accept our payment as payment in full, and in some cases to coordinate as well as provide covered services to members of our plan. In-network providers are also called **plan providers**.

Medicaid (or Medical Assistance) – A joint federal and state program that helps with medical costs for some people with low incomes and limited resources. State Medicaid programs vary, but most health care costs are covered if you qualify for both Medicare and Medicaid.

Medically Necessary – Services, supplies, or drugs that are needed for the prevention, diagnosis, or treatment of your medical condition and meet accepted standards of medical practice. Health care services or supplies are considered medically necessary when they meet these requirements:

a) Are necessary to identify, diagnose or treat a bodily injury or illness;

b) Are consistent with your diagnosis in accord with generally accepted standards of the medical community;

c) Are provided in the least intense, most cost-effective setting or manner needed for your bodily injury or illness.

Medicare – The federal health insurance program for people 65 years of age or older, some people under age 65 with certain disabilities, and people with End-Stage Renal Disease (generally those with permanent kidney failure who need dialysis or a kidney transplant).

Medicare Advantage Open Enrollment Period – The time period from January 1 to March 31 when members in a Medicare Advantage plan can cancel their plan enrollment and switch to another Medicare Advantage plan or get coverage through Original Medicare. If you choose to switch to Original Medicare during this period, you can also join a separate Medicare prescription drug plan at that time. The Medicare Advantage Open Enrollment Period is also available for a 3-month period after a person is first eligible for Medicare.

Medicare Advantage (MA) Plan – Sometimes called Medicare Part C. A plan offered by a private company that contracts with Medicare to provide you with all your Medicare Part A and Part B benefits. A Medicare Advantage Plan can be a i) HMO, ii) PPO, a iii) Private Fee-for-Service (PFFS) plan, or a iv) Medicare Medical Savings Account (MSA) plan. Besides choosing from these types of plans, a Medicare Advantage HMO or PPO plan can also be a Special Needs Plan (SNP). In most cases, Medicare Advantage Plans also offer Medicare Part D (prescription drug coverage). These plans are called **Medicare Advantage Plans with Prescription Drug Coverage**.

Medicare-Covered Services – Services covered by Medicare Part A and Part B. All Medicare health plans must cover all the services that are covered by Medicare Part A and B. The term Medicare-Covered Services doesn't include the extra benefits, such as vision, dental or hearing, that a Medicare Advantage plan may offer.

Medicare Health Plan – A Medicare health plan is offered by a private company that contracts with Medicare to provide Part A and Part B benefits to people with Medicare who enroll in the plan. This term includes all Medicare Advantage Plans, Medicare Cost Plans, Special Needs Plans, Demonstration/Pilot Programs, and Programs of All-inclusive Care for the Elderly (PACE).

Medigap (Medicare Supplement Insurance) Policy – Medicare supplement insurance sold by private insurance companies to fill *gaps* in Original Medicare. Medigap policies only work with Original Medicare. (A Medicare Advantage Plan is not a Medigap policy.)

Member (Member of our Plan, or Plan Member) – A person with Medicare who is eligible to get covered services, who has enrolled in our plan, and whose enrollment has been confirmed by the Centers for Medicare & Medicaid Services (CMS).

Member Experience Team (commonly referred to as customer service) – A department within our plan responsible for answering your questions about your membership, benefits, grievances, and appeals.

Observation Services – Observation services are hospital outpatient services given to help the doctor decide if the patient needs to be admitted as an inpatient or can be discharged. Observation services may be given in the emergency department or another area of the hospital.

Open Enrollment Period – The time period of October 15 until December 7 of each year when members can change their health or drug plans or switch to Original Medicare.

Optional Supplemental Benefits – Non-Medicare-covered benefits that can be purchased for an additional premium and aren't included in your package of benefits. You must voluntarily elect Optional Supplemental Benefits to get them.

Organization Determination – A decision our plan makes about whether items or services are covered or how much you have to pay for covered items or services. Organization determinations are called coverage decisions in this document.

Original Medicare (Traditional Medicare or Fee-for-service Medicare) – Original Medicare is offered by the government, and not a private health plan such as Medicare Advantage plans and prescription drug plans. Under Original Medicare, Medicare services are covered by paying doctors, hospitals, and other health care providers payment amounts established by Congress. You can see any doctor, hospital, or other health care provider that accepts Medicare. You must pay the deductible. Medicare pays its share of the Medicare-approved amount, and you pay your share. Original Medicare has two parts: Part A (Hospital Insurance) and Part B (Medical Insurance) and is available everywhere in the United States.

Out-of-Network Provider or Out-of-Network Facility – A provider or facility that doesn't have a contract with our plan to coordinate or provide covered services to members of our plan. Out-of-network providers are providers that aren't employed, owned, or operated by our plan.

