

Network Health Insurance Corporation Network PlatinumPlus, Network Platinum Premier,
Network PlatinumSelect, Network Health Medicare Go, Network Health Medicare Anywhere,
Network Health Medicare Choice
Step Therapy Criteria
Last Updated 10/2019

ALZHEIMERS THERAPY

Products Affected

Step 2:

- Aricept 10 Mg Tablet
- Exelon 13.3 Mg/24hr Patch
- Exelon 9.5 Mg/24hr Patch
- Razadyne Er
- Aricept 5 Mg Tablet
- Exelon 4.6 Mg/24hr Patch
- Razadyne

Details

Criteria	Must first try one step one drug to receive a step two drug. Look back period is 180 days. Step 1 drugs are Donepezil, Galantamine, Rivastigmine.
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ANTICONVULSANT THERAPY

Products Affected

Step 2:

- Aptiom
- Briviact 10 Mg Tablet
- Briviact 100 Mg Tablet
- Briviact 50 Mg Tablet
- Carbatrol
- Depakote
- Depakote Sprinkle
- Dilantin-125
- Felbatol
- Fycompa 10 Mg Tablet
- Fycompa 2 Mg Tablet
- Fycompa 6 Mg Tablet
- Gabitril
- Keppra 100 Mg/ml Oral Soln
- Keppra 500 Mg Tablet
- Keppra Xr
- Lamictal (green)
- Lamictal 100 Mg Tablet
- Lamictal 200 Mg Tablet
- Lamictal 25 Mg Tablet
- Lamictal Odt
- Lamictal Xr (blue)
- Lamictal Xr (orange)
- Neurontin
- Phenytek
- Tegretol
- Trileptal
- Vimpat 100 Mg Tablet
- Vimpat 200 Mg Tablet
- Banzel
- Briviact 10 Mg/ml Oral Soln
- Briviact 25 Mg Tablet
- Briviact 75 Mg Tablet
- Celontin
- Depakote Er
- Dilantin
- Equetro
- Fycompa 0.5 Mg/ml Oral Susp
- Fycompa 12 Mg Tablet
- Fycompa 4 Mg Tablet
- Fycompa 8 Mg Tablet
- Keppra 1,000 Mg Tablet
- Keppra 250 Mg Tablet
- Keppra 750 Mg Tablet
- Lamictal (blue)
- Lamictal (orange)
- Lamictal 150 Mg Tablet
- Lamictal 25 Mg Disper Tablet
- Lamictal 5 Mg Disper Tablet
- Lamictal Xr
- Lamictal Xr (green)
- Mysoline
- Oxtellar Xr
- Spritam
- Tegretol Xr
- Vimpat 10 Mg/ml Solution
- Vimpat 150 Mg Tablet
- Vimpat 50 Mg Tablet

Details

Criteria	Must first try one step one drug to receive a step two drug. Look back period is 365 days. Step 1 drugs are Carbamazepine, Divalproex Sodium, Epitol, Ethosuximide, Felbamate, Gabapentin, Lamotrigine, Levetiracetam, Oxcarbazepine, Phenytoin, Primidone, Roweepra, Tiagabine, Topiramate, Valproic Acid, Zonisamide.
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ARICEPT THERAPY

Products Affected

Step 2:

- Aricept 23 Mg Tablet
- Donepezil Hcl 23 Mg Tablet

Details

Criteria	Must first try one step one drug to receive a step two drug. Look back period is 180 days. Step 1 drugs are Donepezil 10mg.
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ATYPICAL ANTIPSYCHOTIC THERAPY

Products Affected

Step 2:

- Fanapt
- Latuda
- Paliperidone Er
- Quetiapine Fumarate Er
- Saphris
- Seroquel Xr 200 Mg Tablet
- Seroquel Xr 400 Mg Tablet
- Symbyax 12-50 Mg Capsule
- Symbyax 6-25 Mg Capsule
- Versacloz
- Zyprexa 10 Mg Tablet
- Zyprexa 2.5 Mg Tablet
- Zyprexa 5 Mg Tablet
- Zyprexa Zydis
- Invega
- Olanzapine-fluoxetine Hcl
- Perseris
- Rexulti
- Seroquel Xr 150 Mg Tablet
- Seroquel Xr 300 Mg Tablet
- Seroquel Xr 50 Mg Tablet
- Symbyax 3-25 Mg Capsule
- Symbyax 6-50 Mg Capsule
- Vraylar
- Zyprexa 15 Mg Tablet
- Zyprexa 20 Mg Tablet
- Zyprexa 7.5 Mg Tablet

Details

Criteria	Must first try two step one drugs to receive a step two drug. Look back period is 365 days. Step 1 drugs are Abilify (tablet), Aripiprazole (ODT, tablets, oral solution), Clozapine, Clozaril, Fazaclo, Fluphenazine, Geodon (capsules), Haldol, Haloperidol, Loxapine, Molindone, Olanzapine (ODT, tablets), Perphenazine, Pimozide, Quetiapine (plain tablets), Risperdal (tablet, oral solution), Risperidone, Seroquel (plain tablets), Thioridazine, Thiothixene, Trifluoperazine, Ziprasidone. Members may request an exception and Rexulti, quetiapine extended release (Seroquel XR) and fluoxetine-olanzapine (Symbyax) will be allowed as first line treatment for Major Depressive Disorder. Latuda, fluoxetine/olanzapine or Seroquel XR will be allowed as first line treatment for bipolar depression.
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BALSALAZIDE THERAPY

Products Affected

Step 2:

- Colazal

Details

Criteria	Must first try one step one drug to receive a step two drug. Look back period is 180 days. Step 1 drugs are Balsalazide.
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BASAL INSULIN

Products Affected

Step 2:

- Levemir
- Tresiba
- Tresiba Flextouch U-200
- Levemir Flextouch
- Tresiba Flextouch U-100

Details

Criteria	Must first try one step one drug to receive a step two drug. Look back period is 180 days. Step 1 drugs are Basaglar, Lantus, Toujeo.
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DPP-4

Products Affected

Step 2:

- Alogliptin
- Alogliptin-pioglitazone
- Jentadueto
- Kazano
- Oseni
- Alogliptin-metformin
- Glyxambi
- Jentadueto Xr
- Nesina
- Tradjenta

Details

Criteria	Must first try one step one drug to receive a step two drug. Look back period is 180 days. Step 1 drugs are Janumet, Januvia, Kobmiglyze, Onglyza.
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GLP-1

Products Affected

Step 2:

- Adlyxin
- Bydureon Pen
- Ozempic
- Victoza 2-pak
- Bydureon Bcise
- Byetta
- Trulicity
- Victoza 3-pak

Details

Criteria	Must first try one step one drug to receive a step two drug. Look back period is 180 days. Step 1 drugs are Metformin OR Metformin/Glipizide. Victoza will be approved first-line if being used to reduce the risk of major adverse cardiovascular events in adults with type 2 diabetes and established cardiovascular disease.
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HIGH RISK MEDICATIONS - SEDATIVE/HYPNOTICS

Products Affected

Step 2:

- Ambien
- Belsomra
- Eszopiclone
- Zaleplon
- Zolpidem Tartrate 5 Mg Tablet
- Ambien Cr
- Edluar
- Lunesta
- Zolpidem Tartrate 10 Mg Tablet
- Zolpidem Tartrate Er

Details

Criteria	This step therapy program applies to members aged 65 years or greater. Must first try one step one drug to receive a step two drug. Look back period is 180 days. Step 1 drugs are Rozerem, Silenor, Trazodone. Authorization for Edluar may be given if the patient has difficulty swallowing or cannot swallow tablets.
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INSPIRA THERAPY

Products Affected

Step 2:

- Aldactazide
- Carospir
- Inspira
- Aldactone
- Eplerenone

Details

Criteria	Must first try one step one drug to receive a step two drug. Look back period is 180 days. Step 1 drugs are Spironolactone, Spironolactone/HCTZ.
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NASAL CORTICOSTEROID THERAPY

Products Affected

Step 2:

- Beconase Aq
- Mometasone Furoate 50 Mcg Spry
- Omnaris
- Qnasl Children
- Dymista
- Nasonex
- Qnasl
- Zetonna

Details

Criteria	Must first try one step one drug to receive a step two drug. Look back period is 365 days. Step 1 drugs are Flunisolide, Fluticasone. Members may request an exception and mometasone will be allowed as first line treatment for Prophylaxis of Seasonal Allergic Rhinitis or nasal polyps. Members may request an exception and beclomethasone dipropionate (Beconase AQ) will be allowed as first line treatment for nasal polyps
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OPHTHALMIC BETA BLOCKER THERAPY

Products Affected

Step 2:

- Betimol
- Combigan
- Cosopt Pf
- Timoptic Ocudose
- Betoptic S
- Cosopt
- Istalol
- Timoptic-xe

Details

Criteria	Must first try one step one drug to receive a step two drug. Look back period is 180 days. Step 1 drugs are Betaxalol, Carteolol, Dorzolamide/Timolol, Levobunolol, Timolol.
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OPHTHALMIC PROSTAGLANDIN THERAPY

Products Affected

Step 2:

- Lumigan
- Rocklatan
- Vyzulta
- Xelpros
- Rhopressa
- Travatan Z
- Xalatan
- Zioptan

Details

Criteria	Must first try one step one drug to receive a step two drug. Look back period is 180 days. Step 1 drugs are Latanoprost.
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OSTEOPOROSIS THERAPY

Products Affected

Step 2:

- Actonel 150 Mg Tablet
- Actonel 5 Mg Tablet
- Binosto
- Evenity (2 Syringes)
- Fosamax
- Prolia
- Actonel 35 Mg Tablet
- Atelvia
- Boniva 150 Mg Tablet
- Forteo
- Fosamax Plus D
- Tymlos

Details

Criteria	Must first try one step one drug to receive a step two drug. Look back period is 180 days. Step 1 drugs are Alendronate, Risedronate, and Ibandronate tablets. Members may request an exception and Prolia will be allowed as first line treatment for Breast cancer - Osteopenia, In members at high risk of fracture receiving aromatase inhibitor therapy, and for Osteopenia, In members at high risk of fracture receiving androgen deprivation therapy - Prostate cancer, Nonmetastatic.
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PULMONARY ANTI-INFLAMMATORY

Products Affected

Step 2:

- Symbicort

Details

Criteria	Must first try one step one drug to receive a step two drug. Look back period is 180 days. Step 1 drugs are Fluticasone/Salmeterol, Wixela, Advair, Breo Ellipta, Dulera.
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RESTLESS LEG THERAPY

Products Affected

Step 2:

- Horizant

Details

Criteria	Must first try one step one drug to receive a step two drug. Look back period is 180 days. Step 1 drugs are Gabapentin, Pramipexole, Ropinirole.
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TRIPTAN THERAPY

Products Affected

Step 2:

- Amerge
- Imitrex
- Maxalt Mlt
- Relpax
- Zembrace Symtouch
- Zomig Zmt
- Frova
- Maxalt 10 Mg Tablet
- Onzetra Xsail
- Treximet
- Zomig

Details

Criteria	Must first try two step one drugs to receive a step two drug. Look back period is 365 days. Step 1 drugs are Almotriptan, Eletriptan, Frovatriptan, Naratriptan, Rizatriptan, Sumatriptan, Sumatriptan-naproxen (generic), Zolmitriptan.
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