Out-of-Pocket Costs – Go to the definition for cost sharing above. A member's cost-sharing requirement to pay for a portion of services gotten is also referred to as the member's out-of-pocket cost requirement.

Over-the-Counter (OTC) – Drugs and health-related products that do not need a prescription.

PACE plan – A PACE (Program of All-Inclusive Care for the Elderly) plan combines medical, social, and long-term services and supports (LTSS) for frail people to help people stay independent and living in their community (instead of moving to a nursing home) as long as possible. People enrolled in PACE plans get both their Medicare and Medicaid benefits through the plan.

Part C – Go to Medicare Advantage (MA) Plan.

Part D – The voluntary Medicare Prescription Drug Benefit Program.

Preferred Provider Organization (PPO) Plan – A Preferred Provider Organization plan is a Medicare Advantage Plan that has a network of contracted providers that have agreed to treat plan members for a specified payment amount. A PPO plan must cover all plan benefits whether they're received from in-network or out-of-network providers. Member cost sharing will generally be higher when plan benefits are gotten from out-of-network providers. PPO plans have an annual limit on your out-of-pocket costs for services received from in-network (preferred) providers and a higher limit on your total combined out-of-pocket costs for services from both in-network (preferred) and out-of-network (non-preferred) providers.

Premium – The periodic payment to Medicare, an insurance company, or a health care plan for health or prescription drug coverage.

Preventive Services – Health care to prevent illness or detect illness at an early stage, when treatment is likely to work best (for example, preventive services include Pap tests, flu shots, and screening mammograms).

Primary Care Provider (PCP) – The doctor or other provider you see first for most health problems. In many Medicare health plans, you must see your primary care provider before you see any other health care provider.

Prior Authorization – Approval in advance to get covered services based on specific criteria. In the network portion of a PPO, some in-network medical services are covered only if your doctor or other in-network provider gets *prior authorization* from our plan. In a PPO, you don't need prior authorization to get out-of-network services. However, you may want to check with our plan before getting services from out-of-network providers to confirm that the service is covered by our plan and what your cost-sharing responsibility is. Covered services that need prior authorization are marked in the Medical Benefits Chart in Chapter 4.

Prosthetics and Orthotics – Medical devices including, but not limited to, arm, back and neck braces; artificial limbs; artificial eyes; and devices needed to replace an internal body part or function, including ostomy supplies and enteral and parenteral nutrition therapy.

Quality Improvement Organization (QIO) – A group of practicing doctors and other health care experts paid by the federal government to check and improve the care given to Medicare patients.

Referral – A written order from your primary care doctor for you to visit a specialist or get certain medical services.

Rehabilitation Services – These services include inpatient rehabilitation care, physical therapy (outpatient), speech and language therapy, and occupational therapy.

Self-Administered Drugs (SADs) – Medications that you would normally take on your own, such as medications to control blood pressure or diabetes.

Service Area – A geographic area where you must live to join a particular health plan. For plans that limit which doctors and hospitals you may use, it's also generally the area where you can get routine (non-emergency) services. Our plan must disenroll you if you permanently move out of our plan's service area.

Skilled Nursing Facility (SNF) Care – Skilled nursing care and rehabilitation services provided on a continuous, daily basis, in a skilled nursing facility. Examples of care include physical therapy or intravenous injections that can only be given by a registered nurse or doctor.

Special Enrollment Period – A set time when members can change their health or drug plans or return to Original Medicare. Situations in which you may be eligible for a Special Enrollment Period include: if you move outside the service area, if you move into a nursing home, or if we violate our contract with you.

Special Needs Plan – A special type of Medicare Advantage Plan that provides more focused health care for specific groups of people, such as those who have both Medicare and Medicaid, who live in a nursing home, or who have certain chronic medical conditions.

Step Therapy – A utilization tool that requires you to first try another Part B covered drug to treat your medical condition before we will cover the Part B drug your physician may have initially prescribed.

Supplemental Security Income (SSI) – A monthly benefit paid by Social Security to people with limited income and resources who are disabled, blind, or age 65 and older. SSI benefits aren't the same as Social Security benefits.

Urgently Needed Services – A plan-covered service requiring immediate medical attention that's not an emergency is an urgently needed service if either you're temporarily outside our plan's service area, or it's unreasonable given your time, place, and circumstances to get this service from network providers. Examples of urgently needed services are unforeseen medical illnesses and injuries, or unexpected flare-ups of existing conditions. Medically necessary routine provider visits (like annual checkups) aren't considered urgently needed even if you're outside our plan's service area or our plan network is temporarily unavailable.

Network Health Bravo Member Experience Team

Method	Member Experience Team – Contact Information
Call	800-378-5234 Calls to this number are free. Monday – Friday from 8 a.m. to 8 p.m. Our member experience team has free language interpreter services available for non-English speakers.
TTY	711 This number requires special telephone equipment and is only for people who have difficulties with hearing or speaking. Calls to this number are free. Monday – Friday from 8 a.m. to 8 p.m.
Fax	920-720-1905
Write	Network Health Medicare Advantage Plans PO Box 120 1570 Midway Pl. Menasha, WI 54952
Website	networkhealth.com

Wisconsin SHIP

Wisconsin SHIP is a state program that gets money from the federal government to give free local health insurance counseling to people with Medicare.

Method	Contact Information
Call	1-800-242-1060
TTY	711 This number requires special telephone equipment and is only for people who have difficulties with hearing or speaking.
Write	Wisconsin State Health Insurance Assistance Program 1402 Pankratz Street, Suite 111 Madison, WI 53704-4001
Email	BOALTC@wisconsin.gov
Website	dhs.wisconsin.gov/benefit-specialists/medicare-counseling.htm

PRA Disclosure Statement *According to the Paperwork Reduction Act of 1995, no persons are required to respond to a collection of information unless it displays a valid OMB control number. The valid OMB control number for this information collection is 0938-1051. If you have comments or suggestions for improving this form, please write to: CMS, 7500 Security Boulevard, Attn: PRA Reports Clearance Officer, Mail Stop C4-26-05, Baltimore, Maryland 21244-1850.*

Discrimination is Against the Law

Network Health complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex, including sex characteristics, including intersex traits; pregnancy or related conditions; sexual orientation; gender identity, and sex stereotypes. Network Health does not exclude people or treat them less favorably because of race, color, national origin, age, disability, or sex.

Network Health:

- Provides people with disabilities reasonable modifications and free appropriate auxiliary aids and services to communicate effectively with us, such as:
  - Qualified sign language interpreters
  - Written information in other formats (large print, audio, accessible electronic formats, other formats).
- Provides free language assistance services to people whose primary language is not English, which may include:
  - Qualified interpreters
  - Information written in other languages.

If you need reasonable modifications, appropriate auxiliary aids and services, or language assistance services, contact Network Health's Compliance Officer.

If you believe that Network Health has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex, you can file a grievance with:

Network Health
Attn: Compliance Officer
1570 Midway Place
Menasha, WI 54952
Phone: 800-378-5234
(TTY users should call 711)
Email: compliance@networkhealth.com

You can file a grievance in person or by mail, fax, or email. If you need help filing a grievance, Network Health's compliance Officer is available to help you.

You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights, electronically through the Office for Civil Rights Complaint Portal, available at https://ocrportal.hhs.gov/ocr/portal/lobby.jsf, or by mail or phone at:

U.S. Department of Health and Human Services
200 Independence Avenue, SW
Room 509F, HHH Building
Washington, D.C. 20201
1-800-368-1019, 800-537-7697 (TDD)

Complaint forms are available at http://www.hhs.gov/ocr/office/file/index.html.

This notice is available at Network Health's website: networkhealth.com.

Notice of Availability of Language Assistance Services and Auxiliary Aids and Services

ATTENTION: Free language assistance services are available to you. Appropriate auxiliary aids and services to provide information in accessible formats are also available free of charge. Call 800-378-5234 (TTY: 711) or speak to your provider.

Albanian: Nëse flisni shqip, shërbime falas të ndihmës së gjuhës janë në dispozicion për ju. Ndihma të përshtatshme dhe shërbime shtesë për të siguruar informacion në formate të përdorshme janë gjithashtu në dispozicion falas. Telefononi 800-378-5234 (TTY: 711) ose bisedoni me ofruesin tuaj të shërbimit.

Arabic: إذا كنت تتحدث اللغة العربية، فستتوفر لك خدمات تنبيه: كما تتوفر وسائل مساعدة وخدمات مناسبة المساعدة اللغوية المجانية. اتصل على لتوفير المعلومات بتنسيقات يمكن الوصول إليها مجانًا. أو تحدث إلى مقدم الخدمة.(711) 800-378-5234 الرقم

Chinese: 如果您说中文，我们将免费为您提供语言协助服务。我们还免费提供适当的辅助工具和服务，以无障碍格式提供信息。致电 800-378-5234（文本电话：711）或咨询您的服务提供商。

French: Si vous parlez Français, des services d'assistance linguistique gratuits sont à votre disposition. Des aides et services auxiliaires appropriés pour fournir des informations dans des formats accessibles sont également disponibles gratuitement. Appelez le 800-378-5234 (TTY : 711) ou parlez à votre fournisseur.

German: Wenn Sie Deutsch sprechen, stehen Ihnen kostenlose Sprachassistenzdienste zur Verfügung. Entsprechende Hilfsmittel und Dienste zur Bereitstellung von Informationen in barrierefreien Formaten stehen ebenfalls kostenlos zur Verfügung. Rufen Sie 800-378-5234 (TTY : 711) an oder sprechen Sie mit Ihrem Provider.

Hindi: यदि आप हिंदी बोलते हैं, तो आपके लिए निःशुल्क भाषा सहायता सेवाएं उपलब्ध होती हैं। सुलभ प्रारूपों में जानकारी प्रदान करने के लिए उपयुक्त सहायक साधन और सेवाएँ भी निःशुल्क उपलब्ध 800-378-5234 (TTY : 711) पर कॉल करें या अपने प्रदाता से बात करें।

Hmong: Yog hais tias koj hais Lus Hmoob muaj cov kev pab cuam txhais lus pub dawb rau koj. Cov kev pab thiab cov kev pab cuam ntxiv uas tsim nyog txhawm rau muab lus qhia paub ua cov hom ntaub ntawv uas tuaj yeem nkag cuag tau rau los kuj yeej tseem muaj pab dawb tsis xam tus nqi dab tsi ib yam nkaus. Hu rau 800-378-5234 (TTY : 711) los sis sib tham nrog koj tus kws muab kev saib xyuas kho mob.

Korean:한국어를 사용하시는 경우 무료 언어 지원 서비스를 이용하실 수 있습니다. 이용 가능한 형식으로 정보를 제공하는 적절한 보조 기구 및 서비스도 무료로 제공됩니다. 800-378-5234 (TTY : 711) 번으로 전화하거나 서비스 제공업체에 문의하십시오.

Laotian: ຖ້າທ່ານເວົ້າພາສາ ລາວ, ຈະມີບໍລິການຊ່ວຍດ້ານພາສາແບບບໍ່ເສຍຄ່າໃຫ້ທ່ານ. ມີເຄື່ອງຊ່ວຍ ແລະ ການບໍລິການແບບບໍ່ເສຍຄ່າທີ່ເໝາະສົມເພື່ອໃຫ້ຂໍ້ມູນໃນຮູບແບບທີ່ສາມາດເຂົ້າເຖິງໄດ້. ໂທຫາເບີ 800-378-5234 (TTY : 711) ຫຼື ລົມກັບຜູ້ໃຫ້ບໍລິການຂອງທ່ານ.

Pennsylvania Dutch: Wann du Druwwel hoscht fer Englisch verschtehe, kenne mer epper beigriege fer dich helfe unni as es dich ennich eppes koschte zeelt. Mir kenne dich helfe aa wann du Druwwel hoscht fer heere odder sehne. Mir kenne Schtofft lauder mache odder iesier fer lese un sell koscht dich aa nix. Ruf 800-378-5234 (TTY: 711) uff odder schwetz mit dei Provider.

Polish: Osoby mówiące po polsku mogą skorzystać z bezpłatnej pomocy językowej. Dodatkowe pomoce i usługi zapewniające informacje w dostępnych formatach są również dostępne bezpłatnie. Zadzwoń pod numer 800-378-5234 (TTY : 711) lub porozmawiaj ze swoim dostawcą.

Russian: Если вы говорите на русский, вам доступны бесплатные услуги языковой поддержки. Соответствующие вспомогательные средства и услуги по предоставлению информации в доступных форматах также предоставляются бесплатно. Позвоните по телефону 800-378-5234 (TTY : 711) или обратитесь к своему поставщику услуг.

Spanish: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. También están disponibles de forma gratuita ayuda y servicios auxiliares apropiados para proporcionar información en formatos accesibles. Llame al 800-378-5234 (TTY : 711) o hable con su proveedor.

Tagalog: Kung nagsasalita ka ng Tagalog, magagamit mo ang mga libreng serbisyong tulong sa wika. Magagamit din nang libre ang mga naaangkop na auxiliary na tulong at serbisyo upang magbigay ng impormasyon sa mga naa-access na format. Tumawag sa 800-378-5234 (TTY : 711) o makipag-usap sa iyong provider.

Vietnamese: Nếu bạn nói tiếng Việt, chúng tôi cung cấp miễn phí các dịch vụ hỗ trợ ngôn ngữ. Các hỗ trợ dịch vụ phù hợp để cung cấp thông tin theo các định dạng dễ tiếp cận cũng được cung cấp miễn phí. Vui lòng gọi theo số 800-378-5234 (Người khuyết tật: 711) hoặc trao đổi với người cung cấp dịch vụ của bạn.

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1570 Midway Pl.
Menasha, WI 54952
800-378-5234
TTY 711
Monday–Friday, 8 a.m. to 8 p.m.

networkhealth.com